

Place	Bib	Name	AG	Club	ChipTime	GunTime
1	932	Tom Morton	Male Under 35	Mile High	0:29:16	0:29:17
2	907	Robert Orton	Male 40-44	Bodmin Road Runners	0:31:19	0:31:20
3	709	Aidan Jepson	Male 40-44	Truro Running Club	0:31:35	0:31:37
4	969	David Tregonning	Male Under 35	PB Running Club	0:31:46	0:31:46
5	285	Alex Marples	Male 40-44	Truro Running Club	0:31:50	0:31:51
6	914	James Youlden	Male 40-44	St Austell Running Club	0:31:51	0:31:53
7	273	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:33:30	0:33:31
8	627	Matthew Robinson	Male Under 35	Cornwall AC	0:33:44	0:33:47
9	538	Stewart Gregory	Male 55-59	Portslade Hedgehoppers	0:34:09	0:34:10
10	606	Andrew Davis	Male 40-44	Bude Rats (Run and Tri)	0:34:22	0:34:24
11	203	Neil Carter	Male 40-44	Newquay Road Runners	0:34:48	0:34:50
12	297	Andy Rich	Male 45-49	St Austell Running Club	0:35:08	0:35:11
13	980	Robert Chirgwin	Male Under 35	Truro Running Club	0:35:31	0:35:33
14	960	Ben Harding	Male 40-44	East Cornwall Harriers	0:35:54	0:35:55
15	690	Toby Lowe	Male 50-54	Perran Trail Runners	0:36:04	0:36:05
16	751	Andy Trudgian	Male 50-54	St Austell Running Club	0:36:05	0:36:07
17	671	Ryan Marks	Male Under 35	PB Running Club	0:36:10	0:36:12
18	267	Mathew Henderson	Male Under 35	St Austell Running Club	0:37:17	0:37:19
19	661	Olivia Carthew	Female Under 35	Newquay & Par AC	0:37:18	0:37:20
20	970	Mike Dowrick	Male 50-54	Cornwall AC	0:37:25	0:37:25
21	749	John Yelland	Male 45-49	Mad Hatter Sports Events	0:37:27	0:37:29
22	761	Lisa Picton	Female 45-49	East Cornwall Harriers	0:37:35	0:37:37
23	976	Alan Hughes	Male 35-39	Bodmin Road Runners	0:37:35	0:37:39
24	973	Jodie Gauld	Female Under 35	St Austell Running Club	0:37:43	0:37:45
25	974	Daniel Cox	Male Under 35	Bodmin Road Runners	0:37:45	0:37:49
26	24	Colin Bathe	Male 50-54	Truro Running Club	0:37:50	0:37:52
27	520	Helen Morse	Female 35-39	East Cornwall Harriers	0:37:54	0:37:56
28	808	Ben Hieber	Male 60-64	Newquay Road Runners	0:38:09	0:38:10
29	710	Stacey French	Female 35-39	Truro Running Club	0:38:09	0:38:12
30	930	Sharon Daw	Female 55-59	East Cornwall Harriers	0:38:21	0:38:23
31	688	Ian Gronwalt	Male 55-59	PB Running Club	0:38:23	0:38:25
32	292	Ross Buscombe	Male 35-39	St Austell Running Club	0:38:27	0:38:30
33	936	Joseph Thomson	Male 35-39		0:38:27	0:38:35
34	77	Iain Walker	Male 65-69	St Austell Running Club	0:39:16	0:39:19
35	940	Glynn Edwards	Male Under 35	Lonely Goat RC	0:39:21	0:39:27
36	633	Jonathan Berridge	Male 50-54	Truro Running Club	0:39:50	0:39:54
37	944	Samuel Mills-Shute	Male Under 35	East Cornwall Harriers	0:40:00	0:40:01
38	214	Jon Eldon	Male 60-64	Hayle Runners	0:40:09	0:40:12
39	964	Ross Lawry	Male 45-49	St Austell Running Club	0:40:11	0:40:14
40	747	Gregory May	Male 40-44	Carn Runners	0:40:15	0:40:21
41	947	Donal Breen	Male 50-54	Truro Running Club	0:40:20	0:40:24
42	938	Hannah Fox	Female 45-49	Mile High	0:40:25	0:40:27
43	245	Laura Pool	Female 40-44	Truro Running Club	0:40:27	0:40:31
44	513	Clive Shute	Male 45-49	East Cornwall Harriers	0:40:43	0:40:46
45	798	Thomas Davis	Male Under 35		0:41:04	0:41:09
46	988	Matthew Harvey	Male 35-39	Clapham Pioneers	0:41:04	0:41:11
47	748	Chris Chirgwin	Male 35-39	Truro Running Club	0:41:11	0:41:14
48	662	Mike Gilbert	Male 35-39	Launceston Road Runners	0:41:14	0:41:17

49	623	Helen Mitchell	Female 55-59	Truro Running Club	0:41:15	0:41:20
50	777	Ashley Elliott	Female Under 35	East Cornwall Harriers	0:41:25	0:41:27
51	827	Chris Parker	Male 50-54	Falmouth Road Runners	0:41:29	0:41:35
52	784	Thomas Moore	Male 40-44	Truro Running Club	0:41:57	0:42:03
53	773	Andrew Sims	Male 55-59	East Cornwall Harriers	0:42:36	0:42:39
54	294	Robert Curtis	Male 40-44	Bude Rats (Run and Tri)	0:43:08	0:43:12
55	834	Laura Eccott	Female 35-39	Bude Rats (Run and Tri)	0:43:17	0:43:20
56	913	Peter Allen	Male 65-69	Newquay Road Runners	0:43:22	0:43:26
57	608	Andrew Ferguson	Male 55-59	Truro Running Club	0:43:36	0:43:38
58	637	Hayley Marriott	Female 50-54	East Cornwall Harriers	0:43:43	0:43:48
59	824	Craig Varcoe	Male Under 35		0:44:00	0:44:04
60	502	Emma Figures	Female 35-39	Truro Running Club	0:44:04	0:44:09
61	693	David Wilcox	Male 45-49	Truro Running Club	0:44:09	0:44:14
62	965	Michael Counter	Male 55-59	St Austell Running Club	0:44:20	0:44:23
63	771	David Thomasson	Male 50-54	Bodmin Road Runners	0:44:28	0:44:35
64	284	David Brown	Male 55-59		0:44:47	0:44:50
65	720	Liz Trebilcock	Female 55-59	Truro Running Club	0:45:02	0:45:06
66	971	Martin Trethewey	Male 50-54	St Austell Running Club	0:45:38	0:45:43
67	713	Anna Carter	Female 35-39	Newquay Road Runners	0:46:07	0:46:10
68	902	Stephen Hutchinson	Male 70+	Bude Rats (Run and Tri)	0:46:12	0:46:17
69	193	Sarah Myford	Female 55-59	Bodmin Road Runners	0:46:42	0:46:50
70	912	Nicholas Smith	Male 40-44	Launceston Road Runners	0:46:57	0:47:04
71	295	Lisa Tame	Female 40-44	Bude Rats (Run and Tri)	0:47:13	0:47:19
72	951	James Stephens	Male Under 35	St Austell Running Club	0:47:21	0:47:25
73	282	Clare Fuller	Female 50-54		0:47:42	0:47:46
74	987	Elizabeth Felix	Female 40-44	Clapham Pioneers	0:47:46	0:47:54
75	835	Georgia Witchell	Female 50-54	Falmouth Road Runners	0:48:05	0:48:12
76	847	Amy Gregory	Female 35-39	Newquay Road Runners	0:48:30	0:48:33
77	509	James Rooney	Male 60-64	Bude Rats (Run and Tri)	0:48:36	0:48:43
78	200	Merlin Keating	Male 50-54	St Austell Athletes Running	0:48:41	0:48:45
79	916	Nicky Morse	Male 60-64		0:48:42	0:48:47
80	977	Lucy Fuller	Female Under 35	St Petroc's Dragons Triathl	0:48:52	0:48:56
81	920	Michael Crane	Male 55-59	St Austell Athletes Running	0:49:11	0:49:18
82	966	Amanda Berridge	Female 40-44	Truro Running Club	0:49:18	0:49:24
83	611	Sarah Wilkinson	Female 60-64	Newquay Road Runners	0:49:23	0:49:33
84	967	Helen Dodwell	Female 45-49	Truro Running Club	0:49:49	0:49:55
85	291	Karen Hilton	Female 50-54	Bude Rats (Run and Tri)	0:49:53	0:50:00
86	620	Louise Cooke-Davies	Female 50-54	Newquay Road Runners	0:50:03	0:50:14
87	672	Norbert Hamacher	Male 60-64	Truro Running Club	0:50:20	0:50:26
88	968	Jane Stedman	Female 55-59	Bodmin Road Runners	0:50:34	0:50:41
89	952	Des Evans	Male 70+	Newquay Road Runners	0:50:45	0:50:48
90	180	Linda Pickard	Female 55-59	Launceston Road Runners	0:50:47	0:50:55
91	828	Karen Parker	Female 55-59	Falmouth Road Runners	0:50:53	0:51:01
92	950	Kate Callaghan	Female 40-44	Truro Running Club	0:51:03	0:51:09
93	279	Tamzin Davey	Female 50-54	Cornwall AC	0:51:16	0:51:25
94	986	John Beard	Male 40-44	Newquay Road Runners	0:51:27	0:51:38
95	194	Dave Pickard	Male 60-64	Launceston Road Runners	0:51:45	0:51:53
96	288	Steve Tregidgo	Male 40-44	St Austell Running Club	0:52:17	0:52:22
97	585	Clive Davis	Male 60-64		0:52:15	0:52:23

98	567	Damian Cook	Male 50-54	Bys Vyken Race Team	0:52:18	0:52:26
99	928	Jackie Morse	Female 60-64	Bys Vyken Race Team	0:52:34	0:52:41
100	961	Nicky Brenton	Female 50-54	Bodmin Road Runners	0:52:52	0:53:00
101	978	Lora Tanner	Female 40-44	Bude Rats (Run and Tri)	0:53:00	0:53:05
102	289	Juliet Stewart	Female 55-59	Truro Running Club	0:53:31	0:53:36
103	956	Georgina Symons	Female 40-44	St Austell Athletes Running	0:53:33	0:53:38
104	246	Claire Barlow	Female 45-49	Bodmin Road Runners	0:53:37	0:53:45
105	804	Clive Cox	Male 60-64		0:53:47	0:53:58
106	293	Gwen Maggs	Female 35-39	St Austell Running Club	0:54:34	0:54:39
107	215	John Tilley	Male 70+	Bodmin Road Runners	0:55:00	0:55:08
108	257	Emma Lawry	Female 45-49	St Austell Running Club	0:55:16	0:55:22
109	631	Melanie Nile	Female 45-49	St Austell Running Club	0:55:17	0:55:22
110	275	Cathy Willows	Female 55-59	East Cornwall Harriers	0:55:18	0:55:27
111	975	Alison Cox	Female 55-59	Bodmin Women's Running	0:55:19	0:55:29
112	984	Alan Hicks	Male 50-54	Newquay Road Runners	0:55:26	0:55:36
113	982	?? ??			0:55:32	0:55:41
114	958	Steve Menear	Male 65-69	St Austell Running Club	0:55:41	0:55:44
115	963	Rebecca Shore	Female 50-54	St Austell Running Club	0:55:44	0:55:50
116	740	Emma Collins	Female 45-49	Looe Pioneers Running Club	0:56:02	0:56:09
117	983	Rebecca O'Doherty	Female 40-44	St Austell Athletes Running	0:56:41	0:56:52
118	213	Sandra Haynes	Female 55-59	Looe Pioneers Running Club	0:56:54	0:57:02
119	953	Kevin Burnett	Male 70+	Newquay Road Runners	0:57:35	0:57:40
120	247	Ian Ringer	Male 70+	Bodmin Road Runners	0:57:44	0:57:51
121	545	Val Brockwell	Female 70+	Portslade Hedgehoppers	0:58:18	0:58:26
122	618	Victoria Hutchinson	Female 45-49		0:58:26	0:58:39
123	957	Yelda Parsons	Female 40-44		0:59:28	0:59:37
124	803	Becky Cooke-Robinson	Female 45-49		0:59:53	1:00:03
125	954	Lesley Taphouse	Female 60-64	Bodmin Road Runners	1:00:01	1:00:10
126	955	Victoria Hall	Female 45-49	Bodmin Road Runners	1:00:21	1:00:29
127	837	Laura Venning	Female Under 35		1:01:07	1:01:19
128	843	Becky Southern	Female 35-39		1:01:07	1:01:19
129	972	Lorna Hogg	Female 50-54	St Austell Running Club	1:01:40	1:01:51
130	985	Pauline Hicks	Female 50-54	Newquay Road Runners	1:01:49	1:02:00
131	546	Roy Newton	Male 70+	Falmouth Road Runners	1:02:05	1:02:14
132	962	May Mullarkey	Female 70+		1:03:51	1:04:03
133	277	Julie Bolitho	Female 55-59	Hayle Runners	1:05:01	1:05:10
134	276	Robert Bolitho	Male 60-64	Hayle Runners	1:05:05	1:05:14
135	979	Emma Brennan	Female 40-44	Bodmin Women's Running	1:05:43	1:05:53
136	959	Kathy Saunders	Female 65-69	Looe Pioneers Running Club	1:06:12	1:06:20
137	830	Rosie Trevains	Female 35-39	Lonely Goat RC	1:07:30	1:07:40
138	833	David Banbury	Male 55-59		1:07:30	1:07:40
139	829	Damian Andrews	Male 40-44		1:07:31	1:07:43
140	990	Sarah Hardy	Female 40-44		1:08:39	1:08:50
141	278	Yvonne Matthews	Female 55-59	Bys Vyken Race Team	1:10:47	1:10:58
142	286	Adrian Bolt	Male 55-59	Truro Running Club	1:12:08	1:12:19
143	820	Kathryn Thomas	Female 45-49	Cornwall AC	1:13:27	1:13:36
144	298	Steve Lawrence	Male 65-69	Falmouth Road Runners	1:14:21	1:14:31
145	981	David Garrard	Male 70+	Falmouth Road Runners	1:14:48	1:14:57
146	667	Courtney Marks	Female Under 35	PB Running Club	1:18:28	1:18:36

147	251	Sue Coates	Female 45-49	Bys Vyken Race Team	1:22:50	1:23:01
148	989	Andy Chase	Male 35-39	St Austell Athletes Running	1:22:47	1:23:03
DNS	141	Louisa Chisholm	Female 40-44	Looe Pioneers Running Cluk		
DNS	182	Steve Allsop	Male 45-49	Bodmin Road Runners		
DNS	189	Marty Barnfield	Male 45-49	Bodmin Road Runners		
DNS	249	Mark Barlow	Male 55-59			
DNS	339	Flynn Angell	Male Under 35			
DNS	557	Clare Ainsworth	Female 50-54	Tamar Trotters		
DNS	573	Hayley Carter	Female 40-44	Newquay Road Runners		
DNS	673	Tim Adams	Male 50-54	St Austell Running Club		
DNS	714	William Carter	Male Under 35			