

**Marazion 10k - 2023**

<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>AG</b>	<b>Club</b>	<b>GunTime</b>	<b>ChipTime</b>
1	558	Peter Le Grice	Male 35-39	Bristol and West AC	0:32:23	0:32:22
2	205	Dave Angell	Male 35-39	Mile High	0:34:52	0:34:51
3	409	John McWilliams	Male 35-39	Mile High	0:35:29	0:35:28
4	346	Neil Hayhurst	Male 40-44	Hayle Runners	0:36:28	0:36:26
5	216	Aaron Benney	Male 40-44	Mile High	0:36:47	0:36:45
6	462	Clive Ramsden	Male 45-49	Newquay Road Runners	0:38:28	0:38:26
7	445	Neil Carter	Male 40-44		0:38:41	0:38:39
8	555	Jonny Unwin	Male 19-34	Cornwall AC	0:39:14	0:39:13
9	465	Gary Randall	Male 50-54		0:39:39	0:39:38
10	532	Jo Temple	Female 19-34	Truro Running Club	0:40:04	0:40:02
11	447	Alan Pearson	Male 40-44		0:40:11	0:40:09
12	573	Craig Webster	Male 45-49	Newquay Road Runners	0:40:20	0:40:18
13	417	Zelah Morrall	Female 50-54	Cornwall AC	0:40:21	0:40:18
14	335	Craig Hall	Male 45-49	Carn Runners	0:40:27	0:40:23
15	589	Alex Wood	Male 19-34		0:40:34	0:40:31
16	594	Kevin Woodley	Male 45-49		0:40:36	0:40:35
17	231	Mattias Ronngard	Male 55-59	Newquay Road Runners	0:40:47	0:40:45
18	529	John Telford	Male 65-69	Cornwall AC	0:40:55	0:40:51
19	552	Dominic Turton	Male 19-34		0:41:13	0:40:56
20	315	Owen Ford	Male 19-34		0:41:36	0:41:33
21	469	Sarah Reel	Female 19-34	Falmouth Running Club	0:42:18	0:42:15
22	566	Pete Walker	Male 35-39	Truro Running Club	0:42:26	0:42:23
23	338	Thomas Halton	Male 19-34	St Austell Running Club	0:42:48	0:42:43
24	232	Sean Bradbury	Male 40-44	Hayle Runners	0:43:07	0:43:01
25	304	Jon Eldon	Male 60-64	Hayle Runners	0:43:12	0:43:10
26	279	Benjamin Crowle	Male 45-49	Bodmin Road Runners	0:43:41	0:43:37
27	220	Louise Bliss	Female 45-49		0:43:50	0:43:43
28	474	Gary Richards	Male 55-59	Cornwall AC	0:44:00	0:43:57
29	408	Daniel McWilliams	Male 35-39		0:44:02	0:43:56
30	415	Roisin Mooney	Female under 19	Cornwall AC	0:44:14	0:44:10
31	419	Emma Mossop	Female 45-49	Falmouth Running Club	0:44:19	0:44:14
32	352	Andrew Hickson	Male 55-59	Cornwall AC	0:44:21	0:44:18
33	294	Glynn Davis	Male 55-59		0:44:23	0:44:19
34	289	Colin Bathe	Male 50-54	Truro Running Club	0:44:31	0:44:28
35	501	Dan Smith	Male 19-34		0:44:57	0:44:47
36	324	Paul Gough	Male 50-54	Hayle Runners	0:44:59	0:44:53
37	260	Dave Clackworthy	Male 35-39		0:45:03	0:44:42
38	522	Melissa Nicholas	Female 19-34	Hayle Runners	0:45:03	0:45:01
39	531	Ian Temple	Male 55-59	Bodmin Road Runners	0:45:05	0:45:03
40	349	Charlie Bayliss	Male under 19		0:45:24	0:45:22
41	484	Joe Scaife	Male 50-54		0:45:30	0:45:26
42	299	Jennifer Dunstan	Female 35-39	Cornwall AC	0:46:08	0:46:05
43	515	Richard Stokoe	Male 45-49		0:46:09	0:45:56
44	514	John Stock	Male 40-44		0:46:22	0:46:09
45	272	Shane Coram	Male 35-39		0:46:26	0:46:13
46	275	Liam O'Neill	Male 35-39	Hayle Runners	0:46:32	0:46:30
47	542	Julie Towers	Female 60-64		0:47:05	0:46:58

48	455	Beth Popperwell	Female 50-54	Mile High	0:47:15	0:47:10
49	281	Nathan Cudmore	Male 45-49		0:47:20	0:47:04
50	211	Marty Barnfield	Male 50-54	Bodmin Road Runners	0:47:37	0:47:31
51	553	Chris Ullman	Male 50-54	East Cornwall Harriers	0:47:50	0:47:46
52	301	Ian Earles	Male 45-49	Hayle Runners	0:47:58	0:47:42
53	442	Karen Pascoe	Female 55-59	Cornwall AC	0:48:02	0:47:58
54	397	Sandra Lusty	Female 45-49		0:48:11	0:47:58
55	273	Michael Counter	Male 55-59	St Austell Running Club	0:48:12	0:48:06
56	554	Craig Underhill	Male 50-54	Hayle Runners	0:48:21	0:48:12
57	518	Nick Strong	Male 35-39		0:48:22	0:48:16
58	505	Mark Smitheram	Male 50-54	Carn Runners	0:48:24	0:48:15
59	511	Josh Stevens	Male 19-34		0:48:29	0:48:13
60	283	Jack Curnow	Male 19-34		0:48:35	0:48:18
61	306	Andrew Ellis	Male 50-54	Hayle Runners	0:48:35	0:48:30
62	509	Emma Stephens	Female 19-34	Bodmin Road Runners	0:48:44	0:48:41
63	568	Roslyn Walls	Female 19-34		0:48:53	0:48:41
64	233	Carl Brading	Male 35-39		0:49:02	0:48:51
65	323	Scott Goodchild	Male 40-44		0:49:05	0:48:54
66	530	Alison Temple	Female 60-64	Bodmin Road Runners	0:49:12	0:49:09
67	539	Simon Timms	Male 40-44	Tri Logic Cornwall	0:49:38	0:49:30
68	513	Graham Stirr	Male 35-39		0:49:44	0:49:29
69	494	Andrea Simmons	Female 65-69	Hayle Runners	0:49:55	0:49:48
70	325	Daniel Gray	Male 35-39		0:49:56	0:49:46
71	588	Neville Witham	Male 65-69	Cornwall AC	0:49:58	0:49:54
72	298	Natalie Dunn	Female 35-39		0:50:03	0:49:57
73	592	Susanne Wood	Female 45-49	Cornwall AC	0:50:04	0:49:44
74	203	Peter Allen	Male 65-69	Newquay Road Runners	0:50:04	0:50:01
75	496	Charles Simpson	Male 35-39	Hayle Runners	0:50:06	0:49:49
76	541	Joseph Tonkin	Male 35-39		0:50:06	0:49:53
77	217	Johnathan Billing	Male 35-39	Hayle Runners	0:50:06	0:49:44
78	446	Elliott Payne	Male 35-39		0:50:06	0:49:45
79	543	Mark Trebilcock	Male 60-64	Cornwall AC	0:50:12	0:50:06
80	218	Kelly Bills	Female 45-49	Hayle Runners	0:50:14	0:49:56
81	297	Martin Dinham	Male 50-54	Mile High	0:50:14	0:50:08
82	497	Martin Sinclair	Male 45-49		0:50:22	0:50:09
83	507	Ian Stannard	Male 45-49		0:50:29	0:49:57
84	545	Robert Trembath	Male 40-44		0:50:31	0:50:10
85	270	Andrea Commons	Female 50-54		0:50:38	0:50:26
86	582	Ashley Williams	Male 19-34		0:50:43	0:50:32
87	593	Kelly Woodfine-Bear	Female 40-44	Newquay Road Runners	0:50:46	0:50:40
88	374	Blaine Kearey	Male 40-44		0:50:47	0:50:15
89	207	Ian Aunger	Male 55-59		0:51:00	0:50:56
90	318	Keith Gale	Male 50-54		0:51:37	0:51:23
91	369	Simon Jones	Male 50-54		0:51:37	0:51:23
92	363	Ricky Blackman	Male 50-54		0:51:44	0:51:32
93	423	Santino Mangion	Male 35-39	Hayle Runners	0:51:46	0:51:33
94	451	Bryn Phillips	Male 40-44	Lonely Goat RC	0:51:48	0:51:38
95	212	Satnam Basram	Male 60-64	Cornwall AC	0:51:55	0:51:49
96	512	Natasha Stevens	Female 50-54	Bodmin Women's Running	0:51:56	0:51:47

97	292	Andrew Davis	Male 35-39	St Austell Athletes Running	0:51:57	0:51:29
98	259	Neil Churchill	Male 55-59		0:52:00	0:51:34
99	418	Anna Morris	Female 55-59		0:52:18	0:51:47
100	480	Chris Rowe	Male 55-59	Carn Runners	0:52:18	0:52:10
101	466	Harry Randall	Male 19-34		0:52:22	0:52:14
102	411	Alan Mickleburgh	Male 65-69		0:52:30	0:52:16
103	395	Claire Longman	Female 45-49	Truro Running Club	0:52:42	0:52:37
104	356	John Hocking	Male 35-39	Axe Valley Runners	0:52:50	0:52:40
105	393	Lynne Donohue	Female 55-59	Truro Running Club	0:52:53	0:52:48
106	364	Simon James	Male 50-54	Cornwall AC	0:53:01	0:52:56
107	290	James Danks	Male 40-44	Falmouth Running Club	0:53:12	0:52:55
108	319	Karine Gallais-Montg	Female 50-54		0:53:20	0:53:05
109	342	Emma Harris	Female 35-39		0:53:23	0:53:14
110	307	Meryl Elstone	Female 55-59	Carn Runners	0:53:25	0:53:16
111	202	Philip Adderley	Male 45-49	Erme Valley Harriers	0:53:31	0:53:16
112	308	Hannah England	Female 19-34		0:53:33	0:53:02
113	334	Angeline Hadfield	Female 35-39	Truro Running Club	0:53:33	0:53:28
114	256	Lisa Cassidy	Female 45-49	Bodmin Women's Running	0:53:34	0:53:26
115	214	Mike Bawden	Male 60-64	Carn Runners	0:53:36	0:53:28
116	268	Richard Collier	Male 50-54	Hayle Runners	0:53:44	0:53:22
117	377	Sabina Kent	Female 35-39		0:53:45	0:53:14
118	311	Elizabeth Ferris	Female 40-44		0:53:47	0:53:29
119	310	Ben Ferris	Male 45-49		0:53:47	0:53:30
120	414	Judith Mooney	Female 50-54	Cornwall AC	0:53:54	0:53:45
121	427	Thelma Namonje Kaç	Female 35-39	Falmouth Running Club	0:53:55	0:53:37
122	317	Kathryn Galbraith	Female 55-59		0:54:03	0:53:42
123	257	Julian Chapman	Male 60-64		0:54:06	0:53:48
124	533	Alison Thomas	Female 50-54	Hayle Runners	0:54:16	0:54:08
125	575	Iain Westworth	Male 60-64	Axe Valley Runners	0:54:16	0:54:06
126	556	Lisa Uren	Female 45-49		0:54:19	0:54:09
127	250	Fearon Kelly	Male 50-54		0:54:46	0:54:27
128	402	Gregory May	Male 40-44	Hayle Runners	0:54:48	0:54:30
129	463	Christopher Ramsey	Male 70-74	Truro Running Club	0:54:50	0:54:45
130	241	Jennifer Buckland	Female 50-54	Hayle Runners	0:54:52	0:54:23
131	247	Robert Burrows	Male 65-69	Hayle Runners	0:54:57	0:54:29
132	383	Helen Knowles	Female 45-49	Hayle Runners	0:54:59	0:54:49
133	473	Emma Richards	Female 40-44	MudCrew Running	0:55:00	0:54:49
134	237	Julius Brinkworth	Male 50-54	Hayle Runners	0:55:00	0:54:31
135	458	Adrian Quest	Male 45-49		0:55:01	0:54:37
136	596	Oliver Wyatt	Male 40-44		0:55:13	0:54:49
137	360	Richard Hoskins	Male 35-39		0:55:26	0:55:15
138	550	Peter Tullett	Male 65-69		0:55:33	0:55:25
139	551	John Turtle	Male 60-64	Hayle Runners	0:55:45	0:55:15
140	557	Gemma Vare	Female 35-39		0:55:51	0:55:28
141	399	Cliff Marriott	Male 55-59	Axe Valley Runners	0:55:52	0:55:41
142	526	Joanne Tapsell	Female 50-54	Bodmin Women's Running	0:56:00	0:55:51
143	479	Sharon Rowat	Female 50-54	Hayle Runners	0:56:07	0:55:55
144	487	Lynsey Searle	Female 35-39	Carn Runners	0:56:15	0:56:00
145	333	Treve Grose	Male 40-44		0:56:31	0:56:19

146	567	Steven Walkey	Male 70-74	Falmouth Running Club	0:56:33	0:56:13
147	331	Ian Grimes	Male 70-74	Launceston Road Runners	0:56:43	0:56:34
148	488	Briony Sedgeman	Female 19-34		0:56:46	0:56:14
149	382	Kevin Knight	Male 35-39	Plymouth Falconers	0:56:48	0:56:27
150	378	Rebecca Kevern	Female 40-44		0:56:55	0:56:51
151	266	Vicky Cloete	Female 50-54		0:56:57	0:56:37
152	204	Sarah Allen	Female 50-54	Hayle Runners	0:57:00	0:56:53
153	460	Paul Railton	Male 45-49		0:57:17	0:57:07
154	351	Katie Hicks	Female 40-44		0:57:21	0:56:52
155	267	Helen Collett	Female 60-64	Hart Road Runners	0:57:23	0:57:09
156	376	Nick Kelly	Male 45-49		0:57:39	0:57:16
157	536	Steve Thomas	Male 50-54		0:57:43	0:57:23
158	438	Claire Palmer	Female 40-44	Truro Running Club	0:57:45	0:57:25
159	278	Caroline Cross	Female 19-34	Cornwall AC	0:57:50	0:57:42
160	439	Alison Parsons	Female 50-54	Bodmin Women's Running	0:57:54	0:57:45
161	229	Donna Boundy	Female 40-44		0:58:00	0:57:36
162	293	Clive Davis	Male 60-64		0:58:03	0:57:40
163	581	Tamsyn Willcocks	Female 40-44	St Austell Athletes Running	0:58:09	0:57:55
164	345	Michael Hawke	Male 40-44	St Austell Athletes Running	0:58:09	0:57:55
165	300	Ben Dutton	Male 19-34	St Austell Athletes Running	0:58:09	0:57:40
166	495	Claire Simmons	Female 40-44		0:58:10	0:58:00
167	228	Richard Boucher	Male 50-54	Hayle Runners	0:58:16	0:57:47
168	347	Claire Hayman	Female 50-54	Angels RC	0:58:20	0:57:57
169	410	Michael Mehta	Male 60-64		0:58:22	0:58:08
170	580	Judith Wilkes	Female 55-59	Falmouth Running Club	0:58:23	0:58:04
171	320	Jess Garner	Female 19-34		0:58:28	0:58:15
172	296	Maria De Ruvo	Female 35-39	Hayle Runners	0:58:31	0:58:24
173	244	Lee Burford	Male 40-44	Hayle Runners	0:58:31	0:58:24
174	269	Emma Collins	Female 45-49	Looe Pioneers Running Cluk	0:58:36	0:58:13
175	313	Rachel Fisher	Female 55-59		0:58:44	0:58:24
176	236	Nicky Brenton	Female 55-59	Bodmin Road Runners	0:58:49	0:58:29
177	219	Ruth Bishop	Female 35-39		0:58:55	0:58:48
178	546	Louise Tremewan	Female 35-39		0:59:04	0:58:53
179	353	Pete Higham	Male 60-64	Falmouth Running Club	0:59:13	0:58:48
180	482	Jenny Saunter	Female 55-59	Bodmin Women's Running	0:59:15	0:59:06
181	396	Nicholas Peters	Male 19-34		0:59:17	0:59:02
182	456	Susan Powell	Female 50-54		0:59:50	0:59:27
183	510	Rachel Stephens	Female 40-44		0:59:53	0:59:27
184	372	Duncan Kane	Male 60-64		1:00:06	0:59:53
185	584	Tamsin Williams	Female 35-39		1:00:09	0:59:48
186	548	Louise Trehwella	Female 60-64		1:00:10	0:59:40
187	365	Natalie Jewell	Female 40-44	Falmouth Running Club	1:00:14	0:59:48
188	562	Nicola Vosper	Female 60-64	Lonely Goat RC	1:00:16	0:59:49
189	508	Jane Stedman	Female 60-64	Bodmin Road Runners	1:00:17	0:59:49
190	561	Francis Vosper	Male 65-69	Lonely Goat RC	1:00:17	0:59:49
191	261	Margaret Clark	Female 60-64	Hayle Runners	1:00:30	1:00:00
192	235	Alan Brandwood	Male 70-74	Falmouth Running Club	1:00:30	1:00:05
193	598	Olena Yeromenko	Female 35-39		1:00:34	1:00:09
194	239	Anthony Bryant	Male 45-49	Hayle Runners	1:00:34	1:00:09

195	523	Stephanie Symons	Female 65-69	Truro Running Club	1:00:36	1:00:16
196	243	Steven Buckley	Male 50-54		1:00:36	1:00:11
197	476	Ian Ringer	Male 75-79	Bodmin Road Runners	1:00:37	1:00:19
198	327	Tom Grey	Male 55-59		1:00:40	1:00:08
199	576	Nikki White	Female 55-59		1:00:40	1:00:08
200	339	Caroline Hammond	Female 45-49		1:00:49	1:00:18
201	585	Tim Williams	Male 35-39		1:00:52	1:00:41
202	569	Janet Watson	Female 70-74	Carn Runners	1:00:52	1:00:41
203	276	Kate Crehan	Female 40-44		1:01:03	1:00:33
204	597	Lotte Yarwood	Female 19-34		1:01:04	1:00:33
205	578	Steve Whitfield	Male 60-64	Carn Runners	1:01:05	1:00:55
206	329	Olivia Griggs	Female under 15		1:01:08	1:00:48
207	330	Paul Griggs	Male 45-49		1:01:08	1:00:48
208	407	Chantal McLennan	Female 40-44		1:01:11	1:00:53
209	245	Jamie Burr	Male 35-39		1:01:26	1:01:04
210	444	Diane Boardman	Female 40-44		1:01:31	1:01:13
211	234	Paula Bradshaw	Female 55-59	North Bristol Triathlon Club	1:01:33	1:01:26
212	286	Martin Curtis	Male 75-79	Hayle Runners	1:01:34	1:01:15
213	344	Daniel Harvey	Male 40-44		1:01:50	1:01:18
214	242	Eleanor Buckley	Female 35-39		1:01:56	1:01:31
215	271	Hilary Cooke	Female 55-59		1:02:01	1:01:56
216	412	Kerri Milne	Female 35-39		1:02:09	1:01:52
217	432	Natasha Nicholas	Female 19-34		1:02:12	1:01:43
218	350	Jemma Hicks	Female 19-34		1:02:13	1:01:43
219	227	Claire Bosustow	Female 40-44		1:02:15	1:02:01
220	391	Sarah Leggo	Female 45-49		1:02:28	1:02:15
221	277	Nicola Crilly	Female 45-49	Falmouth Running Club	1:02:30	1:02:05
222	434	Claire Norris	Female 50-54	Falmouth Running Club	1:02:40	1:02:14
223	591	Ian Wood	Male 40-44		1:02:46	1:02:14
224	486	Karen Schnetler	Female 40-44		1:02:52	1:02:40
225	295	Daniel De Ruvo	Male 40-44	Hayle Runners	1:02:56	1:02:25
226	574	Katherine Webster	Female 45-49	Newquay Road Runners	1:02:56	1:02:41
227	285	Martyn Curnow	Male 55-59		1:03:03	1:02:41
228	341	Roland Hardman	Male 65-69	Hayle Runners	1:03:14	1:02:51
229	524	Layth Tameem	Male 35-39		1:03:28	1:03:05
230	389	Emma Lawry	Female 45-49	St Austell Running Club	1:03:33	1:03:01
231	437	Gillian Onley	Female 55-59	Cornwall AC	1:03:38	1:03:32
232	430	Roy Newton	Male 75-79	Falmouth Running Club	1:03:44	1:03:18
233	406	Clare Mclellan	Female 50-54		1:03:55	1:03:40
234	380	Amelia Kitchen	Female 45-49	Hayle Runners	1:04:03	1:03:41
235	398	Gwen Maggs	Female 35-39	St Austell Running Club	1:04:03	1:03:31
236	215	Kirsty Benford	Female 45-49		1:04:17	1:03:53
237	440	Yelda Müge Parsons	Female 40-44	Hayle Runners	1:04:29	1:04:19
238	564	Tracy Waite	Female 40-44		1:04:31	1:04:10
239	370	Lorraine Kalcher	Female 50-54		1:04:34	1:04:13
240	246	Anthony Burrows	Male 55-59	Hayle Runners	1:04:34	1:04:14
241	371	Steve Kalcher	Male 45-49		1:04:35	1:04:13
242	420	Mary Mullarkey	Female 75-79	East Cornwall Harriers	1:04:41	1:04:13
243	528	Sean Taylor	Male 55-59	Bodmin Road Runners	1:04:45	1:04:20

244	454	Susan Pooley	Female 60-64	Bodmin Women's Running	1:04:51	1:04:24
245	425	Peter Murphy	Male 65-69		1:04:53	1:04:39
246	274	Alison Cox	Female 55-59	Bodmin Women's Running	1:05:12	1:04:44
247	599	Louise Richardson	Female 50-54		1:05:12	1:04:44
248	516	Jackie Stone	Female 60-64	Hayle Runners	1:05:29	1:04:56
249	400	Nicola Masters	Female 19-34	Hayle Runners	1:05:35	1:05:00
250	525	Lesley Taphouse	Female 60-64	Bodmin Road Runners	1:05:38	1:05:13
251	332	Jacqui Martin	Female 50-54	St Austell Running Club	1:05:56	1:05:23
252	493	Rebecca Shore	Female 50-54	St Austell Running Club	1:06:02	1:05:29
253	240	Lorraine Bryant	Female 55-59		1:06:13	1:05:56
254	355	Deborah Hocking	Female 55-59	Carn Runners	1:06:16	1:06:04
255	309	Samantha Ewart	Female 45-49	St Austell Running Club	1:06:19	1:05:46
256	499	Becky Slade	Female 40-44		1:06:23	1:06:04
257	498	Kathryn Skelton	Female 35-39		1:06:23	1:06:05
258	452	Diane Phillips	Female 55-59		1:06:23	1:06:05
259	436	Rebecca O'Doherty	Female 40-44	St Austell Athletes Running	1:06:26	1:05:57
260	287	Vicky Curtis	Female 40-44		1:06:44	1:06:20
261	340	Emily Hannah	Female 19-34		1:06:49	1:06:23
262	381	Helen Kneale	Female 45-49		1:06:49	1:06:24
263	468	Kerry Ray	Female 45-49		1:06:50	1:06:25
264	519	Jan Sturges	Male 60-64		1:06:57	1:06:28
265	337	Victoria Hall	Female 45-49	Bodmin Road Runners	1:07:03	1:06:39
266	538	John Tilley	Male 70-74	Bodmin Road Runners	1:07:08	1:06:47
267	284	Lydia Curnow	Female 19-34		1:07:09	1:06:47
268	354	Jo Hill	Female 50-54		1:07:23	1:07:08
269	534	Gemma Thomas	Female 35-39		1:07:36	1:07:11
270	221	Derek Blumfield	Male 65-69	Axe Valley Runners	1:07:46	1:07:22
271	559	Greta Viertel	Female 35-39	St Austell Athletes Running	1:07:47	1:07:19
272	478	Natalie Robinson	Female 45-49		1:07:57	1:07:42
273	500	Oliver Sleight	Male 19-34		1:08:17	1:08:00
274	288	Gillian Hammond	Female 45-49		1:08:31	1:08:13
275	586	Janet Wills	Female 70-74	St Austell Running Club	1:08:32	1:08:00
276	248	Charlotte Burt	Female 19-34		1:08:52	1:08:37
277	252	Sandra Carey	Female 45-49	JP Fitness Cornwall	1:08:52	1:08:29
278	357	Lorna Hogg	Female 50-54	St Austell Running Club	1:09:17	1:08:44
279	595	Gemma Wotherspoo	Female 35-39	Bodmin Women's Running	1:09:24	1:09:00
280	291	Yvonne Watkins	Female 60-64		1:09:49	1:09:15
281	366	Emma Johns	Female 45-49	Hayle Runners	1:09:49	1:09:15
282	563	Margaret Wade	Female 70-74	Carn Runners	1:10:09	1:09:58
283	433	Robert Nicholas	Male 40-44		1:10:12	1:09:43
284	570	Naomi Watts	Female 35-39		1:10:19	1:09:57
285	303	Sam Edmunds	Male 50-54		1:10:23	1:09:54
286	490	Amy Shackleford	Female 35-39	Bys Vyken Race Team	1:10:27	1:09:53
287	321	Linda Godfrey	Female 65-69		1:11:03	1:10:47
288	449	Sharon Pengelly	Female 40-44		1:11:08	1:10:48
289	544	Sandra Treleven	Female 50-54		1:11:14	1:10:44
290	428	Jane Naylor	Female 60-64	Hayle Runners	1:11:35	1:11:04
291	249	Lorna Burton	Female 50-54		1:12:50	1:12:27
292	547	Rosie Trevains	Female 35-39	Bys Vyken Race Team	1:13:17	1:13:00

293	540	Christine Todd	Female 60-64	St Austell Running Club	1:13:29	1:12:56
294	579	Demelza Widdershov	Female 40-44	Carn Runners	1:14:06	1:13:55
295	560	Caroline Vinnicombe	Female 45-49	Cornwall AC	1:14:07	1:13:51
296	367	Sarah Johns	Female 40-44	Hayle Runners	1:14:11	1:13:36
297	492	Lisa Shennan	Female 50-54	Tamar Trotters	1:14:51	1:14:24
298	429	Harriet Neville	Female 45-49		1:15:08	1:14:45
299	224	Julie Bolitho	Female 55-59	Hayle Runners	1:15:29	1:14:58
300	504	Jo Smitheram	Female 45-49	Carn Runners	1:15:44	1:15:28
301	483	Wendy Savage	Female 60-64		1:15:56	1:15:39
302	502	Dawn Smith	Female 50-54		1:15:59	1:15:32
303	431	Ellisha Nicholas	Female 40-44		1:15:59	1:15:32
304	348	Jeff Hayman	Male 55-59		1:16:00	1:15:36
305	401	Yvonne Matthews	Female 55-59	Bys Vyken Race Team	1:16:11	1:15:54
306	565	Diane Walker	Female 60-64	St Austell Running Club	1:17:33	1:16:59
307	388	Steve Lawrence	Male 65-69	Falmouth Running Club	1:17:35	1:17:09
308	225	Robert Bolitho	Male 60-64	Hayle Runners	1:20:04	1:19:33
309	230	Ian Bowden	Male 50-54		1:24:05	1:23:53
310	535	Kathryn Thomas	Female 45-49	Cornwall AC	1:24:05	1:23:48
311	379	Eleanor King	Female 19-34		1:26:00	1:25:45
312	263	Kirsty Clayton	Female 50-54	PB Running Club	1:26:01	1:25:45
313	209	Michele Baker-Caton	Female 60-64	Bodmin Women's Running	1:27:21	1:26:52
314	577	Claire Whitehouse	Female 40-44	Hayle Runners	1:30:39	1:30:03
315	305	Marion Eldon	Female 70-74	Hayle Runners	1:38:46	1:38:08
DSQ	590	Charlie Wood	Male 19-34		0:50:04	0:49:33