

Run Falmouth Half Marathon 2023

Place	Bib	Name	AG	Club	ChipTime	GunTime
1	435	Steve Reynolds	Male 35-39	Truro Running Club	1:16:56	1:16:56
2	37	Aaron Benney	Male 40-44	Mile High	1:19:45	1:19:46
3	19	Adrian Ball	Male 55-59	Cornwall AC	1:20:35	1:20:38
4	190	Jacob Gardner	Male Under 35	Hayle Runners	1:21:02	1:21:02
5	536	David Tregonning	Male Under 35	St Austell Running Club	1:21:46	1:21:46
6	324	Alex Marples	Male 40-44	Truro Running Club	1:22:24	1:22:24
7	579	Paul Whear	Male 55-59	Cornwall AC	1:22:36	1:22:36
8	368	Carl Murphy	Male 45-49	Truro Running Club	1:22:50	1:22:52
9	313	David Maasdorp	Male Under 35	Truro Running Club	1:23:08	1:23:08
10	369	Kieran Murrant	Male Under 35	Hayle Runners	1:24:07	1:24:07
11	568	Peter Watson	Male Under 35	Falmouth Road Runners	1:24:21	1:24:21
12	403	Ross Penney	Male 35-39	Plymouth Harriers	1:26:10	1:26:12
13	411	Callum Pinch	Male Under 35	Truro Running Club	1:26:56	1:26:58
14	38	Joe Benney	Male Under 35		1:27:08	1:27:08
15	159	Joseph Durrant	Male Under 35	Tri Logic Cornwall	1:27:43	1:27:45
16	39	Harvey Bentham	Male Under 35		1:27:49	1:27:51
17	384	Liam O'Neill	Male 35-39	Hayle Runners	1:28:42	1:28:44
18	259	Sam Hughes	Male 35-39		1:28:56	1:28:59
19	558	Timothy Walker	Male 35-39	Newquay Road Runners	1:29:19	1:29:28
20	399	Emma Paull	Female 35-39	Hayle Runners	1:29:41	1:29:42
21	527	Jake Timms	Male Under 35	Falmouth Road Runners	1:29:54	1:29:55
22	516	Alan Thomas	Male 35-39	Falmouth Road Runners	1:30:13	1:30:14
23	412	Bede Pitcairn-Knowles	Male Under 35		1:30:47	1:30:50
24	287	Mark Knight	Male 50-54	Newquay & Par AC	1:31:02	1:31:03
25	335	Richard Martin	Male 35-39	St Austell Running Club	1:31:01	1:31:04
26	446	Mark Roby	Male 45-49	Truro Running Club	1:31:24	1:31:25
27	1	Scott Abraham	Male 50-54	Hayle Runners	1:31:35	1:31:36
28	214	Luca Hahn	Male Under 35		1:31:42	1:31:44
29	482	Robert Smith	Male Under 35		1:31:46	1:31:50
30	197	Edward Gleadowe	Male Under 35	Falmouth Road Runners	1:32:02	1:32:02
31	182	Matt Fox	Male Under 35	Cornwall AC	1:31:55	1:32:08
32	419	Darrin Porter	Male 55-59	Cornwall AC	1:32:08	1:32:11
33	2	Tim Adams	Male 50-54	St Austell Running Club	1:32:16	1:32:19
34	511	George Tanner	Male Under 35	Cornwall AC	1:32:15	1:32:20
35	297	Steve Law	Male 50-54	Falmouth Road Runners	1:32:18	1:32:21
36	556	Katie Walker	Female Under 35	Cornwall AC	1:32:21	1:32:22
37	94	James Cartlidge	Male 35-39	Plymouth Harriers	1:32:44	1:32:47
38	524	Simon Thomason	Male 45-49		1:32:56	1:32:59
39	258	Mark Hughes	Male 35-39		1:33:17	1:33:19
40	470	Richard Sherley	Male 35-39		1:33:54	1:33:56
41	581	Alan Wherry	Male 55-59	St Austell Running Club	1:34:00	1:34:02
42	352	Shaun Mellow	Male 40-44	MudCrew Running	1:34:32	1:34:40
43	589	Ryan Williams	Male Under 35	Falmouth Road Runners	1:34:40	1:34:45
44	431	Peter Rackstraw	Male Under 35	Falmouth Road Runners	1:34:50	1:34:55
45	444	Matthew Robinson	Male Under 35	Cornwall AC	1:34:54	1:35:00
46	416	Olly Poole	Male Under 35		1:35:06	1:35:08
47	6	Graham Allen	Male 50-54		1:35:33	1:35:34

48	433 Douglas Reid	Male 45-49		1:35:49	1:35:52
49	110 Ross Clarke	Male Under 35		1:35:51	1:35:56
50	137 Ian Curnow	Male 50-54	Hayle Runners	1:36:05	1:36:10
51	454 Will Sampson	Male 35-39		1:36:09	1:36:16
52	224 Michael Hawke	Male 40-44	St Austell Athletes Runnin	1:36:16	1:36:21
53	73 Tom Brunet-Chugg	Male 40-44	St Austell Running Club	1:36:33	1:36:33
54	28 Ryan Bazeley	Male 35-39		1:36:30	1:36:36
55	87 Robbie Canale	Male 40-44		1:36:07	1:36:38
56	394 Joseph Parker	Male Under 35		1:36:47	1:36:48
57	475 Ben Skinner	Male 40-44		1:36:54	1:36:57
58	153 Liam Donelly	Male Under 35	St Austell Running Club	1:36:51	1:36:58
59	366 Leo Muid	Male 40-44	Falmouth Road Runners	1:37:14	1:37:18
60	124 Jason Cook	Male Under 35	Tri Logic Cornwall	1:37:14	1:37:57
61	166 Jon Eldon	Male 60-64	Hayle Runners	1:38:01	1:38:05
62	390 Daniel Padfield	Male Under 35		1:38:14	1:38:17
63	338 Hannah Mason	Female Under 35	St Austell Athletes Runnin	1:38:15	1:38:25
64	542 David Tunbridge	Male Under 35		1:38:26	1:38:30
65	14 Patrick Ashton	Male Under 35		1:38:27	1:38:33
66	334 Kristan Martin	Male Under 35		1:38:22	1:38:35
67	571 James Webb	Male 35-39		1:38:39	1:38:49
68	570 Harrison Webb	Male Under 35		1:38:46	1:38:54
69	218 Thomas Halton	Male Under 35	St Austell Running Club	1:38:50	1:38:56
70	212 David Guffick	Male 40-44	Hayle Runners	1:38:59	1:39:03
71	588 Mark Williams	Male 55-59	Hayle Runners	1:39:06	1:39:10
72	508 Mark Sweeney	Male 55-59	St Austell Running Club	1:39:18	1:39:22
73	165 Andrew Eddison	Male 55-59	Cornwall AC	1:39:19	1:39:24
74	502 Chris Stokes	Male 45-49		1:39:30	1:39:35
75	507 Adam Stonehill	Male Under 35		1:39:40	1:39:45
76	289 Simon Knowles	Male 45-49	Hayle Runners	1:39:49	1:39:51
77	252 Marcus Hooper	Male 50-54	St Albans Striders	1:39:48	1:39:53
78	481 Alastair Smith	Male 45-49	Truro Running Club	1:39:49	1:40:00
79	526 Joseph Thomson	Male 35-39	Launceston Road Runners	1:40:06	1:40:15
80	261 Frazer Humbles	Male 40-44	Hayle Runners	1:40:12	1:40:18
81	307 Harry Lobban	Male Under 35		1:40:22	1:40:26
82	63 Darren Bray	Male 45-49		1:40:23	1:40:31
83	91 Adam Carlyon	Male 35-39	Truro Running Club	1:40:32	1:40:36
84	420 Craig Pound	Male 35-39	Hayle Runners	1:40:42	1:40:49
85	139 Richard Dalton	Male Under 35	Falmouth Road Runners	1:40:56	1:40:56
86	135 Jonathan Crowle	Male 50-54	Truro Running Club	1:40:54	1:40:58
87	144 Ben Dawson	Male Under 35		1:40:43	1:41:05
88	521 Mark Thomas	Male 45-49	Truro Running Club	1:41:05	1:41:07
89	280 Paul Jordan	Male Under 35		1:41:08	1:41:10
90	453 Cris Salisbury	Male 35-39		1:41:08	1:41:22
91	69 Gareth Brindley	Male 35-39	Newquay Road Runners	1:41:36	1:41:45
92	196 Ayesha Gillespie	Female Under 35	Tamar Trotters	1:41:39	1:41:47
93	235 Tim Hicks	Male 35-39	Newquay Road Runners	1:41:59	1:42:02
94	472 Kevin Silver	Male 55-59	Hayle Runners	1:42:02	1:42:08
95	150 Graham Dodd	Male 35-39		1:42:10	1:42:14
96	418 Beth Popperwell	Female 50-54	Mile High	1:42:31	1:42:31

97	99	Andrew Cassidy	Male 65-69	Cornwall AC	1:42:27	1:42:35
98	322	Melodie Manners	Female Under 35	Hayle Runners	1:42:35	1:42:42
99	302	Morgan Lewis	Male Under 35		1:42:48	1:42:52
100	350	Kirsty Medlock	Female 40-44	Hayle Runners	1:42:50	1:42:57
101	104	Andy Chase	Male 35-39	St Austell Athletes Running Club	1:42:52	1:42:59
102	555	Iain Walker	Male 65-69	St Austell Running Club	1:43:12	1:43:19
103	164	Ben Eckard	Male 45-49		1:43:19	1:43:27
104	90	Bruce Carey	Male Under 35	Newquay Road Runners	1:43:30	1:43:34
105	142	Connor Davidson	Male Under 35	Falmouth Road Runners	1:43:38	1:43:43
106	76	Lee Burford	Male 40-44	Hayle Runners	1:43:50	1:43:57
107	203	Matthew Gough Dubois	Male Under 35		1:43:56	1:44:10
108	495	Michelle Steers	Female Under 35		1:44:28	1:44:35
109	265	Ross Imms	Male 45-49		1:44:25	1:44:40
110	250	Ryan Hollywood	Male 40-44		1:44:26	1:44:42
111	88	Gareth Cann	Male 50-54		1:44:36	1:44:47
112	202	Paul Gough	Male 50-54	Hayle Runners	1:44:51	1:44:57
113	382	Guy Norris	Male 55-59		1:44:21	1:45:05
114	274	Jake Jensen	Male Under 35		1:45:04	1:45:10
115	375	Melissa Nicholas	Female Under 35	Hayle Runners	1:45:09	1:45:15
116	491	James Stedeford	Male Under 35		1:44:51	1:45:28
117	467	Julian Shakerley	Male 45-49	St Austell Athletes Running Club	1:45:18	1:45:28
118	530	James Toseland	Male 35-39	Truro Running Club	1:45:21	1:45:30
119	286	Russell King	Male 40-44	Falmouth Road Runners	1:45:26	1:45:31
120	448	Kelvin Rogers	Male 35-39		1:45:24	1:45:45
121	328	Kevin Marshall	Male 55-59	Launceston Road Runners	1:46:09	1:46:13
122	18	Steve Baker	Male 65-69	Tamar Trotters	1:46:15	1:46:22
123	594	Anthony Woodcock	Male Under 35		1:46:15	1:46:30
124	409	Jemma Phillis	Female 35-39	Plymstock Road Runners	1:46:38	1:46:45
125	59	Rosie Bradbury	Female 35-39	Falmouth Road Runners	1:46:46	1:46:51
126	184	Derrick Frantz	Male 55-59	Cornwall AC	1:47:10	1:47:22
127	398	Karen Pascoe	Female 55-59	Cornwall AC	1:47:13	1:47:23
128	7	Peter Allen	Male 65-69	Newquay Road Runners	1:47:23	1:47:28
129	371	Sam Naisby	Male Under 35		1:47:27	1:47:31
130	440	Joe Roberts	Male Under 35		1:46:45	1:47:42
131	215	Thom Haines	Male 40-44		1:47:41	1:47:48
132	474	Jack Simpson	Male Under 35		1:47:56	1:48:06
133	359	Helen Mitchell	Female 55-59	Truro Running Club	1:48:01	1:48:07
134	348	Luke McKenzie-Howard	Male Under 35		1:47:57	1:48:09
135	332	Edward Martin	Male 35-39		1:47:58	1:48:12
136	156	Jonathan Duffy	Male 40-44		1:47:58	1:48:15
137	181	Hannah Fox	Female 45-49	Mile High	1:48:21	1:48:34
138	84	Catheryn Camborieux	Female 50-54	Truro Running Club	1:48:30	1:48:37
139	161	Gary Duxbury	Male 65-69	Falmouth Road Runners	1:48:33	1:48:41
140	535	Liz Trebilcock	Female 55-59	Truro Running Club	1:48:37	1:48:46
141	3	Lee Alexander	Male 40-44		1:48:53	1:48:58
142	400	Julia Pearce	Female 45-49	Cornwall AC	1:48:46	1:48:59
143	480	Ryan Smedley	Male 40-44		1:48:53	1:49:01
144	257	Eoghan Hughes	Male Under 35		1:48:32	1:49:06
145	347	Rob Mckellar	Male 40-44		1:49:25	1:49:26

146	443	Eddie Robinson	Male Under 35		1:49:29	1:49:32
147	284	Sinead Keogh	Female Under 35		1:49:11	1:49:36
148	550	Alice Vage	Female Under 35	Cornwall AC	1:49:53	1:50:02
149	459	Hugh Savage	Male 35-39	Perran Trail Runners	1:50:00	1:50:14
150	546	Sally Turner	Female 35-39		1:50:19	1:50:30
151	445	Sam Robinson	Male Under 35		1:50:56	1:51:08
152	103	Matt Chapman	Male Under 35		1:51:04	1:51:08
153	22	Dan Barrett	Male 35-39		1:50:56	1:51:11
154	496	James Stephens	Male 35-39	St Austell Running Club	1:51:04	1:51:14
155	561	Daniel Walton	Male 45-49		1:51:12	1:51:22
156	599	Pete Young	Male 55-59	Bodmin Road Runners	1:51:15	1:51:23
157	36	Mark Bennetts	Male 40-44	St Austell Athletes Running	1:51:21	1:51:31
158	168	Andrew Ellis	Male 50-54	Hayle Runners	1:51:32	1:51:37
159	396	Dominic Parnell	Male 40-44	Tamar Trotters	1:51:34	1:51:49
160	406	Nicholas Peters	Male Under 35		1:51:53	1:52:10
161	294	Ryan Lane	Male Under 35		1:51:37	1:52:13
162	154	David Doran	Female Under 35		1:52:11	1:52:21
163	360	Oscar Mitchell	Male Under 35		1:52:17	1:52:40
164	456	Zaahir Santhanam	Male Under 35	ORC	1:52:25	1:52:49
165	113	Richard Collett	Male 35-39	Hayle Runners	1:52:40	1:52:52
166	281	Philip Jordan	Male Under 35		1:52:54	1:53:01
167	381	Katy Norman	Female Under 35		1:52:47	1:53:08
168	229	Ali Hellmuth	Male Under 35		1:53:01	1:53:14
169	320	Laurie Magowan	Male 40-44		1:52:49	1:53:18
170	489	Alex St Ledger-Renfree	Male Under 35		1:53:13	1:53:21
171	136	Noah Crutchfield	Male 45-49		1:53:03	1:53:23
172	595	Gareth Woodcock	Male 40-44	Tri Logic Cornwall	1:52:36	1:53:24
173	389	Danny O'Shea	Male 45-49	Truro Running Club	1:53:16	1:53:26
174	510	Timothy Symons	Male 35-39		1:53:02	1:53:33
175	127	Michael Counter	Male 55-59	St Austell Running Club	1:53:28	1:53:38
176	316	Ian Mackellar	Male 50-54		1:53:31	1:53:39
177	309	Lily Lorys	Female Under 35		1:53:29	1:53:40
178	114	Christopher Colley	Male 40-44	Alton Runners	1:53:35	1:53:42
179	464	Ross Schooley-Frame	Male Under 35		1:53:15	1:53:44
180	174	Emma Figures	Female 35-39	Truro Running Club	1:53:52	1:54:01
181	408	Bryn Phillips	Male 40-44	Lonely Goat RC	1:53:27	1:54:02
182	149	Martin Dinham	Male 50-54		1:54:02	1:54:06
183	337	Ryan Martt	Male Under 35		1:53:54	1:54:15
184	374	Steven Newman	Male 50-54	Bungay Black Dogs Running	1:54:16	1:54:25
185	417	George Pope	Male Under 35		1:54:16	1:54:34
186	42	Johnathan Billing	Male 35-39	Hayle Runners	1:54:32	1:54:43
187	525	Connor Thompson	Male Under 35		1:54:46	1:54:54
188	248	Andrew Hodgson	Male Under 35		1:54:38	1:55:12
189	465	Jamie Scoular	Male 35-39		1:55:03	1:55:21
190	471	Thomas Sidney	Male 35-39		1:55:17	1:55:30
191	12	Jed Ardren	Male Under 35		1:55:23	1:55:38
192	377	Steven Nicholls	Male 40-44		1:55:30	1:55:50
193	100	Geoff Cater	Male 60-64		1:55:35	1:55:55
194	222	Cheryl Hanns	Female 45-49	East Cornwall Harriers	1:55:58	1:56:04

195	538	Martin Trethewey	Male 55-59	St Austell Running Club	1:56:00	1:56:10
196	506	Jake Stone	Male Under 35		1:55:48	1:56:12
197	473	Andrea Simmons	Female 65-69	Hayle Runners	1:56:00	1:56:15
198	410	Ben Pilling	Male Under 35		1:56:24	1:56:35
199	576	Andrew Webster	Male 40-44		1:56:13	1:56:46
200	158	Natalie Dunn	Female 35-39		1:56:33	1:56:47
201	96	Jenny Cartwright	Female 35-39	Looe Pioneers Running Cl	1:56:39	1:56:56
202	238	Stephen Hill	Male 35-39	St Austell Running Club	1:56:47	1:56:58
203	102	Julian Chapman	Male 55-59		1:56:52	1:56:59
204	262	Victoria Humphreys	Female Under 35	East Cornwall Harriers	1:56:50	1:57:07
205	171	Paul Ensell	Male 40-44		1:56:52	1:57:09
206	585	Sarah Wilkinson	Female 60-64	Newquay Road Runners	1:57:02	1:57:11
207	415	Lee Pointon	Male 45-49		1:57:03	1:57:12
208	29	Lucy Beckett	Female Under 35		1:56:53	1:57:12
209	540	Paul Trudgeon	Male 40-44	St Austell Athletes Runnin	1:57:18	1:57:28
210	586	Carl Williams	Male 45-49		1:57:09	1:57:31
211	33	Luke Bennett	Male 55-59		1:57:21	1:57:33
212	263	Stephen Hutchinson	Male 70-74	Bude Rats (Run and Tri)	1:57:39	1:57:47
213	54	John Boucher	Male Under 35		1:57:33	1:57:48
214	234	Katie Hicks	Female 40-44		1:57:09	1:57:58
215	187	Keith Gale	Male 50-54		1:57:39	1:58:00
216	493	Davitt Steed	Male 40-44		1:57:59	1:58:12
217	57	Karina Bowers	Female 40-44	St Austell Running Club	1:58:04	1:58:14
218	311	Stuart Love	Male 55-59		1:58:04	1:58:18
219	112	Paul Cole	Male 60-64	Falmouth Road Runners	1:58:02	1:58:19
220	138	Ade Dagnall	Male 45-49		1:58:05	1:58:20
221	447	Robert Rochowiak	Male 60-64	Carn Runners	1:57:50	1:58:23
222	75	Camellia Bullingham	Female Under 35	Truro Running Club	1:58:13	1:58:24
223	107	Lizzie Churchill	Female Under 35		1:58:19	1:58:25
224	541	Nigel Tucker	Male 40-44		1:58:10	1:58:27
225	569	Mandy Watts	Female 50-54	Newquay Road Runners	1:58:19	1:58:28
226	404	Gareth Perry	Male 40-44	St Austell Running Club	1:58:33	1:58:44
227	345	Sean McDermott	Male Under 35		1:58:58	1:59:14
228	155	Nat Dowling	Female 40-44		1:58:53	1:59:16
229	93	Anna Carter	Female 35-39	Newquay Road Runners	1:59:46	2:00:01
230	317	Connor MacLeod	Male Under 35		1:59:44	2:00:04
231	51	Rowland Booth	Male 40-44		1:59:52	2:00:05
232	421	Simon Powell	Male Under 35		1:59:36	2:00:13
233	61	Stefan Brakes	Male 35-39	Huncote Harriers	1:59:36	2:00:13
234	323	Robert Mardell	Male 35-39		2:00:04	2:00:15
235	414	Lisa Player	Female 60-64	Newquay Road Runners	2:00:11	2:00:20
236	70	Stuart Bristow	Male 45-49		2:00:00	2:00:24
237	402	Chunky Penhaul	Male 75-79	Hayle Runners	1:59:53	2:00:29
238	349	Hamish Mclauchlan	Male 35-39		2:00:32	2:00:38
239	272	Abby Jane	Female Under 35		2:00:23	2:00:48
240	175	Michelle Fitt	Female 40-44	Hayle Runners	2:00:41	2:00:54
241	66	Donal Breen	Male 50-54	Newquay Road Runners	2:00:33	2:00:56
242	194	Phil Gendall	Male 60-64		2:00:22	2:00:57
243	319	Alistair Magowan	Male 45-49		2:00:29	2:01:00

244	596	Su Woodman	Female 35-39		2:00:49	2:01:07
245	207	Jack Greaves	Male Under 35		2:01:32	2:01:43
246	216	Sarah Halford	Female 40-44		2:00:59	2:01:44
247	365	Annalina Morgenstern	Female 50-54		2:01:49	2:02:00
248	273	Sonia Jeffreys	Female 35-39		2:01:35	2:02:10
249	460	Kate Savage	Female 45-49		2:01:43	2:02:11
250	170	Jana Ensell	Female 40-44		2:01:54	2:02:11
251	557	Thomas Walker	Male 35-39		2:01:48	2:02:13
252	517	Alison Thomas	Female 45-49	Hayle Runners	2:02:20	2:02:31
253	239	Zack Hill	Male Under 35	Cornwall AC	2:02:37	2:02:46
254	178	Jennifer Forbes	Female 35-39	Hayle Runners	2:02:26	2:02:49
255	532	Julie Towers	Female 60-64		2:02:40	2:02:53
256	271	Kerry James	Female Under 35		2:02:40	2:02:53
257	116	Lowenna Collins	Female 40-44		2:02:23	2:03:08
258	244	Damon Hocking	Male Under 35		2:02:22	2:03:09
259	573	Lisa Webb	Female 45-49	East Cornwall Harriers	2:02:33	2:03:15
260	253	Jennifer Hoskin	Female 35-39		2:03:29	2:03:55
261	358	Rob Minor	Male 40-44		2:03:32	2:03:58
262	86	Chris Campbell	Male 50-54	Hayle Runners	2:03:38	2:04:06
263	455	Ben Sanderson	Male Under 35		2:03:33	2:04:18
264	413	Megan Pitts	Female Under 35	Truro Running Club	2:04:10	2:04:22
265	430	Wendy Rabett	Female 35-39		2:04:48	2:04:54
266	303	Ursula Leyland	Female Under 35		2:04:24	2:04:58
267	60	Luke Bradford	Male 40-44		2:04:22	2:05:05
268	339	Sarah Matta	Female 50-54		2:04:31	2:05:07
269	266	David Ingram	Male 50-54		2:04:53	2:05:12
270	554	Chris Walker	Male 50-54	MudCrew Running	2:04:49	2:05:13
271	331	Colin Martin	Male 70-74	Newquay Road Runners	2:05:01	2:05:17
272	299	Trevor Lee	Male 60-64	Truro Running Club	2:05:10	2:05:22
273	522	Matthew Thomas	Male Under 35		2:05:18	2:05:24
274	145	Grant Day	Male 35-39		2:05:12	2:05:29
275	483	Stuart Smith	Male 35-39	Hayle Runners	2:05:20	2:05:49
276	220	Natalie Hamill	Female Under 35		2:05:14	2:05:54
277	549	Ben Ullmer	Male Under 35		2:05:20	2:06:01
278	279	Megan Jones	Female Under 35		2:05:39	2:06:03
279	26	Andrew Bates	Male 50-54	Pickering Running Club	2:05:50	2:06:11
280	290	Judit Konya	Female 40-44		2:06:11	2:06:21
281	340	Katie Maundrell	Female Under 35		2:05:44	2:06:23
282	118	Ryan Condon	Male 40-44		2:05:47	2:06:30
283	551	Craig Varcoe	Male Under 35		2:06:21	2:06:31
284	8	Sarah Allen	Female 50-54	Hayle Runners	2:06:19	2:06:32
285	52	Jon Bottrell	Male 55-59		2:06:18	2:06:33
286	146	Maria De Ruvo	Female 35-39	Hayle Runners	2:06:24	2:06:35
287	160	Ben Dutton	Male Under 35		2:06:05	2:06:35
288	451	Abigail Sadler	Female Under 35		2:06:20	2:07:00
289	379	Mark Nolan	Male 55-59		2:06:55	2:07:07
290	582	Lorraine White	Female 45-49		2:06:39	2:07:08
291	560	Jamie Walsh	Male 40-44		2:06:59	2:07:13
292	520	Liam Thomas	Male 35-39		2:06:46	2:07:15

293	236	Pete Higham	Male 60-64	Falmouth Road Runners	2:07:05	2:07:20
294	95	Michelle Cartlidge	Female 35-39	Plymouth Harriers	2:07:15	2:07:30
295	452	Megan Sadler	Female 35-39		2:07:14	2:07:33
296	208	Andy Green	Male 35-39		2:07:37	2:07:51
297	183	Kate Frame	Female Under 35	Carn Runners	2:07:14	2:07:53
298	439	Janet Ritchie	Female 60-64	Carn Runners	2:07:37	2:08:03
299	255	Giles Howe	Male Under 35		2:07:53	2:08:04
300	593	Dan Winterburn	Male 35-39		2:07:51	2:08:07
301	141	James Danks	Male 40-44	Falmouth Road Runners	2:07:45	2:08:09
302	485	Alex Solomides	Male Under 35		2:07:29	2:08:13
303	176	Miranda Flannigan	Female 50-54	Cornwall AC	2:07:49	2:08:15
304	539	Bartek Troczka	Male 35-39		2:07:57	2:08:19
305	195	Tracy Gibson	Female 50-54		2:08:00	2:08:22
306	367	Andy Mullins	Male 55-59		2:08:09	2:08:30
307	132	Caroline Cross	Female Under 35	Cornwall AC	2:08:07	2:08:34
308	211	Marlene Grobler	Female 40-44	Carn Runners	2:08:12	2:08:45
309	492	Jane Stedman	Female 60-64	Bodmin Road Runners	2:08:44	2:09:03
310	500	Juliet Stewart	Female 55-59	Truro Running Club	2:08:50	2:09:06
311	249	Joanne Holland	Female 35-39		2:08:36	2:09:12
312	391	Martin Palmer	Male 55-59	Perran Trail Runners	2:08:30	2:09:13
313	497	Jane Stephens	Female 55-59	Bodmin Road Runners	2:09:09	2:09:33
314	559	Steven Walkey	Male 65-69	Falmouth Road Runners	2:09:14	2:09:36
315	15	April Aslett	Female Under 35	Lonely Goat RC	2:09:10	2:09:44
316	16	Lucy Aslett	Female 35-39	Lonely Goat RC	2:09:10	2:09:44
317	228	Carina Hazelgrave	Female 35-39		2:09:26	2:09:46
318	565	Tim Warren	Male Under 35		2:09:27	2:09:46
319	562	Eleanor Ward	Female Under 35	Truro Running Club	2:09:36	2:09:52
320	115	Dan Collins	Male 35-39		2:09:26	2:09:54
321	392	Meg Palmer	Female Under 35		2:09:32	2:09:54
322	72	Philip Brotherton	Male 55-59		2:09:30	2:09:54
323	315	Hannah Mackay	Female Under 35		2:09:46	2:10:05
324	438	Richard Rickwood	Male 45-49		2:09:43	2:10:09
325	246	Kate Hockley	Female 40-44		2:10:01	2:10:16
326	291	Helen Kula-Przewanski	Female 60-64	Tavistock AC	2:10:03	2:10:17
327	330	Ryan Marsland	Male 45-49		2:09:55	2:10:17
328	275	Adam Jobe	Male 40-44		2:09:31	2:10:19
329	9	Rachel Allerton	Female 40-44		2:10:06	2:10:21
330	378	Mia Nicholson	Female Under 35		2:09:53	2:10:26
331	531	Linda Tout	Female 70-74	Tamar Trotters	2:10:14	2:10:28
332	529	Nicole Toomey	Female 50-54		2:09:54	2:10:29
333	25	Satnam Basram	Male 60-64	Cornwall AC	2:10:04	2:10:31
334	356	Kay Middleditch	Female 40-44	Truro Running Club	2:10:09	2:10:40
335	387	Lucy Oldham	Female 45-49	East Cornwall Harriers	2:10:14	2:10:51
336	469	Malcolm Shead	Male 40-44		2:10:31	2:11:03
337	256	Anita Dhana Hudson	Female 50-54		2:11:01	2:11:21
338	361	Iain Mobbs	Male 50-54		2:11:02	2:11:22
339	221	Nic Hamon	Female Under 35		2:10:43	2:11:28
340	240	Dave Hillyard	Male 55-59		2:11:19	2:11:44
341	514	Steven Taylor	Male Under 35		2:11:33	2:11:45

342	121	Alex Constantinou	Male Under 35		2:11:43	2:11:52
343	283	Charlie Kennedy	Female 35-39		2:11:33	2:11:58
344	24	Joanne Barry	Female 45-49	JP Fitness Cornwall	2:11:28	2:12:05
345	600	Sarah Young	Female 45-49		2:11:45	2:12:18
346	463	Rosalind Schofield	Female 35-39		2:11:48	2:12:18
347	513	Gemma Taylor	Female Under 35		2:12:11	2:12:22
348	242	Daniel Hind	Male Under 35		2:11:45	2:12:30
349	44	Darren Blenkinsop	Male 50-54	Tamar Trotters	2:12:18	2:12:33
350	98	James Casey	Male Under 35		2:12:19	2:12:36
351	515	Kenny Terrell	Male Under 35		2:12:13	2:12:40
352	230	Phillip Henwood	Male 45-49	Newquay Road Runners	2:12:20	2:12:43
353	461	Dawn Scallan	Female 50-54	Carn Runners	2:12:31	2:13:10
354	327	Debbie Marshall	Female 45-49	St Austell Running Club	2:12:52	2:13:14
355	449	James Rooney	Male 60-64	Bude Rats (Run and Tri)	2:13:08	2:13:22
356	278	David Jones	Male 35-39		2:12:49	2:13:30
357	247	Phil Hodges	Male 55-59		2:13:06	2:13:33
358	17	Gill Aze-Thomas	Female 50-54	Launceston Road Runners	2:13:13	2:13:43
359	97	Helen Casey	Female 55-59	Hayle Runners	2:13:01	2:13:47
360	434	David Reynolds	Male 35-39		2:13:46	2:13:58
361	436	Louis Rhodes	Male Under 35		2:13:31	2:13:59
362	128	Peter Cowley	Male 55-59		2:13:49	2:14:01
363	172	Des Evans	Male 70-74	Newquay Road Runners	2:13:54	2:14:04
364	545	Josh Turner	Male 35-39		2:13:54	2:14:11
365	543	Chloe Turner	Female Under 35	East Cornwall Harriers	2:13:55	2:14:12
366	342	Catherine McBride	Female 55-59		2:13:56	2:14:31
367	353	Steve Menear	Male 65-69	St Austell Running Club	2:14:12	2:14:34
368	458	Nicholas Saunders	Male 40-44		2:14:34	2:14:49
369	204	Philip Grafton	Male 55-59		2:14:26	2:15:09
370	254	Richard Hoskins	Male 35-39		2:14:39	2:15:15
371	217	Bryony Halliday	Female Under 35	Cornwall AC	2:15:10	2:15:37
372	143	Samuel Davies	Male Under 35		2:15:25	2:15:51
373	81	Sophie Bush	Female Under 35		2:15:25	2:15:52
374	23	Samantha Barrett	Female 35-39		2:15:21	2:15:53
375	64	Michael Bray	Male 40-44		2:15:38	2:15:58
376	563	Hannah Ward	Female 45-49	St Austell Athletes Running	2:15:41	2:16:00
377	188	Arthur Galley	Male Under 35		2:15:48	2:16:06
378	354	Beatrice Meredew	Female Under 35		2:15:24	2:16:09
379	501	Eoin Stockdale	Male 50-54	Carn Runners	2:15:30	2:16:09
380	295	Nick Latimir	Male 40-44		2:15:28	2:16:11
381	518	Hannah Thomas	Female 45-49	Truro Running Club	2:15:52	2:16:12
382	186	David Furness	Male 35-39		2:16:00	2:16:16
383	462	Mark Scallan	Male 55-59	Carn Runners	2:15:43	2:16:22
384	191	Nicola Garge	Female 40-44		2:16:01	2:16:26
385	477	Kirstie Slater	Female 45-49	Truro Running Club	2:16:14	2:16:27
386	478	Victoria Smalley	Female 40-44		2:16:19	2:16:51
387	544	Harriet Turner	Female Under 35		2:16:37	2:16:53
388	537	Louise Tremewan	Female 35-39		2:16:23	2:16:58
389	119	Charlotte Connor	Female 35-39		2:16:32	2:17:00
390	210	Penny Green	Female 40-44		2:17:06	2:17:39

391	401	Emma Penhallurick	Female 40-44		2:17:10	2:17:43
392	219	Neil Ham	Male 55-59	JP Fitness Cornwall	2:17:12	2:17:49
393	441	Susan Robins	Female Under 35		2:17:19	2:17:54
394	68	Michael Brereton	Male 40-44	Camelford Up and Runnin	2:17:18	2:17:59
395	321	Beth Manders	Female Under 35		2:17:29	2:18:07
396	314	Lucilla Macgregor	Female 50-54	Westbury Harriers	2:17:52	2:18:10
397	343	Joseph McCarthy	Male Under 35		2:18:04	2:18:20
398	397	Saskia Partridge	Female Under 35		2:17:52	2:18:22
399	193	Morgan Garrard	Male Under 35	Royal Sutton Coldfield Athl	2:17:57	2:18:36
400	484	Rik Smouter	Male Under 35		2:19:27	2:19:43
401	277	Dav Johnson	Female 50-54		2:19:51	2:20:00
402	189	Fiona Gamble	Female 35-39	Hayle Runners	2:19:46	2:20:08
403	386	Daisy Oldfield	Female Under 35		2:19:31	2:20:18
404	152	Sophie Doig	Female Under 35		2:19:32	2:20:19
405	509	Daniel Swindells	Male 35-39		2:19:41	2:20:23
406	227	Lisa Haywood	Female 40-44		2:19:52	2:20:23
407	85	Holly Cameron	Female Under 35		2:20:29	2:20:39
408	131	Molly Cracknell	Female Under 35		2:20:08	2:20:44
409	80	John Burton	Male 55-59		2:20:30	2:21:19
410	79	Heather Burton	Female Under 35		2:20:30	2:21:19
411	285	Chloe Kind	Female Under 35		2:20:38	2:21:28
412	243	Oliver Hoare	Male 35-39		2:20:38	2:21:29
413	300	Cas Leo	Male 60-64	Hayle Runners	2:21:19	2:22:05
414	129	Alison Cox	Female 55-59	Bodmin Women's Runnin	2:21:40	2:22:10
415	130	Clive Cox	Male 60-64		2:21:41	2:22:11
416	213	Amy Hadlow	Female 35-39		2:21:43	2:22:15
417	40	Katherine Berriman	Female 40-44	Falmouth Road Runners	2:21:49	2:22:19
418	223	Michaela Harrison	Female 45-49	Plymouth Harriers	2:22:11	2:22:30
419	288	Rachael Knowles	Female 35-39		2:22:04	2:22:35
420	270	Emma James	Female 45-49	Launceston Road Runners	2:22:10	2:22:41
421	504	Claire Stone	Female 35-39	Hayle Runners	2:22:24	2:22:46
422	547	Jeanette Turpin	Female 45-49	East Cornwall Harriers	2:22:08	2:22:51
423	226	Damian Haydney	Male 50-54		2:22:54	2:23:14
424	312	Wendy Lowe	Female 65-69	Bodmin Women's Runnin	2:23:04	2:23:32
425	341	Richard May	Male 55-59		2:22:57	2:23:32
426	45	Becky Blight	Female Under 35		2:23:16	2:23:50
427	567	Kiera Watson	Female Under 35		2:23:16	2:23:50
428	232	Paul Heywood	Male 55-59	Launceston Road Runners	2:23:51	2:24:21
429	201	Emma Goudge	Female 45-49		2:24:25	2:24:49
430	83	Louise Caddy	Female 40-44		2:24:26	2:24:49
431	372	Thelma Namonje Kaper	Female 35-39		2:24:33	2:24:54
432	503	Joelle Stokes	Female Under 35		2:24:16	2:24:55
433	437	Stuart Richards	Male 45-49	St Austell Running Club	2:24:59	2:25:06
434	318	Gwen Maggs	Female 35-39	St Austell Running Club	2:25:18	2:25:47
435	429	Clare Quarton	Female Under 35	Runcrew	2:25:22	2:25:52
436	62	Alan Brandwood	Male 70-74	Falmouth Road Runners	2:25:52	2:26:17
437	162	Emma Earnshaw	Female 60-64	East Cornwall Harriers	2:25:37	2:26:23
438	200	Ray Goodright	Male 75-79	East Cornwall Harriers	2:25:40	2:26:26
439	304	Max Lister	Male 60-64		2:25:57	2:26:38

440	167	Rob Elliott	Male Under 35		2:25:54	2:26:42
441	4	Samantha Alexander	Female 55-59		2:26:29	2:26:54
442	494	Sarah Steed	Female 45-49	East Cornwall Harriers	2:26:13	2:26:55
443	13	Peter Ash	Male 40-44		2:26:28	2:27:11
444	65	Taylor Bray	Female Under 35		2:26:50	2:27:34
445	117	Luke Collins	Male 40-44		2:27:02	2:27:42
446	583	Ian Whittaker	Male 55-59		2:27:34	2:27:50
447	169	Karen Elvans	Female 55-59		2:27:44	2:28:19
448	577	Heather Wells	Female 50-54		2:28:07	2:28:39
449	237	Andy Highton	Male 35-39	Perran Trail Runners	2:28:28	2:28:48
450	122	Elizabeth Cook	Female 35-39	Victoria Park Harriers and	2:28:37	2:29:08
451	163	Emma Easy	Female 35-39		2:29:14	2:29:49
452	269	Cate James	Female 45-49		2:29:35	2:30:03
453	357	Bryan Mills	Male 50-54		2:30:02	2:30:23
454	173	Eulalia Farre	Female 50-54		2:30:22	2:31:10
455	199	Rachel Goodchild	Male 40-44		2:31:14	2:31:40
456	432	Paul Railton	Male 45-49		2:31:30	2:31:42
457	245	Deborah Hocking	Female 55-59	Carn Runners	2:31:10	2:31:46
458	192	Beth Garnett	Female 40-44		2:31:16	2:31:50
459	533	Stewart Townend	Male 80+	Hayle Runners	2:32:35	2:33:01
460	120	Philip Conroy	Male 70-74		2:32:35	2:33:03
461	575	Sarah Webb	Female 45-49	Falmouth Road Runners	2:33:06	2:33:30
462	336	Sally Martin	Female 45-49	Falmouth Road Runners	2:33:08	2:33:31
463	301	Kelly Lewis	Female 40-44	Truro Running Club	2:33:02	2:33:44
464	21	Claire Barlow	Female 45-49	Bodmin Road Runners	2:33:37	2:33:56
465	428	Pippa Pyrah	Female 40-44		2:33:26	2:34:08
466	101	Helen Cattran	Female 55-59	Hayle Runners	2:34:31	2:34:53
467	260	Gill Hugill	Female 45-49		2:34:40	2:34:59
468	11	Sara Anthony	Female 55-59		2:35:17	2:35:45
469	487	Nicky Sowerby	Female 55-59	Truro Running Club	2:36:11	2:36:28
470	108	Abigail Clarke	Female Under 35		2:35:41	2:36:29
471	580	Becky Wheeler	Female 50-54	Carbon Fitness	2:36:14	2:37:01
472	329	Lavinia Marshall	Female 70-74	Launceston Road Runners	2:36:58	2:37:30
473	442	Ben Robinson	Male Under 35		2:37:39	2:38:11
474	355	Marzena Mickiewicz	Female 35-39		2:37:41	2:38:15
475	425	Nikki Pritchard	Female 40-44	East Cornwall Harriers	2:37:58	2:38:42
476	10	Holly Anthony	Female Under 35		2:38:19	2:38:46
477	241	Lara Hillyard	Female Under 35		2:38:19	2:38:47
478	34	Morwenna Bennett	Female 55-59		2:38:52	2:39:25
479	590	Wendy Williams	Female 60-64	JP Fitness Cornwall	2:38:48	2:39:26
480	407	Jane Pett	Female 45-49	JP Fitness Cornwall	2:38:49	2:39:27
481	344	Aaron McCulloch	Male 35-39		2:39:21	2:39:39
482	140	Luke Daniels	Male 35-39		2:39:22	2:39:40
483	578	Nigel Westwood	Male 60-64		2:40:17	2:40:48
484	225	Lorraine Hawkins	Female 55-59	Launceston Road Runners	2:41:40	2:42:11
485	552	Nicola Venn	Female 35-39		2:42:26	2:43:09
486	151	Jacqueline Doig	Female 50-54		2:42:37	2:43:25
487	310	Grant Lourenco	Male 40-44		2:43:50	2:44:24
488	457	Kathy Saunders	Female 65-69	Looe Pioneers Running Cl	2:44:33	2:45:10

489	427	Georgina Purvis	Female 45-49	Truro Running Club	2:44:31	2:45:13
490	296	Sarah Law	Female 45-49		2:45:53	2:46:31
491	512	Andrew Taylor	Male 35-39		2:45:56	2:46:37
492	505	Jackie Stone	Female 60-64	Hayle Runners	2:46:07	2:46:49
493	498	Martin Stephens	Male 45-49		2:46:46	2:47:05
494	105	Timothy Chau	Male Under 35		2:46:35	2:47:08
495	333	Jacqui Martin	Female 50-54	St Austell Running Club	2:46:47	2:47:16
496	292	Christina Lake	Female 65-69	Falmouth Road Runners	2:47:03	2:47:27
497	534	Robert Townsend	Male 60-64		2:47:22	2:48:00
498	46	Julie Bolitho	Female 55-59	Hayle Runners	2:47:49	2:48:18
499	56	Tom Boucher	Male 45-49		2:49:06	2:49:42
500	185	Celia Fraser	Female 50-54		2:49:27	2:50:02
501	466	Jane Shaddick-Brady	Female 60-64		2:49:43	2:50:15
502	376	Kate Nicholls	Female Under 35		2:49:55	2:50:41
503	479	Olivia Smedley	Female Under 35		2:49:55	2:50:41
504	55	Michelle Boucher	Female 50-54	City of Salisbury Athletic a	2:51:25	2:52:02
505	53	Anna Boucher	Female Under 35		2:51:30	2:52:08
506	566	Yvonne Watkins	Female 60-64		2:51:44	2:52:25
507	276	Emma Johns	Female 45-49	Hayle Runners	2:51:45	2:52:26
508	157	Michelle Dunn	Female 35-39	St Austell Running Club	2:53:30	2:53:56
509	133	Tanya Crossman	Female Under 35		2:55:01	2:55:40
510	528	Polly Tomlinson	Female 35-39	Perran Pacers	2:55:02	2:55:41
511	597	Gemma Wotherspoon	Female 35-39	Bodmin Women's Runnin	2:56:58	2:57:42
512	264	Richard Iddles	Male Under 35		3:00:04	3:00:46
513	380	Cara Norman	Female 40-44	Camelford Up and Runnin	3:02:14	3:02:55
DNF	48	Robert Bolitho	Male 60-64	Hayle Runners		
DNF	179	Lia Foreman	Female Under 35	Hayle Runners		
DNF	362	Tommy Monahan	Male Under 35			