

Tywardreath Trotter 2023

Place	Bib	Name	AG	Club	ChipTime	Time 2022
1	163	Tom Morton	Male Under 35	Mile High	0:40:22	0:40:55
2	105	Llewin Head	Male Under 35	Mile High	0:41:57	0:43:32
3	204	Darren Roose	Male 40-44	Newquay Road Runners	0:42:18	0:44:45
4	271	Matthew James	Male Under 35	Exeter University Athletics Club	0:42:46	
5	27	James Lee Brydon	Male Under 35	St Austell Athletes Running Club	0:43:31	0:44:15
6	150	Alex Marples	Male 40-44	Truro Running Club	0:43:51	
7	106	Joel Heatley	Male 40-44	South West Road Runners	0:43:52	
8	221	Dylan Stevens	Male Under 35	Newquay & Par AC	0:44:14	
9	237	David Tregonning	Male Under 35	St Austell Running Club	0:44:42	
10	33	Daniel Cannon	Male 35-39	Bristol and West AC	0:44:42	
11	101	Anna Harrold	Female 40-44	Truro Running Club	0:44:44	
12	156	Garth McColville	Male 35-39	St Austell Athletes Running Club	0:45:28	
13	148	Ryan Marks	Male Under 35	St Austell Running Club	0:45:36	0:50:06
14	267	James Youlden	Male 40-44	St Austell Running Club	0:45:41	0:45:46
15	14	Morgan Blacker	Male Under 35		0:46:13	0:48:31
16	120	Kyran James	Male Under 35	Newquay & Par AC	0:46:24	
17	223	Paul Stevens	Male 45-49	St Austell Athletes Running Club	0:46:23	
18	15	Noah Bohge	Male Under 35	Truro Running Club	0:47:01	
19	176	Richard Parker	Male 40-44	Fordy Runs	0:47:05	
20	177	Bradley Parsons	Male Under 35	St Austell Running Club	0:47:06	0:49:46
21	166	Carl Murphy	Male 45-49	Truro Running Club	0:47:07	
22	83	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:47:10	0:45:34
23	38	Chris Chapman	Male 40-44		0:47:28	
24	2	Ian Ashton	Male 40-44		0:47:32	
25	185	Callum Pinch	Male Under 35	Truro Running Club	0:47:38	
26	230	Jo Temple	Female Under 35	Truro Running Club	0:47:52	
27	126	Ruth Jones	Female 40-44	Helpston Harriers AC	0:48:20	
28	117	Brett Jackson	Male 35-39	St Austell Running Club	0:48:21	
29	211	Andrew Senior	Male 35-39	Truro Running Club	0:48:32	
30	121	Antony Jarvis	Male 50-54	St Austell Running Club	0:49:10	0:48:11
31	56	Mark Deacon	Male 35-39	Looe Pioneers Running Club	0:49:13	
32	153	Tom Martyn	Male 40-44		0:49:12	
33	86	Mark Gilbert	Male 35-39	Newquay Road Runners	0:49:50	0:46:27
34	39	Wendy Chapman	Female 45-49	Truro Running Club	0:49:55	
35	201	Mark Roby	Male 45-49	Truro Running Club	0:49:58	
36	103	Michael Hawke	Male 40-44	St Austell Athletes Running Club	0:50:01	
37	192	Andrew Rich	Male 45-49	St Austell Running Club	0:50:15	
38	142	Lucy Longbottom	Female Under 35	Truro Running Club	0:50:22	
39	141	Ian Littlewood	Male 45-49	East Cornwall Harriers	0:50:21	
40	63	Mike Dowrick	Male 50-54	Cornwall AC	0:50:58	0:49:48
41	41	Richard Chynoweth	Male 40-44	Truro Running Club	0:51:02	0:50:42
42	123	Paul Johnson	Male 35-39		0:51:07	
43	95	Thomas Halton	Male Under 35	St Austell Running Club	0:51:12	
44	149	Stacie Marks	Female Under 35	St Austell Athletes Running Club	0:51:12	
45	82	Joanna Furtado	Female Under 35	Falmouth Running Club	0:51:23	
46	70	Jon Eldon	Male 60-64	Hayle Runners	0:51:27	

47	200	Joanne Robinson	Female 45-49	Looe Pioneers Running Club	0:51:26	0:50:34
48	258	Denzil Williams	Male 50-54	St Austell Running Club	0:51:52	0:53:37
49	35	Adam Carlyon	Male 35-39	Truro Running Club	0:52:05	
50	55	Thomas Davis	Male Under 35		0:52:34	
51	145	James Manning	Male 40-44	Hayle Runners	0:52:54	
52	6	Kelvin Banbury	Male 45-49	Desford Striders	0:53:12	
53	184	Lisa Picton	Female 45-49	East Cornwall Harriers	0:53:13	0:51:47
54	278	Miles Brooks	Male Under 35		0:53:14	
55	280	Derren Blewett	Male 55-59	St Austell Running Club	0:53:22	
56	26	Ben Browne	Male 45-49		0:53:18	0:54:29
57	64	Greg Dufour-Cox	Male 50-54	Falmouth Running Club	0:53:43	0:52:55
58	88	Mark Grassam	Male 50-54	Looe Pioneers Running Club	0:53:59	
59	243	Darren Varker	Male 50-54		0:54:13	
60	71	Ashley Elliott	Female Under 35	East Cornwall Harriers	0:54:34	0:58:09
61	49	Jonathan Crowle	Male 50-54	Truro Running Club	0:54:32	1:08:27
62	137	Andrew Lee	Male Under 35		0:54:27	
63	266	John Yelland	Male 45-49	Mad Hatter Sports Events	0:54:38	0:52:32
64	113	Frazer Humbles	Male 40-44	Hayle Runners	0:54:42	0:58:42
65	98	Craig Harper	Male 45-49	Bude Rats (Run and Tri)	0:54:45	
66	220	James Stephens	Male 35-39	St Austell Running Club	0:54:48	1:00:43
67	213	Kevin Silver	Male 55-59	Hayle Runners	0:55:01	0:58:39
68	119	Andrew James	Male 40-44	Hayle Runners	0:55:35	0:55:33
69	262	Glenn Wilson	Male 50-54	St Austell Running Club	0:55:36	
70	130	Richard Kirby	Male 50-54	Morpeth Harriers & AC	0:55:45	
71	207	Megan Rowe	Female Under 35	St Austell Running Club	0:55:54	
72	218	John Sole	Male 40-44	Cornwall AC	0:56:05	
73	155	Martin Matthews	Male 45-49		0:56:00	
74	89	Ralph Graves	Male 45-49	Truro Running Club	0:56:15	
75	188	Sean Quinn	Male 55-59		0:56:18	
76	233	Mark Thomas	Male 45-49	Truro Running Club	0:56:22	
77	247	Iain Walker	Male 65-69	St Austell Running Club	0:56:26	
78	10	Marty Barnfield	Male 50-54	Bodmin Road Runners	0:56:27	0:57:31
79	50	Revis Crowle	Female 60-64	East Cornwall Harriers	0:56:40	
80	140	Tim Lee	Male 45-49	St Austell Athletes Running Club	0:56:38	
81	179	Michael Parsons	Male Under 35		0:56:50	
82	124	Brian Jones	Male 40-44		0:57:07	
83	210	Ian Savigar	Male 60-64	East Cornwall Harriers	0:57:41	
84	268	Jody Blackmon	Male 40-44	Plymouth Captains	0:57:44	1:26:32
85	37	Stephen Chan	Male 40-44	Truro Running Club	0:57:48	
86	241	Craig Varcoe	Male Under 35		0:58:08	1:00:45
87	274	Sam Chapman	Male 35-39		0:58:06	
88	187	Julia Provis	Female 40-44		0:58:12	1:09:59
89	276	Geoff Varker	Male 50-54		0:58:16	
90	198	Andy Roberts	Male 55-59	St Austell Running Club	0:58:22	
91	208	Tim Rowe	Male 40-44		0:58:27	
92	252	George Weatherhead	Male Under 35		0:58:52	
93	25	Peter Brocklehurst	Male 70-74	St Austell Athletes Running Club	0:58:50	
94	112	Steve Hughes	Male 40-44		0:59:01	

95	58	Tomasz Dekert	Male 35-39	Zdun Triathlon Team	0:59:42	
96	1	Peter Allen	Male 65-69	Newquay Road Runners	0:59:52	0:57:17
97	260	Nikki Williams	Female 45-49	Looe Pioneers Running Club	0:59:53	
98	251	Mandy Watts	Female 50-54	Newquay Road Runners	0:59:57	
99	66	Gary Dunphy	Male 35-39		1:00:12	
100	75	Matthew Faull	Male 55-59	St Austell Running Club	1:00:22	
101	48	Michael Counter	Male 55-59	St Austell Running Club	1:00:24	
102	189	Jenny Rawle	Female 45-49		1:00:45	0:58:41
103	199	Malcolm Roberts	Male 70-74	St Austell Running Club	1:01:20	
104	253	Isabel Weatherhead	Female Under 35		1:01:41	
105	169	Meeta Nicholls	Female 45-49	East Cornwall Harriers	1:01:44	1:02:09
106	77	James Forbes	Male 40-44	Perran Trail Runners	1:01:45	
107	65	Patrick Dunne	Male 55-59		1:02:01	
108	236	Liz Trebilcock	Female 55-59	Truro Running Club	1:02:13	
109	125	Debbie Jones	Female 55-59	Looe Pioneers Running Club	1:02:17	
110	7	David Banks	Male Under 35	St Austell Athletes Running Club	1:02:28	1:06:13
111	165	Adrian Mullis	Male 40-44		1:02:39	
112	264	Claire Winfield	Female 50-54	Launceston Road Runners	1:02:47	
113	205	Darron Rowe	Male 45-49	St Austell Athletes Running Club	1:02:46	
114	78	Jennifer Forbes	Female 35-39	Hayle Runners	1:02:52	1:01:32
115	203	Alison Roose	Female 45-49	Newquay Road Runners	1:02:59	1:05:24
116	67	Alan Edwards	Male 50-54	Newquay Road Runners	1:03:04	
117	36	Alison Catnach	Female 45-49	Looe Pioneers Running Club	1:03:55	0:59:43
118	217	Andrew Smith	Male 45-49		1:04:13	
119	194	Adam Richards	Male 45-49		1:04:13	
120	161	Rob Minor	Male 40-44		1:04:16	1:05:50
121	102	Julian Harrold	Male 50-54	Cornwall AC	1:04:34	
122	51	Linda Cuff	Female 55-59	Looe Pioneers Running Club	1:04:40	
123	228	Simon Tagney	Male 60-64		1:04:48	1:01:02
124	277	Mr Paul Bufton	Male 65-69	Truro Running Club	1:05:13	
125	97	Jon Hardwick	Male 35-39		1:05:23	
126	160	Marcus Miles	Male 45-49	St Austell Athletes Running Club	1:05:16	
127	138	Katherine Lee	Female Under 35		1:05:12	
128	139	Malcolm Lee	Male 55-59		1:05:13	
129	28	Ross Buist	Male 45-49		1:05:12	
130	19	Annie Bover	Female 40-44	Bude Rats (Run and Tri)	1:05:36	
131	128	Amber King	Female Under 35		1:05:36	
132	248	Rob Wallbank	Male 40-44	St Austell Running Club	1:05:40	1:02:03
133	235	Charlie Trays	Male Under 35		1:05:45	
134	206	Maisie Rowe	Female 45-49		1:05:56	
135	239	Martin Trethewey	Male 55-59	St Austell Running Club	1:06:12	1:02:44
136	61	Gavin Dowdeswell	Male 50-54		1:06:21	1:07:32
137	53	James Danks	Male 40-44	Falmouth Running Club	1:06:30	1:14:48
138	116	Isabel Irwin-Bowler	Female 35-39	St Austell Running Club	1:06:43	
139	22	Chris Bradish	Male 70-74		1:07:04	1:02:17
140	202	James Rooney	Male 60-64	Bude Rats (Run and Tri)	1:07:22	1:04:30
141	109	Nick Hill	Male 40-44		1:07:30	
142	127	Fearon Kelly	Male 50-54		1:07:37	

143	162	Joanna Morgan	Female 40-44		1:08:06	
144	34	Elizabeth Cannon	Female 40-44		1:08:10	
145	270	Anna Carter	Female 35-39	Newquay Road Runners	1:08:24	
146	115	Fran Ingram	Female Under 35		1:08:24	
147	209	Nicholas Saunders	Male 40-44		1:08:25	
148	100	Angela Harrison	Female 60-64	Looe Pioneers Running Club	1:08:21	
149	174	Nick Page	Male 55-59	East Cornwall Harriers	1:08:30	
150	244	David Varley	Male 55-59		1:08:25	
151	42	Amy Cokell-Kent	Female 35-39		1:08:38	
152	122	Hannah Jenkins	Female 35-39		1:08:38	
153	255	David Wilcox	Male 45-49	Truro Running Club	1:08:50	1:05:40
154	240	Rachel Trudgeon	Female 45-49		1:09:08	
155	131	Nigel Knuckey	Male 65-69	Truro Running Club	1:09:30	1:11:12
156	24	Angela Brinicombe	Female 65-69	Launceston Road Runners	1:09:19	
157	12	Jonathan Bateman	Male 75-79	Royal Wootton Bassett Hounds	1:09:41	1:06:57
158	43	Andy Coles	Male 60-64	St Austell Running Club	1:10:00	
159	197	Janet Ritchie	Female 60-64	Carn Runners	1:10:02	1:07:34
160	171	Sandra Northcott	Female 45-49	Looe Pioneers Running Club	1:09:58	
161	111	Rebecca Hughes	Female 45-49		1:10:06	
162	4	Alix Bailey	Female Under 35		1:10:10	
163	195	Caitlin Richards	Female Under 35		1:10:09	
164	69	Nicola Edwards	Female 45-49	Newquay Road Runners	1:10:29	
165	47	Jackie Cope	Female 65-69	Falmouth Running Club	1:10:52	1:10:33
166	54	Clive Davis	Male 60-64		1:10:54	1:09:59
167	40	Hayley Christopher	Female 35-39	St Austell Athletes Running Club	1:10:52	1:21:51
168	257	Tamsyn Willcocks	Female 40-44	St Austell Athletes Running Club	1:11:04	
169	182	Dave Pickard	Male 60-64	Launceston Road Runners	1:11:07	1:10:39
170	183	Linda Pickard	Female 60-64	Launceston Road Runners	1:11:10	1:09:21
171	245	Anita Venn	Female 40-44		1:11:15	1:06:55
172	193	Joanna Rich	Female 45-49	St Austell Running Club	1:11:29	
173	219	Philip Spargo	Male 65-69	Truro Running Club	1:11:46	1:09:58
174	269	Sharon Reid	Female 45-49		1:11:57	
175	222	Kate Stevens	Female 45-49		1:12:14	1:11:33
176	62	Jude Dowdeswell	Female Under 35		1:12:26	
177	231	Hannah Thomas	Female 45-49	Truro Running Club	1:12:29	
178	224	Juliet Stewart	Female 55-59	Truro Running Club	1:13:15	1:10:20
179	168	Elisha Nicholas	Female 40-44		1:13:24	
180	170	Joeli Norman	Female 35-39		1:13:24	
181	259	Jules Williams	Female 35-39	St Austell Running Club	1:13:44	1:16:37
182	263	Michael Wilson	Male 65-69	Truro Running Club	1:13:47	
183	242	Daniel Varcoe	Male 35-39		1:13:57	1:18:40
184	92	Caitlin Griffiths-Bird	Female Under 35		1:13:54	
185	73	Des Evans	Male 70-74	Newquay Road Runners	1:14:23	1:11:07
186	175	Karen Parker	Female 55-59	Falmouth Running Club	1:14:23	
187	172	Gill Overell	Female 50-54	St Austell Running Club	1:14:40	
188	99	Jodie Harper	Female 40-44	Let's Go Canicross	1:14:49	
189	216	Kirstie Slater	Female 50-54	Truro Running Club	1:15:28	1:38:52
190	46	Nikki Collins	Female 40-44		1:15:34	

191	110	Andrew Holden	Male 55-59		1:15:52	1:18:53
192	144	Gwen Maggs	Female 35-39	St Austell Running Club	1:16:10	
193	256	Robert Willcocks	Male 60-64	Falmouth Running Club	1:16:28	1:15:34
194	79	Claire Forth	Female 40-44	Truro Running Club	1:16:29	
195	225	Claire Stone	Female 35-39	Hayle Runners	1:16:40	1:33:10
196	21	Trina Bradbury	Female 45-49	Launceston Road Runners	1:16:35	
197	196	Ian Ringer	Male 75-79	Bodmin Road Runners	1:16:39	1:16:21
198	90	Kelly Green	Female 35-39		1:16:56	
199	23	Alan Brandwood	Male 70-74	Falmouth Running Club	1:16:52	1:17:54
200	84	Anna Gardiner	Female 45-49		1:16:58	
201	272	Vikki Reid	Female 35-39		1:17:19	
202	273	David Parish	Male 60-64		1:17:30	
203	275	Damon Dennis	Male 50-54		1:17:35	
204	104	Sandra Haynes	Female 55-59	Looe Pioneers Running Club	1:17:40	1:17:12
205	190	Richard Rawle	Male 45-49		1:17:53	
206	250	Janet Watson	Female 70-74	Carn Runners	1:18:24	
207	18	Chloe Booth	Female Under 35		1:19:32	
208	146	Courtney Marks	Female Under 35	St Austell Running Club	1:19:39	
209	76	Sally Fletcher	Female 55-59	St Austell Running Club	1:20:09	
210	134	Emma Lawry	Female 45-49	St Austell Running Club	1:20:21	
211	238	Charlie Trethewey	Female 45-49	St Austell Running Club	1:20:31	
212	57	Emma Deanes	Female 35-39	Camelford Up and Running	1:20:49	
213	85	Paul Gardiner	Male 50-54	Camelford Up and Running	1:20:51	
214	164	Mary Mullarkey	Female 70-74	East Cornwall Harriers	1:20:54	
215	11	Aileen Barwell	Female 65-69	Falmouth Running Club	1:21:20	
216	178	Jeremy Parsons	Male 50-54		1:21:33	
217	212	Rebecca Shore	Female 50-54	St Austell Running Club	1:21:40	
218	45	Emma Collins	Female 45-49	Looe Pioneers Running Club	1:21:52	
219	167	Roy Newton	Male 75-79	Falmouth Running Club	1:21:59	1:22:57
220	234	John Tilley	Male 70-74	Bodmin Road Runners	1:22:26	1:19:43
221	107	Nicky Hicks	Female 45-49	Launceston Road Runners	1:22:43	
222	9	Karen Barnett	Female 45-49		1:23:16	
223	279	Emily Quantick	Female 40-44		1:23:16	
224	17	Robert Bolitho	Male 60-64	Hayle Runners	1:23:24	1:28:37
225	152	Jacqui Martin	Female 50-54	St Austell Running Club	1:24:04	
226	147	Paul Marks	Male 55-59	St Austell Running Club	1:24:58	
227	249	Kim Watkins	Female 50-54	Storm Plymouth	1:25:02	
228	227	Jenny Tagney	Female 60-64	PB Running Club	1:25:18	1:22:40
229	108	Charlie Hill	Male 40-44		1:26:56	
230	265	Gemma Wotherspoon	Female 35-39	Bodmin Women's Running Club	1:27:49	
231	94	Victoria Hall	Female 45-49	Bodmin Road Runners	1:28:15	1:22:44
232	229	Sean Taylor	Male 55-59	Bodmin Road Runners	1:28:14	1:32:47
233	214	Ruth Simmons	Female 50-54	St Austell Running Club	1:28:17	
234	93	Emma Grigg	Female 45-49		1:28:44	
235	157	Sonia McLean	Female 45-49	St Austell Running Club	1:30:20	
236	60	Kathran Dormer	Female 70-74	Falmouth Running Club	1:30:23	
237	74	Samantha Ewart	Female 45-49	St Austell Running Club	1:30:24	
238	59	Charlotte Delaney	Female Under 35	Hayle Runners	1:31:52	

239	91	Julie Gregory	Female 55-59	Looe Pioneers Running Club	1:32:23	
240	246	Jay Wagstaff	Female 55-59	Looe Pioneers Running Club	1:32:23	
241	16	Julie Bolitho	Female 55-59	Hayle Runners	1:32:52	1:22:03
242	132	Christina Lake	Female 65-69	Falmouth Running Club	1:34:43	1:22:51
243	133	Steve Lawrence	Male 65-69	Falmouth Running Club	1:36:14	1:40:13
244	154	Jennie Massey	Female 60-64	Hayle Runners	1:46:09	
245	44	Samantha Collier	Female 50-54	Hayle Runners	1:46:10	
246	72	Sarah Ellis	Female 45-49	Hayle Runners	1:46:09	