

# Freedom Racing

## Summer Sessions 2022 - Polzeath 10k Results

Position	Time	1st Name	2nd Name	Gender	Club
1	00:42:24	Alexander	McCartney	Male	Newquay & Par AC
2	00:42:42	James	Trubridge	Male	Bodmin Dragons Triathlon Club
3	00:43:19	Marc	Smerdon	Male	St Austell Athletes Running Club
4	00:44:08	Megan	Davis	Female	Newquay Road Runners
5	00:45:41	Morgan	Blacker	Male	Mad Hatter Sports Events
6	00:46:00	Paul	Reynolds	Male	
7	00:46:31	Tom	Blewett	Male	Perran Trail Runners
8	00:47:18	Jacob	Howard-Endean	Male	St Austell Athletes Running Club
9	00:48:41	Matt	Robinson	Male	
10	00:48:55	Lucy	Williams	Female	Freedom Racing
11	00:48:57	James	Davies	Male	
12	00:49:18	Liam	O'Neill	Male	Hayle Runners
13	00:49:24	Michael	Rooney	Male	Truro Running Club
14	00:49:38	Andrew	Key	Male	Carn Runners
15	00:49:56	Tom	Sparkes	Male	Bodmin Road Runners
16	00:50:19	Nick	Hearle	Male	Perran Trail Runners
17	00:51:07	Sarah	Hoskin	Female	Mile High
18	00:51:20	Will	Hawkes	Male	
19	00:51:23	John	Yelland	Male	Mad Hatter Sports Events
20	00:51:40	Thomas	Sopp	Male	Falmouth Road Runners
21	00:51:46	Luke	Lupton	Male	
22	00:51:48	Jamie	Watson	Male	
23	00:52:03	Neil	Helson	Male	St Austell Athletes Running Club
24	00:52:11	Dan	Cocks	Male	St Austell Athletes Running Club
25	00:52:18	Greg	Dufour-Cox	Male	Falmouth Road Runners
26	00:52:49	Joanne	Page	Female	Okehampton RC
27	00:52:53	Rhodri	Davies	Male	Holsworthy Running Club
28	00:53:02	Luke	Cracknell	Male	St Austell Athletes Running Club
29	00:53:17	Brad	Marshall	Male	
30	00:53:39	Matthew	Berry	Male	
31	00:54:25	Alan	Smith	Male	Bude Rats (Run and Tri)
32	00:54:39	Charlotte	Johnson	Female	
33	00:54:48	George	Cooke	Male	
34	00:55:10	Rebecca	Ellis	Female	Bodmin Dragons Triathlon Club
35	00:55:11	Gemma	Roberts	Female	Bodmin Dragons Triathlon Club
36	00:55:13	Paul	Coker	Male	Move Physio Cornwall
37	00:55:13	Loyd	Purvis	Male	Run 4 Adventure
38	00:55:32	Matt	Johns	Male	JP Fitness Cornwall
39	00:55:35	Sam	Hudspith	Male	
40	00:55:38	Hannah	Fox	Female	Mile High
41	00:55:43	Ashley	Starr	Male	Bradworthy Runners
42	00:55:49	Matthew	Harvey	Male	Clapham Pioneers
43	00:56:07	Bill	Wood	Male	Falmouth Road Runners
44	00:56:29	Pete	Storer	Male	
45	00:56:42	Paul	Corthine	Male	Bude Rats (Run and Tri)

46	00:56:47	Martyn	Griffiths	Male	Newquay Road Runners
47	00:56:50	Chris	Parker	Male	Falmouth Road Runners
48	00:57:32	Martyn	Head	Male	
49	00:57:38	Penny	Atkinson	Female	Falmouth Road Runners
50	00:57:40	Laura	Eccott	Female	Bude Rats (Run and Tri)
51	00:57:47	Emma	Clark	Female	Looe Pioneers Running Club
52	00:58:29	Ian	Leedham	Male	Newquay Road Runners
53	00:58:49	Andrew	Ferguson	Male	Perran Trail Runners
54	00:58:53	Chris	Farrow	Male	
55	00:59:12	Stephen	Hare	Male	Lizard Runners
56	00:59:20	Jon	Fletcher	Male	St Austell Running Club
57	00:59:27	Romy	Elliot	Male	
58	00:59:57	Robert	Curtis	Male	Bude Rats (Run and Tri)
59	01:00:12	Martin	Head	Male	MudCrew Running
60	01:00:16	Rosalie	Finch	Female	
61	01:00:40	Grant	Ellis	Male	
62	01:01:01	Daniel	Parsonage	Male	
63	01:01:07	Paul	Watson	Male	Lonely Goat RC
64	01:01:12	Isabel	Irwin-Bowler	Female	St Austell Running Club
65	01:01:25	Stuart	Smith	Male	Hayle Runners
66	01:01:31	Sian	Phoenix	Female	
67	01:01:38	Adam	Roberts	Male	Bodmin Dragons Triathlon Club
68	01:02:11	Nick	Pope	Male	Looe Pioneers Running Club
69	01:02:14	Damian	McNee	Male	
70	01:02:15	Stuart	George	Male	
71	01:02:16	Amy	Redden	Female	
72	01:02:17	Clare	Fuller	Female	St Austell's Dragons Triathlon Club Bodmin
73	01:02:30	Charles	Simpson	Male	Hayle Runners
74	01:02:33	Jason	Hambly	Male	
75	01:02:44	David	Thomasson	Male	Bodmin Road Runners
76	01:02:57	Christine	Costiff	Female	Ashford & District RRC
77	01:03:35	Simon	Edwards	Male	
78	01:03:45	Nick	Hodgkinson	Male	
79	01:03:52	Colleen	Finn	Female	Bude Rats (Run and Tri)
80	01:03:52	Claire	Strong	Female	Bude Rats (Run and Tri)
81	01:04:06	Richard	Butler	Male	
82	01:04:11	Jeremy	Jollow	Male	
83	01:04:13	Stephen	Oxborrow	Male	
84	01:04:23	Anne	Legget	Female	
85	01:04:31	Matt	Denham	Male	
86	01:04:31	Richard	Keast	Male	
87	01:04:46	Emily	Lent	Female	
88	01:04:54	David	Thompson	Male	
89	01:05:41	Charlotte	Meredith	Female	
90	01:05:41	Annette	Rossiter	Female	
91	01:05:48	Marcus	George	Male	
92	01:06:05	Lucy	Swinton	Female	
93	01:06:13	Matt	Biggins	Male	
94	01:06:26	Georgia	Witchell	Female	Falmouth Road Runners

95	01:06:50	Fiona	Gamble	Female	Hayle Runners
96	01:07:12	Lucy	Fuller	Female	Stroc's Dragons Triathlon Club Bodmin
97	01:07:22	Hayley	Jollow	Female	
98	01:07:57	Mari	Barnes	Female	
99	01:08:11	Peter	Tullett	Male	
100	01:08:19	Milly	Freeman	Female	
101	01:08:19	Richard	Lloyd	Male	
102	01:08:20	Karen	Parker	Female	Falmouth Road Runners
103	01:08:24	Eszter	Nagyszollosi	Female	
104	01:08:54	Tess	Cobb	Female	
105	01:09:30	Jane	Stephens	Female	Bodmin Road Runners
106	01:10:03	Grace	Whetton	Female	Mounts Bay Harriers
107	01:10:14	Liam	Garry	Male	
108	01:10:20	Nicole	Parr	Female	
109	01:10:22	Anne-Marie	Moore	Female	
110	01:10:24	Thomas	Moore	Male	Truro Running Club
111	01:10:24	Darrell	Fuller	Male	Stroc's Dragons Triathlon Club Bodmin
112	01:10:29	Jane	Borley	Female	
113	01:10:33	James	Rooney	Male	Bude Rats (Run and Tri)
114	01:10:36	Jodie	Bennett	Female	Wakefield Triathlon Club
115	01:10:44	Katie	Sharp	Female	
116	01:11:32	Samuel	McQuigg	Male	St Austell Running Club
117	01:13:03	Louise	Roberts	Female	
118	01:13:26	Pip	Letchworth	Female	
119	01:14:01	Jess	Ryder	Female	
120	01:15:07	Nicola	Emmett	Female	Bude Rats (Run and Tri)
121	01:15:07	Ben	Rogers	Male	Bude Rats (Run and Tri)
122	01:15:15	Michael	Mehta	Male	
123	01:15:26	Judith	Wilkes	Female	Falmouth Road Runners
124	01:15:44	Rob	Thompson	Male	MudCrew Running
125	01:15:58	Nicky	Brenton	Female	Bodmin Road Runners
126	01:16:32	Tom	Bradshaw	Male	
127	01:16:59	Emma	Nelson	Female	
128	01:17:06	Anne	Leonard	Female	
129	01:17:08	Andy	Weir	Male	
130	01:17:53	Simon	Mayho	Male	Bys Vyken Race Team
131	01:18:30	Sara	Foster	Female	
132	01:19:31	Roger	Menzies	Male	Newquay Road Runners
133	01:19:55	Helen	Darwin	Female	Bude Rats (Run and Tri)
134	01:19:57	Clare	White	Female	Storm Plymouth
135	01:19:57	Tracey	Garland	Female	Storm Plymouth
136	01:20:41	Bryan	King	Male	Plymouth Musketeers Running Club
137	01:21:25	Dan	Goodwin	Male	
138	01:22:20	Sally	Grint	Female	
139	01:22:28	Cara	Bolton	Female	
140	01:22:31	Lisa	Light	Female	Plymouth Musketeers Running Club
141	01:22:31	Louise	King	Female	Plymouth Musketeers Running Club
142	01:23:01	Karen	Bolton	Female	
143	01:23:58	Anna	Devlin	Female	Holsworthy Running Club

<b>144</b>	<b>01:25:46</b>	Gillian	Willgoss	Female	
<b>145</b>	<b>01:25:46</b>	Jackie	Walklett	Female	
<b>146</b>	<b>01:26:22</b>	Hilary	Head	Female	MudCrew Running
<b>147</b>	<b>01:26:26</b>	Viviana	Levy	Female	
<b>148</b>	<b>01:26:26</b>	Allister	Young	Male	Truro Triathlon Club
<b>149</b>	<b>01:26:58</b>	Karen	Walker	Female	
<b>150</b>	<b>01:26:59</b>	Hannah	Goodwin	Female	
<b>151</b>	<b>01:51:34</b>	Lisa	Trenchard	Female	