

## Treggy 7 2022

Place	Name	AG	Club	ChipTim	GunTim
1	Tom Morton	Male Under 35	Mile High	0:38:18	0:38:18
2	Sam Larkham	Male 35-39	Tavistock AC	0:39:29	0:39:30
3	Robert Orton	Male 40-44	Bodmin Road Runners	0:40:00	0:40:01
4	Oliver Oldfield	Male Under 35	Tamar Trotters	0:40:12	0:40:13
5	Paul Whear	Male 50-54	Cornwall AC	0:40:14	0:40:16
6	Steve Reynolds	Male 35-39	Truro Running Club	0:40:31	0:40:32
7	Jordan Morant	Male Under 35	Hayle Runners	0:40:51	0:40:52
8	Nick Lapham	Male Under 35	Bideford AAC	0:41:14	0:41:14
9	Jacob Gardner	Male Under 35	Hayle Runners	0:41:55	0:41:56
10	Simon Morse	Male Under 35	(no club)	0:41:56	0:41:57
11	Andrew Martin	Male 40-44	Mile High	0:42:06	0:42:08
12	Dan Alsop	Male 40-44	St Austell Running Club	0:42:08	0:42:10
13	Neil Hayhurst	Male 40-44	Hayle Runners	0:42:14	0:42:15
14	Peter Sowerby	Male 55-59	Truro Running Club	0:42:19	0:42:21
15	Dominic	Male Under 35	Stegorunosaurus Rex RC	0:42:26	0:42:27
16	Darren Roose	Male 40-44	Newquay Road Runners	0:42:30	0:42:33
17	Hayden Bond	Male Under 35	Tavistock AC	0:42:36	0:42:36
18	Tim van Berkel	Male 35-39	Truro Running Club	0:42:37	0:42:39
19	Alex Marples	Male 40-44	Truro Running Club	0:42:39	0:42:40
20	Jamie Masters	Male 35-39	St Austell Running Club	0:42:38	0:42:41
21	Llewin Head	Male Under 35	Mile High	0:42:38	0:42:41
22	Jack Wightman	Male Under 35	Mile High	0:43:11	0:43:13
23	Tony Wright	Male 55-59	Cornwall AC	0:43:14	0:43:16
24	Luke Attwood	Male Under 35	Tamar Trotters	0:43:27	0:43:29
25	Steven Wherry	Male 55-59	Hayle Runners	0:43:30	0:43:30
26	Kieran Murrant	Male Under 35	Hayle Runners	0:43:30	0:43:30
27	Tom Howell	Male 35-39	Mile High	0:43:30	0:43:32
28	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:43:31	0:43:33
29	Stephen Fuller	Male 55-59	Hayle Runners	0:43:39	0:43:39
30	Edward Horn	Male 35-39	Tavistock AC	0:43:59	0:43:59
31	John Sole	Male 40-44	Cornwall AC	0:44:52	0:44:55
32	Peter Barnes	Male 35-39	Hayle Runners	0:45:11	0:45:13
33	Paul Carter	Male 55-59	Okehampton RC	0:45:13	0:45:16
34	Richard Davies	Male 40-44	Okehampton RC	0:45:15	0:45:18
35	Anna Harrold	Female 40-44	Truro Running Club	0:45:25	0:45:28
36	Robert Standing	Male 45-49	Truro Running Club	0:45:24	0:45:29
37	Paul-Florin	Male Under 35	(no club)	0:45:24	0:45:36
38	Philip Thomas	Male 45-49		0:45:37	0:45:40
39	Liam O'Neill	Male Under 35	Hayle Runners	0:45:45	0:45:50
40	Edmund Bennett	Male 40-44	Hayle Runners	0:45:51	0:45:53
41	Roger Voaden	Male 55-59	100 Marathon Club	0:46:02	0:46:05
42	Dean Wickett	Male Under 35		0:46:23	0:46:24
43	Tony Dunn	Male 55-59	Cornwall AC	0:46:42	0:46:44
44	Andrew Davis	Male 40-44	Bude Rats (Run and Tri)	0:46:46	0:46:46
45	David Wilding	Male 45-49	Hayle Runners	0:46:54	0:46:56
46	Robert Chirgwin	Male Under 35	Truro Running Club	0:47:06	0:47:08
47	Matthew Stringer	Male Under 35	Launceston Road Runners	0:47:09	0:47:10
48	Tom Coggins	Male 40-44	(no club)	0:47:33	0:47:36

49	Sarah Roberts	Female Under 35	Brighton Phoenix	0:47:40	0:47:44
50	Ben Harding	Male 40-44	East Cornwall Harriers	0:47:46	0:47:50
51	Crispin Brabner	Male 50-54	Tamar Trotters	0:47:51	0:47:59
52	Kevin Edwards	Male 55-59	Tamar Trotters	0:47:51	0:47:59
53	Callum Pinch	Male Under 35	Truro Running Club	0:47:46	0:47:59
54	James Davies	Male 35-39	Truro Running Club	0:47:55	0:47:59
55	Simon Scotthorne	Male 55-59	Lonely Goat RC	0:48:12	0:48:15
56	Justin Frost	Male 45-49	Plymouth Musketeers	0:48:24	0:48:27
57	Mark Sweeney	Male 55-59	St Austell Running Club	0:48:33	0:48:36
58	David Morris	Male 35-39	Plymouth Harriers	0:48:39	0:48:45
59	Lee Burford	Male 40-44	Hayle Runners	0:48:44	0:48:48
60	Rosie Gibbons	Female 40-44	Cornwall AC	0:48:59	0:49:02
61	Matt Fox	Male Under 35	Cornwall AC	0:49:06	0:49:09
62	Matthew Grzenda	Male 45-49	(no club)	0:49:06	0:49:12
63	David Philp	Male 60-64	East Cornwall Harriers	0:49:10	0:49:15
64	Liam Yeo	Male Under 35	Launceston Road Runners	0:49:24	0:49:28
65	Jon Eldon	Male 60-64	Hayle Runners	0:49:34	0:49:36
66	Andrew Vernon	Male 50-54	Okehampton RC	0:49:44	0:49:47
67	Jenny Jeeves	Female 50-54	Tavistock AC	0:49:47	0:49:52
68	Mathew	Male Under 35	St Austell Running Club	0:49:52	0:49:57
69	Gary Richards	Male 50-54	Cornwall AC	0:50:01	0:50:04
70	Glynn Davis	Male 55-59	Carn Runners	0:50:20	0:50:24
71	Adam Carlyon	Male 35-39	Truro Running Club	0:50:24	0:50:36
72	Daniel Case	Male 35-39	Plymouth Musketeers	0:50:37	0:50:41
73	Craig Harper	Male 45-49	Bude Rats (Run and Tri)	0:50:57	0:51:01
74	David Kilgore	Male 45-49	Storm Plymouth	0:50:49	0:51:06
75	Steve Weeks	Male 45-49	Torbay AAC	0:51:28	0:51:34
76	Jonathan Kappes	Male 50-54		0:51:54	0:51:54
77	Marc Oldaker	Male 55-59		0:51:52	0:51:58
78	Stuart Richards	Male 45-49	St Austell Running Club	0:51:55	0:51:59
79	Matthew Ball	Male 45-49	Plymouth Harriers	0:51:55	0:52:04
80	Frazer Humbles	Male 35-39	Hayle Runners	0:52:11	0:52:21
81	Jane Bremner	Female 65-69	Tamar Trotters	0:52:14	0:52:30
82	Lee Beer	Male 40-44		0:52:30	0:52:37
83	Lucy Williams	Female 35-39	Truro Running Club	0:52:35	0:52:40
84	Charlene Howard	Female Under 35	-Individual-	0:52:36	0:52:42
85	Stuart Queen	Male 45-49	Run Venture Running Club	0:52:41	0:52:47
86	Helen Mitchell	Female 55-59	Truro Running Club	0:52:40	0:52:49
87	Matt Allan	Male 40-44	Camelford up and running	0:52:47	0:52:50
88	Victoria Foster	Female 40-44	(no club)	0:52:51	0:52:54
89	Kevin Silver	Male 55-59	Hayle Runners	0:52:46	0:52:55
90	Malcolm Roberts	Male 65-69	St Austell Running Club	0:52:52	0:52:56
91	Sharon Daw	Female 55-59	East Cornwall Harriers	0:52:53	0:52:58
92	Andrew James	Male 40-44	Hayle Runners	0:52:50	0:53:00
93	Tommy Polglase	Male 70-74	Carn Runners	0:53:01	0:53:04
94	Corinne Gerrard	Female 50-54	Hayle Runners	0:52:56	0:53:05
95	Andrew Haas	Male Under 35	-Individual-	0:52:59	0:53:06
96	Karen Harrison	Female 50-54	Cornwall AC	0:53:05	0:53:10
97	Karen Walters	Female 50-54	Newquay Road Runners	0:53:08	0:53:13
98	Richard Foster	Male 45-49	Launceston Road Runners	0:53:14	0:53:19
99	Michael Hughes	Male 55-59	Storm Plymouth	0:53:02	0:53:19
100	Chris Ullman	Male 50-54	East Cornwall Harriers	0:53:14	0:53:26

101	Rebecca Morgan	Female 40-44	Truro Running Club	0:53:21	0:53:26
102	Ross Lawry	Male 45-49	St Austell Running Club	0:53:25	0:53:30
103	Benedicte Holtan	Female 40-44	Launceston Road Runners	0:53:35	0:53:41
104	Armin Palmer	Male 60-64	East Cornwall Harriers	0:53:44	0:53:47
105	Mark Thomas	Male 45-49	Truro Running Club	0:53:43	0:53:48
106	Joseph Thomson	Male 35-39	Launceston Road Runners	0:53:44	0:53:58
107	Richard Horn	Male 40-44		0:53:55	0:54:02
108	Kaye Patterson	Female 35-39	East Cornwall Harriers	0:54:09	0:54:14
109	Martyn Prouse	Male 45-49	PB Running Club	0:54:11	0:54:16
110	Chloe Weeks	Female Under 35	Torbay AAC	0:54:14	0:54:20
111	Michael Wood	Male 60-64	Launceston Road Runners	0:54:14	0:54:22
112	Rebecca Tossell	Female 35-39	Hayle Runners	0:54:17	0:54:24
113	Lee Strickland	Female 45-49	Hayle Runners	0:54:18	0:54:27
114	Claire Watkins	Female 45-49	Okehampton RC	0:54:26	0:54:30
115	Mitch Acres	Male Under 35	Launceston Road Runners	0:54:41	0:54:46
116	Julia Pearce	Female 45-49	Cornwall AC	0:54:43	0:54:50
117	James Manning	Male 40-44	Hayle Runners	0:54:44	0:54:50
118	Mark Sluggett	Male 50-54	Launceston Road Runners	0:54:51	0:54:56
119	Harriet Frost	Female Under 35	Newquay Road Runners	0:54:54	0:55:00
120	Peter Allen	Male 65-69	Newquay Road Runners	0:54:55	0:55:04
121	Christopher	Male 55-59	(no club)	0:55:01	0:55:06
122	Gemma Gallant	Female 35-39	Launceston Road Runners	0:55:04	0:55:09
123	Martin Hynes	Male 65-69	Launceston Road Runners	0:55:01	0:55:13
124	John Hiscock	Male Under 35	(no club)	0:55:04	0:55:14
125	Grace Barratt	Female Under 35	Newquay Road Runners	0:55:15	0:55:24
126	David Mccarthy	Male 35-39	Storm Plymouth	0:55:35	0:55:52
127	Jenny Mills	Female 70-74	Launceston Road Runners	0:55:59	0:56:00
128	Mike Charlwood	Male 45-49	Launceston Road Runners	0:55:52	0:56:04
129	Nathaniel Laker	Male Under 35	Stegorunosaurus Rex RC	0:56:00	0:56:16
130	Nick Oldaker	Male Under 35		0:56:15	0:56:22
131	Derrick Frantz	Male 55-59	Cornwall AC	0:56:04	0:56:23
132	Jason Shipton	Male 50-54	Launceston Road Runners	0:56:26	0:56:34
133	Anthony Burrows	Male 55-59	Hayle Runners	0:56:28	0:56:43
134	Ralph Graves	Male 45-49	Truro Running Club	0:56:33	0:56:52
135	Ben Rogers	Male 40-44	Bude Rats (Run and Tri)	0:56:49	0:56:57
136	Keith Hoadley	Male 55-59	Torrington AAC	0:56:48	0:56:58
137	Nigel Grant	Male 60-64	Bude Rats (Run and Tri)	0:56:57	0:57:01
138	Fiona Montague	Female 45-49	Tamar Trotters	0:56:46	0:57:01
139	Claire Winfield	Female 50-54	Launceston Road Runners	0:56:56	0:57:03
140	Michael Cork	Male 65-69	Plymouth Coasters	0:57:02	0:57:09
141	Matt Carey	Male 35-39	-Individual-	0:57:00	0:57:11
142	John Sanders	Male 40-44		0:56:53	0:57:18
143	Mike Lackey	Male 50-54	Newquay Road Runners	0:57:07	0:57:19
144	Jane Barker	Female Under 35	Hayle Runners	0:57:20	0:57:30
145	Andrew Ellis	Male 50-54	Hayle Runners	0:57:27	0:57:42
146	Steven Jenkin	Male 50-54	Cornwall AC	0:57:26	0:57:43
147	Renzo Lattanzio	Male Under 35	Launceston Road Runners	0:57:41	0:57:47
148	Thomas Downes	Male Under 35	(no club)	0:57:38	0:57:49
149	Victoria Jackson	Female 50-54	Truro Running Club	0:57:45	0:57:51
150	Sean Jack	Male 60-64	Bude Rats (Run and Tri)	0:57:42	0:57:51
151	Rhys Chard	Male 35-39	-Individual-	0:57:45	0:57:53
152	Robert Curtis	Male 40-44	Bude Rats (Run and Tri)	0:57:44	0:57:54

153	Emma Fox	Female 45-49	Newquay Road Runners	0:58:10	0:58:21
154	Nat Dowling	Female 40-44	(no club)	0:57:53	0:58:22
155	Pete Jennings	Male 55-59		0:58:10	0:58:25
156	Eleanor Ellison	Female 65-69	Newquay Road Runners	0:58:22	0:58:27
157	Craig Varcoe	Male Under 35	(no club)	0:58:25	0:58:35
158	Stephen Jenkins	Male 55-59	Launceston Road Runners	0:58:42	0:58:46
159	Matthew Wilson	Male 45-49	Cornwall AC	0:58:29	0:58:47
160	James Rooney	Male 60-64	Bude Rats (Run and Tri)	0:58:38	0:58:50
161	Amy Gregory	Female 35-39	Newquay Road Runners	0:58:38	0:58:52
162	Fred Jenkins	Male 60-64	Instinctive Sports	0:58:45	0:58:55
163	Natasha Stevens	Female 50-54	Bodmin Women's RC	0:58:48	0:58:59
164	Karina Bowers	Female 40-44	St Austell Running Club	0:59:00	0:59:03
165	Matthew Taylor	Male Under 35		0:59:02	0:59:14
166	Christopher	Male 40-44	Storm Plymouth	0:58:58	0:59:16
167	Joanna	Female 40-44	Cornwall AC	0:59:01	0:59:18
168	Peter Bazley	Male 65-69	Tavistock AC	0:59:12	0:59:20
169	James Stephens	Male 35-39	St Austell Running Club	0:59:19	0:59:28
170	Sarah Wilkinson	Female 60-64	Newquay Road Runners	0:59:17	0:59:37
171	Alison Roose	Female 45-49	Newquay Road Runners	0:59:23	0:59:45
172	Kelly Bills	Female 45-49	Carn Runners	0:59:27	0:59:46
173	Simon Macleod	Male 40-44	Lonely Goat RC	0:59:25	0:59:56
174	Michael Orchard	Male 65-69	Hayle Runners	0:59:45	0:59:58
175	Stephen	Male 70-74	Bude Rats (Run and Tri)	0:59:52	1:00:02
176	Gemma Vivian	Female Under 35	Hayle Runners	0:59:59	1:00:07
177	Becky Kingdon	Female 35-39		0:59:56	1:00:10
178	Simon Ayres	Male 40-44		0:59:54	1:00:12
179	Will Hinks	Male Under 35	-Individual-	1:00:14	1:00:15
180	Nicholas Smith	Male 40-44	Launceston Road Runners	1:00:11	1:00:17
181	Andrew Crofts	Male 55-59		1:00:07	1:00:21
182	James Merriman	Male 35-39	Lonely Goat RC	1:00:28	1:00:35
183	Olivia Pellowe	Female 45-49	Carn Runners	1:00:17	1:00:38
184	Lee Bartlett	Male Under 35	(no club)	1:00:41	1:00:56
185	Stuart Lockyer	Male 55-59	Bude Rats (Run and Tri)	1:00:47	1:00:57
186	Mandy Watts	Female 50-54	Newquay Road Runners	1:00:41	1:01:01
187	Marlene Grobler	Female 40-44	Carn Runners	1:00:47	1:01:06
188	Diane Warren	Female 65-69	Hayle Runners	1:00:57	1:01:09
189	Matt Hills	Male 40-44	Newquay Road Runners	1:00:47	1:01:15
190	George Turner	Male Under 35		1:00:51	1:01:17
191	Martin Trethewey	Male 50-54	St Austell Running Club	1:01:07	1:01:19
192	Christopher	Male 70-74	Truro Running Club	1:01:10	1:01:21
193	Fiona Gamble	Female 35-39	Hayle Runners	1:01:16	1:01:26
194	Brendan Hinfey	Male 50-54		1:01:13	1:01:31
195	Isabel Irwin-	Female Under 35	St Austell Running Club	1:01:31	1:01:42
196	Darren Hardwick	Male 55-59	Looe Pioneers Running	1:01:26	1:01:48
197	Sean McCarthy	Male Under 35	-Individual-	1:01:43	1:01:56
198	Richard Collett	Male 35-39	Hayle Runners	1:01:48	1:02:04
199	Simon James	Male 50-54	Cornwall AC	1:01:48	1:02:06
200	Lisa Player	Female 60-64	Newquay Road Runners	1:01:50	1:02:11
201	Anna Gough	Female 45-49	St Austell Athletes	1:02:11	1:02:23
202	Hannah Smith	Female Under 35	Hayle Runners	1:02:13	1:02:31
203	Miranda Burke	Female 55-59	Plymouth Harriers	1:02:13	1:02:40
204	Molly Bytheway	Female Under 35		1:02:37	1:02:50

205	Abby Rendle	Female Under 35	(no club)	1:02:46	1:02:52
206	Adam Blacher	Male Under 35	Launceston Road Runners	1:02:47	1:02:55
207	Neil Ham	Male 55-59	JP Fitness Cornwall	1:02:49	1:03:01
208	Lynne Skinner	Female 40-44	Plymouth Falconers	1:02:39	1:03:07
209	Chrissy	Female 50-54		1:02:59	1:03:22
210	Mia Pearson-	Female Under 35	-Individual-	1:03:16	1:03:24
211	Janet Ritchie	Female 60-64	Carn Runners	1:03:14	1:03:25
212	Martin Edwards	Male 45-49		1:03:23	1:03:30
213	Chunky (Antony)	Male 75-79	Hayle Runners	1:03:25	1:03:41
214	Peter Rabson	Male 40-44	Camelford up and running	1:03:11	1:03:44
215	Lauren Wood	Female Under 35	-Individual-	1:03:39	1:03:47
216	Bruce Draper	Male 50-54	Launceston Road Runners	1:03:52	1:04:01
217	Miranda Greer	Female 35-39	St Austell Running Club	1:03:59	1:04:15
218	Joanne Barry	Female 45-49	JP Fitness Cornwall	1:04:14	1:04:27
219	Michelle	Female 35-39	Plymouth Harriers	1:04:00	1:04:28
220	Alice Burbidge	Female 35-39		1:04:12	1:04:34
221	Lucy Oldham	Female 45-49	East Cornwall Harriers	1:04:34	1:05:01
222	Linda Trebilcock	Female 60-64	Plymouth Harriers	1:04:36	1:05:02
223	Alexander	Male 45-49		1:04:53	1:05:05
224	Kelvin Coker	Male Under 35	Storm Plymouth	1:04:44	1:05:08
225	Nathan	Male 35-39		1:04:42	1:05:14
226	Amy Inniss	Female Under 35	(no club)	1:05:04	1:05:25
227	Debora Cornish	Female 50-54	Storm Plymouth	1:05:12	1:05:36
228	Mike Bawden	Male 60-64	Carn Runners	1:05:30	1:05:56
229	Michelle Roskilly	Female 50-54	Hayle Runners	1:05:49	1:06:07
230	Richard Jenkin	Male 75-79	Cornwall AC	1:05:56	1:06:12
231	Paul Searle	Male 55-59	Plymouth Coasters	1:06:19	1:06:26
232	Helen Metherell	Female 35-39	Plymstock Road Runners	1:06:24	1:06:33
233	Rachel Price	Female 35-39		1:06:10	1:06:33
234	Tristan Lang	Male 45-49	Truro Running Club	1:06:19	1:06:38
235	Nicola Emmett	Female 45-49	Bude Rats (Run and Tri)	1:06:24	1:06:38
236	Simon Barrett	Male 60-64	Instinctive Sports	1:06:28	1:06:53
237	Philip Spargo	Male 65-69	Truro Running Club	1:06:48	1:07:02
238	Andrew Bishop	Male 35-39		1:06:43	1:07:05
239	John Beard	Male 40-44	Newquay Road Runners	1:06:47	1:07:10
240	Kate Stevens	Female 45-49	St Austell Running Club	1:06:58	1:07:13
241	Paul Stevens	Male 45-49	St Austell Athletes	1:07:00	1:07:14
242	Nigel Knuckey	Male 65-69	Truro Running Club	1:07:14	1:07:29
243	Vanessa Willitts	Female 35-39	Truro Running Club	1:07:16	1:07:35
244	Lucy Hewitt	Female 55-59	Newquay Road Runners	1:07:45	1:08:08
245	Des Evans	Male 70-74	Newquay Road Runners	1:08:09	1:08:14
246	Tania Coker	Female Under 35	Holsworthy Running Club	1:07:54	1:08:17
247	Jackie Cope	Female 65-69	Falmouth Road Runners	1:08:26	1:08:39
248	Claire Barlow	Female 45-49	Bodmin Road Runners	1:08:26	1:08:42
249	Eoin Stockdale	Male 50-54	Carn Runners	1:08:24	1:08:48
250	Del Buley	Male 50-54	(no club)	1:08:23	1:08:51
251	Natalie Jewell	Female 40-44	Falmouth Road Runners	1:08:31	1:08:55
252	Ian Grimes	Male 70-74	Launceston Road Runners	1:08:41	1:08:58
253	Matt Pickard	Male Under 35		1:08:39	1:08:59
254	Nicola Crilly	Female 45-49	Falmouth Road Runners	1:09:08	1:09:33
255	Graham Ashton	Male Under 35	-Individual-	1:09:29	1:09:50
256	Laura Mounce	Female 35-39	(no club)	1:09:44	1:09:50

257	Louise	Female 55-59	Newquay Road Runners	1:09:35	1:09:59
258	Morwenna	Female 45-49	JP Fitness Cornwall	1:09:51	1:10:06
259	Ruth Avery	Female 45-49	JP Fitness Cornwall	1:09:55	1:10:10
260	Mark Hamilton	Male 60-64	Lonely Goat RC	1:10:11	1:10:20
261	Katie Whelan	Female Under 35	Newquay Road Runners	1:10:09	1:10:20
262	Judy Gluyas	Female 55-59	East Cornwall Harriers	1:09:50	1:10:23
263	Dawn Diprose	Female 55-59	East Cornwall Harriers	1:09:56	1:10:27
264	Sally Johnston	Female 60-64	Tamar Trotters	1:10:06	1:10:30
265	Nick Miles	Male 65-69	Newquay Road Runners	1:10:14	1:10:43
266	Hannah Thomas	Female 45-49	Truro Running Club	1:10:33	1:10:53
267	Steve Maddock	Male 65-69	Torbay Tri Club	1:10:35	1:10:58
268	John Barnes	Male 60-64	Launceston Road Runners	1:10:43	1:10:58
269	Gillian Onley	Female 55-59	Cornwall AC	1:10:42	1:11:00
270	Sean Taylor	Male 55-59	Bodmin Road Runners	1:10:45	1:11:03
271	James Danks	Male 40-44	Falmouth Road Runners	1:10:48	1:11:13
272	Darren	Male 50-54	Tamar Trotters	1:11:03	1:11:27
273	Darren Harvey	Male 45-49	East Cornwall Harriers	1:11:03	1:11:27
274	Michaela	Female 45-49	Plymouth Harriers	1:11:13	1:11:41
275	Gwen Maggs	Female 35-39	St Austell Running Club	1:11:22	1:11:49
276	Laura Stainer	Female Under 35		1:11:46	1:11:52
277	Jacquie Rapier	Female 60-64	Falmouth Road Runners	1:11:41	1:12:01
278	Gill Aze-Thomas	Female 50-54	Launceston Road Runners	1:11:27	1:12:02
279	Jeanette Turpin	Female 45-49	East Cornwall Harriers	1:11:36	1:12:09
280	Elaine Hill	Female 50-54	Launceston Road Runners	1:11:57	1:12:13
281	Trina Bradbury	Female 45-49	Launceston Road Runners	1:12:00	1:12:16
282	Alan Brandwood	Male 70-74	Falmouth Road Runners	1:11:57	1:12:22
283	Richard	Male 35-39		1:12:15	1:12:30
284	Steve Menear	Male 65-69	St Austell Running Club	1:12:06	1:12:33
285	Nina Chell	Female 45-49	Falmouth Road Runners	1:12:13	1:12:39
286	Robert Willcocks	Male 60-64	Falmouth Road Runners	1:12:29	1:12:41
287	Ian Ringer	Male 75-79	Bodmin Road Runners	1:12:28	1:12:44
288	Jane Stephens	Female 55-59	Bodmin Road Runners	1:12:34	1:12:45
289	Katherine Mullis	Female 35-39	(no club)	1:12:30	1:12:45
290	Julie Hogan	Female 55-59	-Individual-	1:12:18	1:12:53
291	Heather Maddock	Female 65-69	Torbay Tri Club	1:12:38	1:13:01
292	Susan Rescorl	Female 60-64	Bodmin Women's RC	1:12:34	1:13:05
293	Alison Cox	Female 55-59	Bodmin Women's Running	1:12:34	1:13:05
294	Paul Heywood	Male 55-59	Launceston Road Runners	1:12:58	1:13:05
295	Matthew Burt	Male 45-49	Hatch Warren Runners	1:12:33	1:13:07
296	Sandra Haynes	Female 55-59	Looe Pioneers Running	1:12:56	1:13:18
297	Judith Wilkinson	Female 65-69	Tamar Trotters	1:12:55	1:13:23
298	Robert Barratt	Male 65-69	(no club)	1:13:01	1:13:27
299	Wendy Lowe	Female 65-69	Bodmin Women's RC	1:13:44	1:14:14
300	Charlotte Geeves	Female Under 35		1:14:12	1:14:26
301	Katie Fowler	Female Under 35	(no club)	1:14:12	1:14:26
302	Dave Connell	Male 70-74	Plymouth Harriers	1:14:28	1:14:57
303	Emma Lawry	Female 45-49	St Austell Running Club	1:14:37	1:15:07
304	Melanie Nile	Female 45-49	St Austell Running Club	1:14:40	1:15:13
305	Kate Hall	Female 40-44		1:14:41	1:15:14
306	Steven	Male 65-69	-Individual-	1:15:00	1:15:21
307	Martin Sims	Male 70-74		1:15:05	1:15:39
308	Charlie Brown	Male 50-54	-Individual-	1:15:09	1:15:43

309	Rebecca Shore	Female 50-54	St Austell Running Club	1:15:27	1:15:57
310	Laura Evenden	Female 45-49	RunFitRunFast	1:15:44	1:16:07
311	Martin Venning	Male 70-74	Launceston Road Runners	1:15:44	1:16:10
312	Brenda Thorne	Female 65-69	Instinctive Sports	1:15:41	1:16:15
313	Victoria Hall	Female 45-49	Bodmin Road Runners	1:16:13	1:16:31
314	Ray Goodright	Male 75-79	East Cornwall Harriers	1:16:04	1:16:39
315	Claire Stone	Female 35-39	Hayle Runners	1:16:32	1:16:52
316	Jackie Stone	Female 55-59	Hayle Runners	1:17:04	1:17:17
317	Gary Albon	Male 55-59		1:17:37	1:18:05
318	Lorraine Hawkins	Female 55-59	Launceston Road Runners	1:17:45	1:18:23
319	Amy Shackleford	Female 35-39	Bys Vyken Race Team	1:18:06	1:18:28
320	Rebecca Thomas	Female 45-49	Camelford up and running	1:17:56	1:18:28
321	Samantha Ewart	Female 45-49	St Austell Running Club	1:18:08	1:18:35
322	Colin Hill	Male 70-74		1:18:28	1:18:40
323	Andrea Roberts	Female 45-49		1:18:05	1:18:40
324	Sally Fletcher	Female 55-59	St Austell Running Club	1:18:18	1:18:53
325	Jacqueline	Female 75-79	Cornwall AC	1:18:33	1:19:01
326	Michael Wooding	Male 75-79	Newquay Road Runners	1:18:31	1:19:02
327	Ann Bradley	Female 60-64	St Austell Running Club	1:18:40	1:19:13
328	Damian Cook	Male 50-54	Bys Vyken Race Team	1:18:51	1:19:13
329	Jen Williams	Female 35-39	Launceston Road Runners	1:19:01	1:19:16
330	Sarah Steed	Female 45-49	East Cornwall Harriers	1:19:08	1:19:42
331	Nikki Pritchard	Female 40-44	East Cornwall Harriers	1:19:08	1:19:43
332	Susan Thomas	Female 45-49	Hayle Runners	1:19:30	1:19:51
333	Julie Brown	Female 50-54		1:19:50	1:19:59
334	Izzy Cook	Female Under 35	Bys Vyken Race Team	1:19:40	1:20:02
335	Jade Jennings	Female Under 35	Launceston Road Runners	1:19:41	1:20:08
336	Ann Foster	Female 70-74	Tamar Trotters	1:19:42	1:20:11
337	Vikki Savage	Female 45-49	Launceston Road Runners	1:19:59	1:20:15
338	Catherine Trerise	Female 50-54	Cornwall AC	1:19:51	1:20:24
339	Julie Bolitho	Female 55-59	Hayle Runners	1:21:03	1:21:13
340	Jon Cryer	Male 65-69	(no club)	1:21:57	1:22:07
341	Jennifer Burden	Female 40-44	St Austell Running Club	1:21:38	1:22:12
342	Jane Pett	Female 45-49	JP Fitness Cornwall	1:22:04	1:22:21
343	Wendy Williams	Female 60-64	JP Fitness Cornwall	1:22:04	1:22:22
344	Robert Bolitho	Male 60-64	Hayle Runners	1:22:25	1:22:35
345	John Ashton	Male 55-59		1:22:25	1:22:46
346	Christina Lake	Female 60-64	Falmouth Road Runners	1:22:40	1:23:05
347	Christine Todd	Female 60-64	St Austell Running Club	1:23:44	1:24:15
348	Helen Cattran	Female 55-59	Hayle Runners	1:23:57	1:24:18
349	Timothea Cardell	Female 80+	Hayle Runners	1:24:18	1:24:39
350	Jane	Female 60-64	(no club)	1:24:22	1:24:41
351	Sharon Chapman	Female 50-54	Newquay Road Runners	1:25:18	1:25:48
352	Dennis Burrell	Male 75-79	Carn Runners	1:25:54	1:26:15
353	Suzi Sampson	Female 50-54	Camelford up and running	1:25:53	1:26:25
354	Lisa Vercoe	Female 50-54	St Austell Running Club	1:26:24	1:26:53
355	Diane Walker	Female 60-64	St Austell Running Club	1:26:26	1:26:55
356	Margaret Wade	Female 70-74	Carn Runners	1:26:35	1:27:02
357	Sarah Ellis	Female 40-44	Hayle Runners	1:27:52	1:28:13
358	Angela Yates	Female 65-69	St Austell Running Club	1:29:12	1:29:44
359	Sarah Howard	Female 50-54	Cornwall AC	1:29:46	1:30:19
360	Rosie Trevains	Female 35-39	Lonely Goat RC	1:29:50	1:30:22

361	Sandra	Female 50-54	St Austell Running Club	1:29:52	1:30:25
362	Lorraine Wherry	Female 55-59	St Austell Running Club	1:29:53	1:30:26
363	Gemma	Female 35-39	Bodmin Women's Running	1:30:00	1:30:29
364	Madeleine Blight	Female 65-69	St Austell Running Club	1:33:02	1:33:33
365	Janet Wills	Female 70-74	St Austell Running Club	1:33:06	1:33:38
366	Judy Jameson	Female 60-64	Carn Runners	1:33:39	1:34:06
367	David Garrard	Male 75-79	Falmouth Road Runners	1:36:06	1:36:33
368	Sally Minter	Female 55-59	Launceston Road Runners	1:41:46	1:42:23
369	Sue Coates	Female 45-49	Bys Vyken Race Team	1:46:18	1:46:44

Number of records: 369