

GP 2025 after Race 5 An Res Hellys - Female Age Category Table

Race points can't be questioned / changed more then 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
969384	Libby Bonney	St Austell Running Club	186	185	198	191	197										957	5	Female Under 35
774343	Katie Waddington	St Austell Running Club	185		197	196	199										777	4	Female Under 35
979947	Sophia Frith	Newquay Road Runners	177	180	196		193										746	4	Female Under 35
957089	Rachael McEwan-Rice	Looe Pioneers Running Club	172		192	183	190										737	4	Female Under 35
893369	Jemma Kearney	Hayle Runners	178	172		185	192										727	4	Female Under 35
908523	Elisha Pascoe	Cornwall AC		198		199	200										597	3	Female Under 35
730928	Rose Harvie	Newquay Road Runners	193	195	200												588	3	Female Under 35
959248	Tear Rogers	Hayle Runners		184		193	198										575	3	Female Under 35
774229	Caroline Cross	Cornwall AC	176		195		191										562	3	Female Under 35
937213	Amber Simler	Truro Running Club	175	176	194												545	3	Female Under 35
979070	Isobel Hill	St Austell Running Club	170	164			188										522	3	Female Under 35
794648	Katie Walker	Cornwall AC	199	200													399	2	Female Under 35
735698	Jo Temple	Truro Running Club	197			200											397	2	Female Under 35
791344	Roisin Mooney	Cornwall AC	195	197													392	2	Female Under 35
945369	Alice Vage	Truro Running Club		192		197											389	2	Female Under 35
748040	Charlotte Tansley	Cornwall AC	194	194													388	2	Female Under 35
924152	Annabel White	Cornwall AC				189	196										385	2	Female Under 35
957505	Kim Cox	Truro Running Club				188	194										382	2	Female Under 35
833683	Kate Frame	Hayle Runners	182			192											374	2	Female Under 35
984064	Abbi McEwan	St Austell Running Club	188	186													374	2	Female Under 35
964025	Arianna Caddy	Hayle Runners	184	182													366	2	Female Under 35
641940	Hannah Smith	Hayle Runners	179	181													360	2	Female Under 35
953674	Emily Hoey	Tri Logic Cornwall	181	179													360	2	Female Under 35
933073	Naomi Underwood	St Austell Running Club		167			189										356	2	Female Under 35
793957	Courtney Marks	St Austell Running Club	173	173													346	2	Female Under 35
793474	Rosanna Whitton	Hayle Runners	174	171													345	2	Female Under 35
984543	Sam Kearney	Hayle Runners	171	165													336	2	Female Under 35
610688	Steph Hutton	Cornwall AC	200														200	1	Female Under 35
1000332	Lydia Herbert	Tamar Trotters			199												199	1	Female Under 35
792681	Clare Regan	Cornwall AC		199													199	1	Female Under 35
732795	Anna Pearce	Cornwall AC				198											198	1	Female Under 35
794003	Katie Knowles	Truro Running Club	198														198	1	Female Under 35
911420	Creina O'Shea	Cornwall AC		196													196	1	Female Under 35
217210	Jodie Gauld	St Austell Running Club	196														196	1	Female Under 35
802823	Jane Barker	Hayle Runners					195										195	1	Female Under 35
996838	Jessica Hobbs	Cornwall AC				195											195	1	Female Under 35
892896	Saskia Adie	Cornwall AC				194											194	1	Female Under 35
842394	Astrid Mifsud	Mile High			193												193	1	Female Under 35
818765	Jasmine Rapson	Newquay & Par AC		193													193	1	Female Under 35
447321	Stacie Tregonning	St Austell Athletes Running Club	192														192	1	Female Under 35
912006	Maddie Southall	Looe Pioneers Running Club			191												191	1	Female Under 35
964226	Laurie Depault	Cornwall AC		191													191	1	Female Under 35
460953	Lydia Rice Franks	Newquay Road Runners	191														191	1	Female Under 35
748731	Leigh Spencer	Newquay Road Runners				190											190	1	Female Under 35
858365	Dana Kälin	Newquay Road Runners		190													190	1	Female Under 35
778622	Helen Barrett	Falmouth Running Club	190														190	1	Female Under 35
794462	Ashley Elliott	East Cornwall Harriers		189													189	1	Female Under 35
994835	Laurie Dépault	Cornwall AC	189														189	1	Female Under 35
871084	Daria Khomych	Tamar Trotters		188													188	1	Female Under 35
980438	Bethany Lynes	Hayle Runners				187											187	1	Female Under 35
870953	Harriet Housam	Tamar Trotters		187													187	1	Female Under 35
749453	Stephanie Langley	Hayle Runners	187														187	1	Female Under 35
976491	Lisa Martin	Truro Running Club				186											186	1	Female Under 35
826400	Chloe Turner	East Cornwall Harriers				184											184	1	Female Under 35
952799	Jennifer Simpson	Newquay Road Runners		183													183	1	Female Under 35
928084	Victoria Phillips	Hayle Runners	183														183	1	Female Under 35
994526	Andrea Harvey	Hayle Runners	180														180	1	Female Under 35
903175	Beth Lloyd Davies	Truro Running Club		178													178	1	Female Under 35
976723	Nicola Bonfield	St Austell Running Club	177														177	1	Female Under 35
987314	Hollie Catnach	Looe Pioneers Running Club		175													175	1	Female Under 35
988529	Bethany Warner	Tamar Trotters		174													174	1	Female Under 35
363241	Kirsty Skinner	Looe Pioneers Running Club		170													170	1	Female Under 35
986709	Ellie Rowe	Hayle Runners		169													169	1	Female Under 35
924527	Holly Willis	Looe Pioneers Running Club		168													168	1	Female Under 35
986724	Abby Orchard	Hayle Runners		166													166	1	Female Under 35
463105	Melissa Nicholas	Hayle Runners	199	200	199	200	200										998	5	Female 35-39
861873	Kat Darby	Tamar Trotters	198	199	198	198	198										991	5	Female 35-39
750132	Paula Clarkson	Falmouth Running Club	185	186	189	190	191										941	5	Female 35-39
786321	Katie Fowler	Launceston Road Runners	194	195	197	195											781	4	Female 35-39
933354	Lorraine Tonkin	St Austell Running Club	192	192	192		195										771	4	Female 35-39
754414	Grace Barratt	Newquay Road Runners	200		200	199											599	3	Female 35-39
744571	Katie Robinson	Falmouth Running Club	197	198			199										594	3	Female 35-39
945541	Victoria Rose	Carn Runners	195	197		196											588	3	Female 35-39
836129	Thelma Namonje Kapembwa	Falmouth Running Club	193	194	195												582	3	Female 35-39
748124	Angeline Hadfield	Truro Running Club		193	194	193											580	3	Female 35-39
953896	Tamsin Goodman	East Cornwall Harriers	187		191		192										570	3	Female 35-39
425707	Amy Gregory	Newquay Road Runners	196	196													392	2	Female 35-39
591350	Rosie Trevains	Bys Vyken Race Team	190	189													379	2	Female 35-39
745956	Christina Hoppenbrouwers	East Cornwall Harriers	189	190													379	2	Female 35-39
965492	Alaina Clark	Hayle Runners		188			190										378	2	Female 35-39
784808	Gwen Maggs	St Austell Running Club	186			189											375	2	Female 35-39
792186	Fay Cameron	Newquay Road Runners					197										197	1	Female 35-39
827822	Naomi Astill	Hayle Runners				197											197	1	Female 35-39
416840	Anna Carter	Newquay Road Runners					196										196	1	Female 35-39
783850	Elizabeth Whinnett	Bodmin Running Club			196												196	1	Female 35-39

GP 2025 after Race 5 An Res Hellys - Female Age Category Table

Race points can't be questioned / changed more then 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.

Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
481139	Grace Whetton	Hayle Runners					194										194	1	Female 35-39
908800	Meg Chapman	Falmouth Running Club				194											194	1	Female 35-39
799485	Lisa Francey	Cornwall AC					193										193	1	Female 35-39
575007	Victoria Humphreys	East Cornwall Harriers			193												193	1	Female 35-39
785995	Hayley Christopher	St Austell Athletes Running Club				192											192	1	Female 35-39
942270	Stephanie Netherton	St Austell Athletes Running Club				191											191	1	Female 35-39
353859	Claire Johnson	St Austell Running Club		191													191	1	Female 35-39
744941	Jamie Gore	Hayle Runners	191														191	1	Female 35-39
866400	Chloe Thorne	Truro Running Club			190												190	1	Female 35-39
795598	Greta Viertel	St Austell Athletes Running Club	188														188	1	Female 35-39
823678	Jessica Gallienne	Newquay Road Runners		187													187	1	Female 35-39
756886	Fiona Gamble	Hayle Runners	195	195	198	197	200										985	5	Female 40-44
830779	Emma Shaw	Bodmin Running Club	190	192	197	194	197										970	5	Female 40-44
956019	Clare Dale	St Austell Running Club	189	190	196	193	198										966	5	Female 40-44
501279	Sue Pendleton	Tamar Trotters	181	177	190	189	194										931	5	Female 40-44
726522	Natalie Jewell	Falmouth Running Club	177	175	187	186	191										916	5	Female 40-44
652288	Jennifer Burden	St Austell Running Club	171	169	184	183	188										895	5	Female 40-44
859634	Nicole Di Maio	Cornwall AC	169	172	183	182	189										895	5	Female 40-44
820604	Natalie Dunn	Truro Running Club	193	193		196	199										781	4	Female 40-44
501802	Karina Bowers	St Austell Running Club	187		195	190	196										768	4	Female 40-44
893368	Rebecca Martin	Carn Runners		181	192	188	190										751	4	Female 40-44
730447	Gemma Wotherspoon	Bodmin Running Club	172	170	185	181											708	4	Female 40-44
751164	Kelly Lewis	Truro Running Club	170	167	182		187										706	4	Female 40-44
232395	Sarah Hoskin	Mile High	200	200		200											600	3	Female 40-44
865341	Jenna Bissell	Truro Running Club	196	194		198											588	3	Female 40-44
815869	Laura Haghani	Hayle Runners	186	191			195										572	3	Female 40-44
553368	Joanna Marcinekova	Cornwall AC	188	189	189												566	3	Female 40-44
941052	Arlene Powell	Tamar Trotters	180	183	191												554	3	Female 40-44
965115	Holly Hewett	Hayle Runners		168		180	186										534	3	Female 40-44
417187	Ruby Orchard	Cornwall AC	199	199													398	2	Female 40-44
746124	Kirsty Medlock	Hayle Runners	198	197													395	2	Female 40-44
745497	Stella Gardener	Newquay Road Runners	191			195											386	2	Female 40-44
468574	Zoe Renowden	Hayle Runners	185		194												379	2	Female 40-44
964190	Claire Baker-Martin	Hayle Runners	182				192										374	2	Female 40-44
775234	Rachel Stephens	Tri Logic Cornwall	174		199												373	2	Female 40-44
728928	Jade Biggs	Cornwall AC	183	188													371	2	Female 40-44
748143	Hannah Fox	Truro Running Club	184	187													371	2	Female 40-44
292734	Jennifer Forbes	Hayle Runners	176			185											361	2	Female 40-44
944221	Karla Aram	East Cornwall Harriers	173		186												359	2	Female 40-44
820898	Shelley Kirk	Tamar Trotters		166			185										351	2	Female 40-44
973494	Susie Hooke	East Cornwall Harriers			200												200	1	Female 40-44
610044	Eve Hearle	Newquay Road Runners				199											199	1	Female 40-44
785080	Sally Turner	Cornwall AC		198													198	1	Female 40-44
800391	Lucy Paull	Hayle Runners	197														197	1	Female 40-44
689343	Hannah Matthews	East Cornwall Harriers		196													196	1	Female 40-44
810245	Kate Murphy	St Austell Athletes Running Club	194														194	1	Female 40-44
935415	Melinda Bagley	Falmouth Running Club					193										193	1	Female 40-44
840206	Lynzi Hanscomb	Bodmin Running Club			193												193	1	Female 40-44
944490	Katharine Walker	Falmouth Running Club				192											192	1	Female 40-44
745244	Jenny Cartwright	Looe Pioneers Running Club	192														192	1	Female 40-44
828016	Jana Ensell	Hayle Runners				191											191	1	Female 40-44
823751	Claire Manton	Looe Pioneers Running Club			188												188	1	Female 40-44
332023	Lynsey Searle	Carn Runners				187											187	1	Female 40-44
993720	Rachel Murt	Newquay Road Runners		186													186	1	Female 40-44
714531	Anne-Marie Moore	Truro Running Club		185													185	1	Female 40-44
865503	Diana Cordingley-Clark	St Austell Athletes Running Club				184											184	1	Female 40-44
969259	Kate Burd	Perran Trail Runners		184													184	1	Female 40-44
785099	Helen Stevenson	Bodmin Running Club		182													182	1	Female 40-44
981920	Hayley Thomson	Looe Pioneers Running Club		180													180	1	Female 40-44
890450	Stacey Carder	Tri Logic Cornwall		179													179	1	Female 40-44
759322	Donna Fisher	Newquay Road Runners	179														179	1	Female 40-44
754984	Rebecca O'Doherty	St Austell Athletes Running Club		178													178	1	Female 40-44
747894	Claire Stone	Hayle Runners	178														178	1	Female 40-44
747651	Isobel Hamilton	East Cornwall Harriers		176													176	1	Female 40-44
501151	Harriet Oates	Carn Runners	175														175	1	Female 40-44
991667	Emma Martin	Bodmin Womens Running Club		174													174	1	Female 40-44
677958	Hannah Mogford	Bodmin Dragons Triathlon Club		173													173	1	Female 40-44
751063	Lizzie Hasell	Truro Running Club		171													171	1	Female 40-44
952003	Morwenna Sayers	East Cornwall Harriers	168														168	1	Female 40-44
910850	Sara Treeby	Looe Pioneers Running Club		165													165	1	Female 40-44
555073	Claire Barlow	Bodmin Running Club	179	175	192	192	188										926	5	Female 45-49
704272	Nat Dowling	St Austell Running Club	198	198	200	199											795	4	Female 45-49
726521	Nicola Crilly	Falmouth Running Club	182	181	193	191											747	4	Female 45-49
441674	Rosie Gibbons	Cornwall AC	200	200			200										600	3	Female 45-49
746257	Julia Pearce	Cornwall AC	194			199	195										588	3	Female 45-49
716839	Hannah Fox	Mile High	195	196			196										587	3	Female 45-49
264194	Alison Caldwell	Tamar Trotters	192	193			194										579	3	Female 45-49
671484	Sallie Brennan	Tamar Trotters	191	189	198												578	3	Female 45-49
481115	Helen Cuthbert	Hayle Runners	184	186			191										561	3	Female 45-49
686166	Lucy Oldham	East Cornwall Harriers	186	184			190										560	3	Female 45-49
418273	Becky Wise	Launceston Road Runners	183	182	194												559	3	Female 45-49
367503	Joanne Robinson	Looe Pioneers Running Club	199	199													398	2	Female 45-49
995101	Gemma Martin	St Austell Running Club	197				198										395	2	Female 45-49
729035	Emma Fox	Newquay Road Runners		195	199												394	2	Female 45-49

GP 2025 after Race 5 An Res Hellys - Female Age Category Table

Race points can't be questioned / changed more then 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.

Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Loe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
509954	Annie Bover	Bude Rats (Run and Tri)			196	197											393	2	Female 45-49
717181	Lee Strickland	Hayle Runners	196	197													393	2	Female 45-49
746506	Mary Rossetti	Truro Running Club				198	193										391	2	Female 45-49
728766	Alison Roose	Newquay Road Runners	190				197										387	2	Female 45-49
363491	Emma Langstaff	Looe Pioneers Running Club	193	194													387	2	Female 45-49
197268	Georgina Symons	St Austell Athletes Running Club	189				192										381	2	Female 45-49
922988	Maria Moynan	East Cornwall Harriers	180		195												375	2	Female 45-49
424610	Marie Green	Falmouth Running Club		179			189										368	2	Female 45-49
899551	Emma Lewis	East Cornwall Harriers	177		191												368	2	Female 45-49
453765	Helen Richards	Hayle Runners	176		190												366	2	Female 45-49
584880	Emma Johns	Hayle Runners	174				186										360	2	Female 45-49
933416	Anne Cobell	Hayle Runners		168		190											358	2	Female 45-49
690547	Emma Lawry	St Austell Running Club	181	176													357	2	Female 45-49
571948	Kate Callaghan	Truro Running Club	175	178													353	2	Female 45-49
948193	Suzie Smith	Hayle Runners	172	171													343	2	Female 45-49
578573	Katy Jenkins	Truro Running Club				200											200	1	Female 45-49
183165	Claire Longman	Truro Running Club			197												197	1	Female 45-49
795451	Hannah Thomas	Truro Running Club				196											196	1	Female 45-49
718298	Amanda Berridge	Truro Running Club				195											195	1	Female 45-49
206040	Charlotte Trethewey	St Austell Running Club				194											194	1	Female 45-49
741331	Kate Stevens	St Austell Running Club				193											193	1	Female 45-49
353916	Hayley Stacey	East Cornwall Harriers		192													192	1	Female 45-49
933936	Sammy Stringer	Newquay Road Runners		191													191	1	Female 45-49
425127	Nikki Williams	Looe Pioneers Running Club		190													190	1	Female 45-49
996220	Jo Cameron	Truro Running Club		188													188	1	Female 45-49
342972	Tracy Mckenzie	Newquay Road Runners	188														188	1	Female 45-49
510543	Amelia Kitchen	Hayle Runners					187										187	1	Female 45-49
559445	Amy Lycett	Newquay Road Runners		187													187	1	Female 45-49
750145	Helen Cowling	Newquay Road Runners	187														187	1	Female 45-49
751148	Natalie Bell	Looe Pioneers Running Club		185													185	1	Female 45-49
584634	Lisa Cassidy	Bodmin Womens Running Club	185														185	1	Female 45-49
435525	Julie Rundle	Bodmin Running Club		183													183	1	Female 45-49
867593	Fleur Johnson	Newquay Road Runners		180													180	1	Female 45-49
780386	Teresa Moore	Hayle Runners	178														178	1	Female 45-49
414017	Miranda Honey	Bodmin Running Club		177													177	1	Female 45-49
950176	Karen Littler	St Austell Running Club		174													174	1	Female 45-49
993398	Charlotte Bunt	East Cornwall Harriers		173													173	1	Female 45-49
895233	Zoe Webb	Carn Runners	173														173	1	Female 45-49
398001	Mollie Evans	Carn Runners		172													172	1	Female 45-49
995109	Linzi Kitchin	Truro Running Club		170													170	1	Female 45-49
408199	Kathryn Thomas	Cornwall AC		169													169	1	Female 45-49
240101	Debbie Marshall	St Austell Running Club	188	186	197	193	190										954	5	Female 50-54
747856	Amanda Hewitt	Cornwall AC	200	199		200	199										798	4	Female 50-54
393536	Corinne Gerrard	Hayle Runners	198	195	199	198											790	4	Female 50-54
690298	Vicky Oakes	St Austell Running Club	191	189	198		196										774	4	Female 50-54
746811	Anita Hudson	St Austell Running Club	190	187	195		194										766	4	Female 50-54
422172	Cat Wallman	Falmouth Running Club		185	194	192	191										762	4	Female 50-54
502174	Melanie Nile	St Austell Running Club	187	176	196		192										751	4	Female 50-54
910996	Samantha Rendell	Falmouth Running Club		177	189	191	188										745	4	Female 50-54
949649	Alison Day	St Austell Running Club	179	171		189	187										726	4	Female 50-54
716934	Beth Popperwell	Mile High	199	198			197										594	3	Female 50-54
742959	Tanya Coleman	Truro Running Club	197	196			198										591	3	Female 50-54
583630	Sarah Allen	Hayle Runners	192			194	195										581	3	Female 50-54
431617	Samantha Ewart	St Austell Running Club	180	175		188											543	3	Female 50-54
416165	Sarah Steed	East Cornwall Harriers	178	167	193												538	3	Female 50-54
577907	Ruth Simmons	St Austell Running Club	175	169			186										530	3	Female 50-54
746920	Natasha Stevens	Bodmin Running Club	196			197											393	2	Female 50-54
166973	Meeta Nicholls	East Cornwall Harriers		190	200												390	2	Female 50-54
204826	Catheryn Camborieux	Truro Running Club	194			196											390	2	Female 50-54
512377	Alison Catnach	Looe Pioneers Running Club	195	193													388	2	Female 50-54
761151	Vicky Cloete	Carn Runners			191		189										380	2	Female 50-54
858364	Kathryn Berry	Falmouth Running Club			190	190											380	2	Female 50-54
909503	Dellen Carroll	Newquay Road Runners	185	184													369	2	Female 50-54
936393	Wendy Stuart	St Austell Running Club	184	181													365	2	Female 50-54
553271	Sally Martin	Falmouth Running Club	181	183													364	2	Female 50-54
595738	Nicola Rudgley	East Cornwall Harriers	173				185										358	2	Female 50-54
581664	Catherine Sims	Tamar Trotters	183	174													357	2	Female 50-54
949044	Eva Tandy	Tamar Trotters		162			184										346	2	Female 50-54
982279	Jiane Whiteley	St Austell Running Club	174	170													344	2	Female 50-54
434324	Jacqui Martin	St Austell Running Club	176	165													341	2	Female 50-54
875760	Samantha Collier	Hayle Runners	172	164													336	2	Female 50-54
814616	Anne Matthews	Perran Trail Runners					200										200	1	Female 50-54
224653	Emma Mossop	Cornwall AC		200													200	1	Female 50-54
407003	Monique Jeffrey-Jones	Bodmin Running Club				199											199	1	Female 50-54
793774	Hayley Marriott	East Cornwall Harriers		197													197	1	Female 50-54
836001	Tracy Gibson	Truro Running Club				195											195	1	Female 50-54
818506	Jenny Pitt	Tamar Trotters		194													194	1	Female 50-54
826484	Claire Norris	Falmouth Running Club				193											193	1	Female 50-54
745643	Claire Mildenhall	Newquay Road Runners	193														193	1	Female 50-54
1005866	Emma Harris	Tamar Trotters			192												192	1	Female 50-54
774879	Emma Cases	Newquay Road Runners		192													192	1	Female 50-54
915710	Suzannah Kelly	Newquay Road Runners		191													191	1	Female 50-54
522251	Lorraine Brown	Truro Running Club		189													189	1	Female 50-54
990811	Emma Mahon	Newquay Road Runners		188													188	1	Female 50-54
219370	Joanne Tapsell	Bodmin Womens Running Club	186														186	1	Female 50-54

GP 2025 after Race 5 An Res Hellys - Female Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
414974	Samantha Jayne	Newquay Road Runners		182													182	1	Female 50-54
980252	Sue Floyd-Norris	St Austell Running Club	182														182	1	Female 50-54
726279	Dawn Scallan	Carn Runners		180													180	1	Female 50-54
755457	Donna Brooks	Carn Runners		179													179	1	Female 50-54
336814	Rachael Church	Perran Trail Runners		178													178	1	Female 50-54
988234	Charlie Thomas	Truro Running Club	177														177	1	Female 50-54
571104	Natasha Gutridge	Newquay Road Runners		173													173	1	Female 50-54
416717	Helen Lawes	Looe Pioneers Running Club		172													172	1	Female 50-54
779329	Charlotte Richards	Tri Logic Cornwall	171														171	1	Female 50-54
888810	Sam Robinson	Hayle Runners	170														170	1	Female 50-54
579805	Sarah Booker	Falmouth Running Club		168													168	1	Female 50-54
982351	Jenny Crowe	St Austell Running Club		166													166	1	Female 50-54
998687	Susan Durrant	Hayle Runners		163													163	1	Female 50-54
981417	Vanessa Webb	St Austell Running Club		161													161	1	Female 50-54
724660	Gillian Onley	Cornwall AC	189	187	191	193	190										950	5	Female 55-59
878218	Loraine Hoar	St Austell Running Club	183	185	189	192	186										935	5	Female 55-59
929887	Sara Chapman	Newquay Road Runners	179	184	188	188	185										924	5	Female 55-59
504813	Julie Bolitho	Falmouth Running Club	174	175	187	187	181										904	5	Female 55-59
424921	Gail Aspden	Truro Running Club	199	199	200	200											798	4	Female 55-59
557271	Helen Mitchell	Truro Running Club	194		199	198	199										790	4	Female 55-59
730156	Judith Mooney	Cornwall AC	196	198	198	197											789	4	Female 55-59
869676	Melanie Maskell	St Austell Athletes Running Club	191	192	194	195											772	4	Female 55-59
764821	Karen Parker	Falmouth Running Club	186	188		194	193										761	4	Female 55-59
516080	Julie Gregory	Looe Pioneers Running Club	180	183	190	189											742	4	Female 55-59
953395	Sue Nancarrow	Truro Running Club	198		199	200											597	3	Female 55-59
579695	Nicky Brenton	Bodmin Running Club		197	195	196											588	3	Female 55-59
748265	Mel Burgess	Hayle Runners	192	194			197										583	3	Female 55-59
964308	Bridget Lewis	Hayle Runners	193	193			196										582	3	Female 55-59
747899	Karen Sims	East Cornwall Harriers	187	189			188										564	3	Female 55-59
903816	Julie Frost	Hayle Runners	176	177			183										536	3	Female 55-59
976785	Vicky Chenoweth	St Austell Running Club	175	176			182										533	3	Female 55-59
396166	Zelah Morrall	Cornwall AC	200	200													400	2	Female 55-59
209983	Trish Merrett	Hayle Runners	195	196													391	2	Female 55-59
276349	Louise Ollivier	Hayle Runners		195			195										390	2	Female 55-59
728417	Gail Cory	East Cornwall Harriers	184		197												381	2	Female 55-59
464872	Jean Cutlan	St Austell Athletes Running Club	190	190													380	2	Female 55-59
206713	Denise Facey	Falmouth Running Club	188				189										377	2	Female 55-59
725954	Sally Fletcher	St Austell Running Club		186			190										376	2	Female 55-59
343079	Deborah Hocking	Carn Runners	185				191										376	2	Female 55-59
744972	Judy Gluyas	East Cornwall Harriers	182		192												374	2	Female 55-59
660236	Helen Cattran	Hayle Runners	178				187										365	2	Female 55-59
245179	Debra Gibbs	St Austell Running Club	181	180													361	2	Female 55-59
637512	Fiona Stallard	Truro Running Club		178			180										358	2	Female 55-59
691229	Rebecca Shore	St Austell Running Club	177	181													358	2	Female 55-59
748767	Debbie Harrison-Webb	Hayle Runners					198										198	1	Female 55-59
746924	Mandy Watts	Newquay Road Runners	197														197	1	Female 55-59
359100	Judith Wilkes	Falmouth Running Club			196												196	1	Female 55-59
484969	Jane Stephens	Bodmin Running Club					194										194	1	Female 55-59
872847	Julia Evans	East Cornwall Harriers		193													193	1	Female 55-59
210570	Lisa Talling	Newquay Road Runners					192										192	1	Female 55-59
454043	Juliet Stewart	Truro Running Club					191										191	1	Female 55-59
983188	Alison Henwood	Newquay Road Runners		191													191	1	Female 55-59
420986	Nicky Sowerby	Truro Running Club					184										184	1	Female 55-59
975475	Sara Bentley	Newquay Road Runners		182													182	1	Female 55-59
748952	Michaela Thomas-Horton	St Austell Running Club		179													179	1	Female 55-59
376613	Sandra Lidiard	Bodmin Womens Running Club		174													174	1	Female 55-59
981802	Amanda Susini	Hayle Runners		173													173	1	Female 55-59
158743	Jane Stedman	Bodmin Running Club	195	197	196	199	192										979	5	Female 60-64
315324	Janet Ritchie	Carn Runners	192	195	194	194	196										971	5	Female 60-64
386188	Revis Crowle	East Cornwall Harriers	199	200	200	200											799	4	Female 60-64
293511	Julie Towers	Hayle Runners	200		199	200	199										798	4	Female 60-64
273360	Sarah Myford	Bodmin Running Club	198	199			198										595	3	Female 60-64
567775	Lisa Player	Newquay Road Runners			195	198	195										588	3	Female 60-64
742330	Jackie Chapman	Launceston Road Runners		193	193	195											581	3	Female 60-64
745490	Dawn Diprose	East Cornwall Harriers	188	196	197												581	3	Female 60-64
827410	Christine Boon	Truro Running Club	190	194		196											580	3	Female 60-64
746777	Ann Bradley	St Austell Running Club	187	189			191										567	3	Female 60-64
580949	Jackie Stone	Hayle Runners	183	188			190										561	3	Female 60-64
745827	Helen Squire	Hayle Runners	185	186			188										559	3	Female 60-64
864147	Jenny Bowden	Newquay Road Runners	182	184			187										553	3	Female 60-64
368022	Liz Trebilcock	Truro Running Club	197	198													395	2	Female 60-64
893822	Cathy Wallwork	Falmouth Running Club	196				197										393	2	Female 60-64
470943	Ruth Holding	Mile High	189				197										386	2	Female 60-64
617887	Jane Lockyer	East Cornwall Harriers			198												198	1	Female 60-64
359250	Rachel Thomson	Hayle Runners					194										194	1	Female 60-64
451019	Sarah Wilkinson	Newquay Road Runners	194														194	1	Female 60-64
1011959	Tandy Edwards	Falmouth Running Club					193										193	1	Female 60-64
197384	Hilary Kennedy	Truro Running Club				193											193	1	Female 60-64
727278	Helen Casey	Hayle Runners	193														193	1	Female 60-64
839617	Carol Beaver	Looe Pioneers Running Club		192													192	1	Female 60-64
211017	Cathy Willows	East Cornwall Harriers		191													191	1	Female 60-64
759165	Margaret Clark	Hayle Runners	191														191	1	Female 60-64
417942	Alison Cox	Bodmin Womens Running Club		190													190	1	Female 60-64
359238	Lesley Taphouse	Bodmin Running Club					189										189	1	Female 60-64

GP 2025 after Race 5 An Res Hellys - Female Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.

If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.

Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
662696	Lorraine Wherry	St Austell Running Club		187													187	1	Female 60-64
315414	Linda Pickard	Launceston Road Runners	186														186	1	Female 60-64
538687	Nicola Slateford	St Austell Running Club		185													185	1	Female 60-64
650028	Jane Naylor	Hayle Runners	184														184	1	Female 60-64
431621	Christine Todd	St Austell Running Club		183													183	1	Female 60-64
980331	Yvonne Watkins	Hayle Runners	181														181	1	Female 60-64
712700	Aileen Barwell	Falmouth Running Club	199	196	199	200	200										994	5	Female 65-69
747235	Theresa Williams	St Austell Running Club	198	198	197		198										791	4	Female 65-69
555265	Jacque Rapiere	Falmouth Running Club	197	197	198		199										791	4	Female 65-69
396493	Christina Lake	Falmouth Running Club	195	194	196		197										782	4	Female 65-69
818362	Jeanette Duncan	Newquay Road Runners		200	200												400	2	Female 65-69
747902	Linda Godfrey	Bodmin Womens Running Club	196	195													391	2	Female 65-69
368360	Jackie Cope	Falmouth Running Club	200														200	1	Female 65-69
638185	Janet Lathom	Launceston Road Runners		199													199	1	Female 65-69
683153	Paula Richardson	East Cornwall Harriers	194														194	1	Female 65-69
986206	Pauline Dennis	Bodmin Womens Running Club		193													193	1	Female 65-69
939349	Sally Powell	Carn Runners		192													192	1	Female 65-69
212431	Diane Warren	Hayle Runners	200	200	199	199											798	4	Female 70-74
682696	Janet Wills	St Austell Running Club	197	195		198											590	3	Female 70-74
610805	Andrea Simmons	Hayle Runners			200	200											400	2	Female 70-74
764246	Karen Lovegrove	Hayle Runners	199	199													398	2	Female 70-74
621971	Olivia Loewendahl	Bodmin Running Club	198	196													394	2	Female 70-74
111146	Janet Watson	Carn Runners			198												198	1	Female 70-74
757149	Margaret Ann Kinahan	East Cornwall Harriers		198													198	1	Female 70-74
559425	Lynn Harvey	Newquay Road Runners		197													197	1	Female 70-74
690858	Kathy Saunders	Looe Pioneers Running Club		194													194	1	Female 70-74
745096	Jacqueline Jenkin	Cornwall AC	200	200			200										600	3	Female 75-79

GP 2025 after Race 5 An Res Hellys - Male Age Category Table

**Race points can't be questioned / changed more then 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.**

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
804303	Paul Trifanov	Newquay Road Runners	192	189	200	197	199										977	5	Male Under 35
731424	Bradley Parsons	St Austell Running Club	189	182	199	196	193										959	5	Male Under 35
384549	Kieran Murrant	Hayle Runners	188	180	196	193	194										951	5	Male Under 35
961596	Marc Metherell	Truro Running Club	169	171	190	182	191										903	5	Male Under 35
981040	Ashley Smith	St Austell Running Club	166	165	189	177	186										883	5	Male Under 35
618035	Christopher Nottle	St Austell Running Club	168	167	188	175	184										882	5	Male Under 35
972599	Joel Mitchell	East Cornwall Harriers	164	166	186	172	183										871	5	Male Under 35
983659	Josh Frame	East Cornwall Harriers	162	158	179	168	180										847	5	Male Under 35
951077	Jordan Cocks	St Austell Running Club	160	155	177	167	177										836	5	Male Under 35
727361	Liam Gallantry	East Cornwall Harriers	184	179	198		195										756	4	Male Under 35
774353	Pete Waddington	St Austell Running Club	176		193	184	189										742	4	Male Under 35
893002	Todd Reynolds	Hayle Runners	178	169		186	185										718	4	Male Under 35
717127	Tom Morton	Newquay & Par AC	199	200			192										591	3	Male Under 35
424338	Jordan Morant	Hayle Runners	195	192			200										587	3	Male Under 35
813001	Ben Kent	Cornwall AC	190	188	197												575	3	Male Under 35
845436	Stan Cameron	Truro Running Club	185	190			198										573	3	Male Under 35
837621	George White	Looe Pioneers Running Club	180	175	192												547	3	Male Under 35
991713	Alex Brooks	Hayle Runners	172			181	187										540	3	Male Under 35
835583	Nicholas Peters	Hayle Runners	165		185	173											523	3	Male Under 35
495184	Bruce Carey	Newquay Road Runners	163		181	171											515	3	Male Under 35
986173	Ben Stone	Newquay Road Runners	167	164	182												513	3	Male Under 35
910096	Mark Borman	St Austell Running Club	159	154			176										489	3	Male Under 35
712134	Blake Williams	Newquay & Par AC	198	199													397	2	Male Under 35
754894	Callum Pinch	Truro Running Club	191			199											390	2	Male Under 35
728754	Jamie Edwards	Newquay Road Runners	194	195													389	2	Male Under 35
908443	Max Whitfield	Cornwall AC	193	194													387	2	Male Under 35
812393	Henry Kennaway	Truro Running Club		187			196										383	2	Male Under 35
613712	Dominic Turton	Hayle Runners			191		188										379	2	Male Under 35
805381	Noah Bohge	Truro Running Club		183		192											375	2	Male Under 35
819884	Harry Lobban	Falmouth Running Club	187	184													371	2	Male Under 35
975629	Alex Armer-Smith	East Cornwall Harriers	175		194												369	2	Male Under 35
823339	Daniel Padfield	Falmouth Running Club	186	181													367	2	Male Under 35
740858	Jonny Unwin	Cornwall AC	182	176													358	2	Male Under 35
893963	Max Davies	Hayle Runners	181	177													358	2	Male Under 35
996889	Alex Stevens	Hayle Runners			178		178										356	2	Male Under 35
728052	Ryan Marks	St Austell Running Club	183	173													356	2	Male Under 35
831052	Sam Naisby	Falmouth Running Club	170			180											350	2	Male Under 35
988116	Luke Hayward	Perran Trail Runners	171			178											349	2	Male Under 35
899326	Paul Bolingbroke	East Cornwall Harriers		163	184												347	2	Male Under 35
907790	Prentice England	St Austell Running Club		161	183												344	2	Male Under 35
983348	Tim Parker	Falmouth Running Club		156			179										335	2	Male Under 35
409815	Tom Howard	St Austell Athletes Running Club		160		170											330	2	Male Under 35
884764	Ed Dickinson	Falmouth Running Club				200											200	1	Male Under 35
728633	Sam Goodchild	Cornwall AC	200														200	1	Male Under 35
954070	Daniel Millington	Hayle Runners				198											198	1	Male Under 35
868914	Freddie Fielding	Cornwall AC		198													198	1	Male Under 35
1008012	Luke Pike	Cornwall AC				197											197	1	Male Under 35
913572	Lester James	Cornwall AC		197													197	1	Male Under 35
954253	Sam Farmer	Hayle Runners	197														197	1	Male Under 35
880831	Kenny Gibson	Cornwall AC		196													196	1	Male Under 35
875047	Brian Glynn	Cornwall AC	196														196	1	Male Under 35
755261	Peter Watson	Falmouth Running Club				195											195	1	Male Under 35
794380	Robert Warner	Tamar Trotters			195												195	1	Male Under 35
818594	Joshua Barnett	Cornwall AC				194											194	1	Male Under 35
415199	Richard Ezra-Ham	Tamar Trotters		193													193	1	Male Under 35
836271	George Tanner	Cornwall AC				191											191	1	Male Under 35
997716	Benjamin Marriott	Newquay & Par AC		191													191	1	Male Under 35
863736	Ashley Williams	Hayle Runners					190										190	1	Male Under 35
1008014	Daryl Johns	St Austell Running Club				190											190	1	Male Under 35
914305	Joshua Davison	Cornwall AC				189											189	1	Male Under 35
826353	Giles Howe	Cornwall AC				188											188	1	Male Under 35
914252	Ollie Carroll	Cornwall AC				187											187	1	Male Under 35
808380	Lucas de Carvalho	Falmouth Running Club			187												187	1	Male Under 35
616146	Jacob Gardner	Hayle Runners		186													186	1	Male Under 35
984123	Peter Rowe	Cornwall AC				185											185	1	Male Under 35
538238	Jake Timms	Falmouth Running Club		185													185	1	Male Under 35
957348	Aidan Tucker	Hayle Runners				183											183	1	Male Under 35
876185	Aaron Moyle	St Austell Running Club					182										182	1	Male Under 35
1013263	Jack Looker	Truro Running Club					181										181	1	Male Under 35
984276	Tom King	East Cornwall Harriers			180												180	1	Male Under 35
831996	Kristan Martin	Falmouth Running Club				179											179	1	Male Under 35
963876	Stanley Marsden	Hayle Runners	179														179	1	Male Under 35
855938	Joshua Mills	Cornwall AC		178													178	1	Male Under 35
761931	Peter Rackstraw	Falmouth Running Club	177														177	1	Male Under 35
900203	Cameron Pearce	Cornwall AC				176											176	1	Male Under 35
881350	Dan Walls	Carn Runners				174											174	1	Male Under 35
928392	Matt Harrison	Newquay Road Runners		174													174	1	Male Under 35
916129	Karl Tomusk	Truro Running Club	174														174	1	Male Under 35
996267	Phone Naing	Tri Logic Cornwall	173														173	1	Male Under 35
919069	Benjamin Temme	Newquay & Par AC		172													172	1	Male Under 35
477346	Daniel Cox	Bodmin Running Club		170													170	1	Male Under 35
795836	David Banks	St Austell Athletes Running Club				169											169	1	Male Under 35
747888	Andrew Geach	St Austell Athletes Running Club		168													168	1	Male Under 35
930476	James Davison	Bodmin Running Club		162													162	1	Male Under 35
718771	Ben Dutton	St Austell Athletes Running Club	161														161	1	Male Under 35
795877	Frankie Heaton-Pike	Cornwall AC		159													159	1	Male Under 35

GP 2025 after Race 5 An Res Hellys - Male Age Category Table

Race points can't be questioned / changed more then 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
964640	Jaxx Bartle	Cornwall AC		157													157	1	Male Under 35
724134	Steve Reynolds	Truro Running Club	200	200	200	200	200										1000	5	Male 35-39
688769	Liam O'Neill	Hayle Runners	198	197	198	198	197										988	5	Male 35-39
934645	Luke Wood	St Austell Running Club	190	192	191	192	195										960	5	Male 35-39
980453	Nicholas Wherry	St Austell Running Club	185	190	192		196										763	4	Male 35-39
885592	Andrew Wroe	Falmouth Running Club	181	186		188	192										747	4	Male 35-39
750429	James Cutlan	Cornwall AC	199	199			199										597	3	Male 35-39
726219	Matt Fox	Falmouth Running Club		196	195	197											588	3	Male 35-39
551279	Daniel Case	Tamar Trotters	195	194	194												583	3	Male 35-39
845707	Charles Curtis	Cornwall AC	187	189		193											569	3	Male 35-39
877418	Damen Powell	St Austell Running Club	183		190	190											563	3	Male 35-39
802401	Matt Pickard	Launceston Road Runners	178		184		193										555	3	Male 35-39
902438	Tony Hicks	East Cornwall Harriers	177	185	183												545	3	Male 35-39
728471	David Crawford	Newquay & Par AC		198			198										396	2	Male 35-39
906767	Ben Pearce	Truro Running Club	197	195													392	2	Male 35-39
882222	Matthew Row	St Austell Running Club	194			195											389	2	Male 35-39
818801	James Toseland	Truro Running Club		191		196											387	2	Male 35-39
763759	Adam Carlyon	Truro Running Club	193		193												386	2	Male 35-39
865336	Ben Johns	Truro Running Club	189			194											383	2	Male 35-39
310022	Craig Varcoe	St Austell Running Club	191			191											382	2	Male 35-39
282344	Mike Gilbert	Launceston Road Runners			187		194										381	2	Male 35-39
719222	James Stephens	St Austell Running Club	188		188												376	2	Male 35-39
901725	Eddie Thomson	Launceston Road Runners	186	188													374	2	Male 35-39
826294	Josh Turner	East Cornwall Harriers			185	187											372	2	Male 35-39
449918	Andrew Blizzard	Truro Running Club	182			189											371	2	Male 35-39
965473	James Milliner-Woodcock	Carn Runners	184	187													371	2	Male 35-39
661724	Daniel Varcoe	St Austell Running Club	176	184													360	2	Male 35-39
756042	Ross Rielly	Tri Logic Cornwall				199											199	1	Male 35-39
760870	Luke Attwood	Tamar Trotters			199												199	1	Male 35-39
652614	James Roper	St Austell Running Club			197												197	1	Male 35-39
832539	Jamie Daniell	St Austell Running Club			196												196	1	Male 35-39
368371	Chris Annear	Truro Running Club	196														196	1	Male 35-39
818083	Lee Pollard	Tamar Trotters		193													193	1	Male 35-39
369135	Dan Cocks	St Austell Athletes Running Club	192														192	1	Male 35-39
423928	Jared Sanderson	Hayle Runners					191										191	1	Male 35-39
653601	Matt Harries	Tamar Trotters			189												189	1	Male 35-39
354092	Jake Moore	St Austell Running Club			186												186	1	Male 35-39
988679	Marcus George	Newquay Road Runners	180														180	1	Male 35-39
872822	Santino Mangion	Hayle Runners	179														179	1	Male 35-39
656473	Neil Hayhurst	Hayle Runners	196	195	199	198	200										988	5	Male 40-44
909446	Darren Uren	Hayle Runners	183	184	193	186	192										938	5	Male 40-44
830240	Nick Pebody	Newquay Road Runners	184	185	192	185	190										936	5	Male 40-44
741008	James Danks	Falmouth Running Club	178	177	189	181	185										910	5	Male 40-44
803476	Matthew Dyson	Newquay & Par AC	194	193		195	197										779	4	Male 40-44
209201	Richard Martin	St Austell Running Club	193	189	198	196											776	4	Male 40-44
454324	David Guffick	Hayle Runners	189	188		193	196										766	4	Male 40-44
688699	Pete Walker	Truro Running Club		183	194	188	193										758	4	Male 40-44
952696	Steven Hagan	Hayle Runners	199	199		200											598	3	Male 40-44
358924	Mark Deacon	Looe Pioneers Running Club	195	194	200												589	3	Male 40-44
161666	John Sole	Cornwall AC	188		195	191											574	3	Male 40-44
864061	Garry Watkins	Perran Trail Runners	187	187		189											563	3	Male 40-44
883250	Andrew Searle	Hayle Runners		181	191	187											559	3	Male 40-44
751149	Simon Lee	Tamar Trotters		179	190		189										558	3	Male 40-44
941578	Matthew Murt	Newquay Road Runners	200	200													400	2	Male 40-44
810789	Andrew Paroissien	Hayle Runners	198			199											397	2	Male 40-44
393129	Aaron Benney	Mile High				197	199										396	2	Male 40-44
283236	Dave Angell	Mile High	197	198													395	2	Male 40-44
813088	Tim Hicks	Truro Running Club			196		198										394	2	Male 40-44
880250	Thomas Bateman	Falmouth Running Club	190			194											384	2	Male 40-44
872029	Bradley Medlock	Hayle Runners	192	192													384	2	Male 40-44
726626	Neil Carter	Newquay Road Runners	191	191													382	2	Male 40-44
311839	James Skeplorn	Truro Running Club		186		190											376	2	Male 40-44
918443	Jesse Cox	Truro Running Club				183	187										370	2	Male 40-44
864950	Dale Betts	St Austell Athletes Running Club	181	180													361	2	Male 40-44
652064	Gregg Norton	St Austell Running Club	180	178													358	2	Male 40-44
993992	Derek Walker	St Austell Running Club	176	173													349	2	Male 40-44
507440	Shaun Mellow	St Austell Athletes Running Club			197												197	1	Male 40-44
200128	Jamie Masters	St Austell Running Club		197													197	1	Male 40-44
569142	Josh Karpinski	Newquay Road Runners		196													196	1	Male 40-44
748063	Graham Ditty	Mile High					195										195	1	Male 40-44
727779	Simon Ainsley	Perran Trail Runners					194										194	1	Male 40-44
721350	Neil Penny-Harding	Cornwall AC				192											192	1	Male 40-44
890798	Jack Tempest-Keeping	Cornwall AC					191										191	1	Male 40-44
476033	Ian Wright	Truro Running Club		190													190	1	Male 40-44
657568	Andrew James	Hayle Runners					188										188	1	Male 40-44
811886	Tom Carter	St Austell Athletes Running Club					186										186	1	Male 40-44
759505	Frazer Humbles	Hayle Runners	186														186	1	Male 40-44
283717	Lee Burford	Hayle Runners	185														185	1	Male 40-44
842100	Gareth Netherton	St Austell Athletes Running Club				184											184	1	Male 40-44
964549	Ben Proctor	Truro Running Club				182											182	1	Male 40-44
198135	Thomas Moore	Truro Running Club		182													182	1	Male 40-44
558401	Jon Fletcher	St Austell Running Club																	

GP 2025 after Race 5 An Res Hellys - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
453250	Neill Furlonger	Newquay Road Runners		176													176	1	Male 40-44
779680	Lewis Edwards	Cornwall AC		175													175	1	Male 40-44
564846	Adam Walters	Newquay Road Runners		174													174	1	Male 40-44
501552	Alex Marples	Truro Running Club	199	197	200	199	200										995	5	Male 45-49
873147	Nathan Cudmore	Hayle Runners	185	187	195	194	193										954	5	Male 45-49
727495	Michael Brereton	Bys Vyken Race Team	179	183	191	192	188										933	5	Male 45-49
799735	Mark Roby	Truro Running Club	197	196	199	198											790	4	Male 45-49
979928	Matt Frith	Newquay Road Runners	182	184	194		190										750	4	Male 45-49
623453	Darren Roose	Newquay Road Runners	200	199			199										598	3	Male 45-49
675675	Carl Murphy	Truro Running Club	196	192		197											585	3	Male 45-49
511371	David Wilding	Hayle Runners	187		196		194										577	3	Male 45-49
606131	John Beard	Newquay Road Runners	180		192		189										561	3	Male 45-49
748022	Edmund Bennett	Hayle Runners	198			200											398	2	Male 45-49
500073	Kevin Woodley	Tri Logic Cornwall	193		197												390	2	Male 45-49
423479	James Manning	Hayle Runners	191				197										388	2	Male 45-49
555109	Dale Staff	Looe Pioneers Running Club	194	194													388	2	Male 45-49
635897	Andrew Hall	St Austell Running Club	195				191										386	2	Male 45-49
381624	Mark Picken	Truro Running Club	188				195										383	2	Male 45-49
794598	Danny O'Shea	Truro Running Club	190	189													379	2	Male 45-49
784502	Armando Vieira	St Austell Running Club	184	186													370	2	Male 45-49
535398	Clive Ramsden	Newquay Road Runners		200													200	1	Male 45-49
215095	James Youlden	St Austell Running Club					198										198	1	Male 45-49
423702	Garrath Sambrook	Truro Running Club			198												198	1	Male 45-49
431211	Doug Stacey	East Cornwall Harriers		198													198	1	Male 45-49
275563	Lyal Schumann	Newquay Road Runners					196										196	1	Male 45-49
835625	Simon Thomason	Falmouth Running Club				196											196	1	Male 45-49
858750	Simon Hambury	Falmouth Running Club				195											195	1	Male 45-49
731556	John Hatchell	St Austell Athletes Running Club		195													195	1	Male 45-49
292737	James Forbes	Perran Trail Runners				193											193	1	Male 45-49
530673	Kelvin Wood	Tamar Trotters			193												193	1	Male 45-49
748247	Daniel Strickland	Hayle Runners		193													193	1	Male 45-49
575384	Andrew Cook	Truro Running Club					192										192	1	Male 45-49
748298	Mike Ellis	Newquay & Par AC	192														192	1	Male 45-49
749948	Ross Pearce	Newquay Road Runners		191													191	1	Male 45-49
995729	Gary Price	East Cornwall Harriers			190												190	1	Male 45-49
452256	Leo Muid	Falmouth Running Club		190													190	1	Male 45-49
315113	Paul Seagger	Hayle Runners	189														189	1	Male 45-49
991080	Adam Musgrave	Looe Pioneers Running Club		188													188	1	Male 45-49
937563	Lee Tullett	Hayle Runners	186														186	1	Male 45-49
799190	John Roberts	Newquay Road Runners		185													185	1	Male 45-49
684603	Mark Bennetts	St Austell Athletes Running Club	183														183	1	Male 45-49
303051	David Wilcox	Truro Running Club		182													182	1	Male 45-49
667653	Nick Kelly	Hayle Runners	181														181	1	Male 45-49
843237	Marv Hine	St Austell Running Club	195	193	198	199	199										984	5	Male 50-54
284124	Stuart Richards	St Austell Running Club	197	192	197	198	197										981	5	Male 50-54
144151	David Speake	St Austell Running Club	187	179	194	193	196										949	5	Male 50-54
896767	Peter Scriven	Cornwall AC	200	200	200		200										800	4	Male 50-54
878897	Derek Thomas	St Austell Running Club	190	185	192	196											763	4	Male 50-54
515061	Steven Jenkin	Cornwall AC	179		191	188	191										749	4	Male 50-54
893070	Christopher Baggott	St Austell Running Club	182	182	193	192											749	4	Male 50-54
501782	David Foy	Falmouth Running Club	176	176	189	190											731	4	Male 50-54
936362	Adrian Green	Falmouth Running Club	175	173		187	189										724	4	Male 50-54
871636	John Featherstone	Looe Pioneers Running Club		184	195	195											574	3	Male 50-54
356979	Nick Shapland	Looe Pioneers Running Club	189	188		194											571	3	Male 50-54
725477	Tristan Lang	Truro Running Club		175		189	193										557	3	Male 50-54
494174	Martin Dinham	Mile High	184	180		191											555	3	Male 50-54
751073	Jon Mitchell	Cornwall AC	178	177	188												543	3	Male 50-54
893210	Neil Blonden	Bodmin Running Club	173	167	190												530	3	Male 50-54
811701	Simon Jeffs	Hayle Runners	199	198													397	2	Male 50-54
159554	Richard Keefe	Falmouth Running Club		195		200											395	2	Male 50-54
752608	Alex Daniels	Newquay Road Runners	198	197													395	2	Male 50-54
731861	Scott Abraham	Hayle Runners	194				198										392	2	Male 50-54
386444	Andrew Ellis	Hayle Runners	185				195										380	2	Male 50-54
615349	Andy Williams	Truro Running Club	191	187													378	2	Male 50-54
421716	Nick Richards	Tri Logic Cornwall	183				192										375	2	Male 50-54
796249	Geoff Tyrrell	Looe Pioneers Running Club	188	186													374	2	Male 50-54
989376	Steve Dickson	St Austell Running Club	177				190										367	2	Male 50-54
722753	Simon James	Cornwall AC	186	181													367	2	Male 50-54
406056	Ian Seabury	Hayle Runners	192	174													366	2	Male 50-54
531514	Simon Mayho	Hayle Runners	171				187										358	2	Male 50-54
803502	Stephen Amor	Bodmin Running Club		170	187												357	2	Male 50-54
929481	Jonathan Hicks	St Austell Athletes Running Club	174	168													342	2	Male 50-54
751676	Nathan de Rozarieux	Hayle Runners	172	169													341	2	Male 50-54
266257	Oliver Jones	East Cornwall Harriers			199												199	1	Male 50-54
209372	Simon Williams	Newquay & Par AC		199													199	1	Male 50-54
1008519	Jonathan Berridge	Truro Running Club				197											197	1	Male 50-54
558623	Marty Barnfield	Bodmin Running Club			196												196	1	Male 50-54
773141	Ian Curnow	Hayle Runners		196													196	1	Male 50-54
214755	Joseph Kennett-Parsons	Hayle Runners	196														196	1	Male 50-54
602808	Glyn Talling	Newquay Road Runners					194										194	1	Male 50-54
446463	Mark Knight	Newquay & Par AC		194													194	1	Male 50-54
858400	Mark Grassam	Looe Pioneers Running Club	193														193	1	Male 50-54
159700	Craig Hall	Cornwall AC		191													191	1	Male 50-54
749474	Quentin Gunderson	Bodmin Running Club		190													190	1	Male 50-54

GP 2025 after Race 5 An Res Hellys - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.

If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.

Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
901984	Richard Smith	Newquay Road Runners		189													189	1	Male 50-54
767611	Carl Williams	Newquay Road Runners					188										188	1	Male 50-54
778383	David Thomasson	Bodmin Running Club		183													183	1	Male 50-54
678323	Darren Vilton-Tebbutt	Looe Pioneers Running Club	181														181	1	Male 50-54
746755	Steve Mildenhall	Newquay Road Runners	180														180	1	Male 50-54
811912	Rich Miles-Musgrave	Perran Trail Runners		178													178	1	Male 50-54
749413	Peter Combellack	Newquay Road Runners		172													172	1	Male 50-54
535435	Iain Mobbs	St Austell Running Club		171													171	1	Male 50-54
744987	Guy Cooper	Looe Pioneers Running Club		166													166	1	Male 50-54
756650	Anthony Worthington	Tamar Trotters	198	200	199	200	199										996	5	Male 55-59
799072	Jonathan Kappes	Launceston Road Runners	197	199	198	199	198										991	5	Male 55-59
915275	Ivor Pudner	Looe Pioneers Running Club	188	194	196	195	190										963	5	Male 55-59
209056	Colin Bathe	Truro Running Club	193	197		196	194										780	4	Male 55-59
771105	Chris Campbell	Hayle Runners	186	192	195	194											767	4	Male 55-59
261763	Tim Adams	St Austell Running Club	196	198		198											592	3	Male 55-59
844274	Michael Budd	St Austell Running Club	192		197		196										585	3	Male 55-59
688074	Adam Speare	Tamar Trotters	189	193			192										574	3	Male 55-59
183240	Andrew Sims	East Cornwall Harriers	184	191	194												569	3	Male 55-59
656430	Andrew Heather	Hayle Runners		185	191		189										565	3	Male 55-59
206038	Martin Trethewey	St Austell Running Club	182	187		191											560	3	Male 55-59
680402	Peter Sowerby	Truro Running Club			200		200										400	2	Male 55-59
726369	Craig Underhill	Hayle Runners	190	196													386	2	Male 55-59
748028	Sen Devadathan	Truro Running Club	185			192											377	2	Male 55-59
874692	Jason Thorns	Launceston Road Runners	183		193												376	2	Male 55-59
776316	Tony Wright	Cornwall AC	200														200	1	Male 55-59
471881	Steven Brown	Cornwall AC	199														199	1	Male 55-59
795745	Mark Williams	Hayle Runners					197										197	1	Male 55-59
588289	Kevin Loomes	Falmouth Running Club				197											197	1	Male 55-59
861116	Steve Rendle	Newquay Road Runners					195										195	1	Male 55-59
912841	Phil Calcutt	Newquay Road Runners		195													195	1	Male 55-59
10196	Liam Mifsud	Cornwall AC	195														195	1	Male 55-59
800652	Paul Gough	Hayle Runners	194														194	1	Male 55-59
719701	Jim Nettleton	Truro Running Club					193										193	1	Male 55-59
930915	Giles Gould	Falmouth Running Club				193											193	1	Male 55-59
972492	Steven Mitchell	Looe Pioneers Running Club			192												192	1	Male 55-59
159853	Paul Angove	Cornwall AC					191										191	1	Male 55-59
795407	Nigel Trevena	Cornwall AC	191														191	1	Male 55-59
728589	Darren Hardwick	Looe Pioneers Running Club			190												190	1	Male 55-59
998913	Andrew Morley	Newquay Road Runners		190													190	1	Male 55-59
728284	Tim Knab	Bodmin Running Club		189													189	1	Male 55-59
907226	Martin Gregory	Looe Pioneers Running Club		188													188	1	Male 55-59
830889	Dan Stevens	Falmouth Running Club	187														187	1	Male 55-59
976544	Paul Temme	Newquay Road Runners		186													186	1	Male 55-59
572707	Trevor Cornish	Hayle Runners		184													184	1	Male 55-59
874485	Julius Brinkworth	Hayle Runners	181														181	1	Male 55-59
793517	Roly Boyd	Truro Running Club	180														180	1	Male 55-59
716751	Jon Eldon	Hayle Runners	199	200	200	199	200										998	5	Male 60-64
202790	Glynn Davis	Carn Runners	198	199	198	200	199										994	5	Male 60-64
728572	Anthony Burrows	Hayle Runners	190	192	197	194	192										965	5	Male 60-64
853649	David Thomson	Launceston Road Runners	196	198	199	198											791	4	Male 60-64
471808	Mark Sweeney	St Austell Running Club	194	197		197	198										786	4	Male 60-64
725983	Michael Counter	St Austell Running Club	192	195		195	196										778	4	Male 60-64
775639	Cas Leo	Hayle Runners	183		194	187	185										749	4	Male 60-64
784201	Antony Chapman	Carn Runners	182	185	193		186										746	4	Male 60-64
487928	Mark Trebilcock	Cornwall AC		191	195		194										580	3	Male 60-64
657978	Andy Stallard	Truro Running Club	191	194			190										575	3	Male 60-64
656749	Andrew Hickson	Cornwall AC	193				197										390	2	Male 60-64
360740	Paul Gwynne	Perran Trail Runners				193	195										388	2	Male 60-64
823667	Phillip Ciano	Perran Trail Runners	189				193										382	2	Male 60-64
893371	Peter Kearney	Hayle Runners				190	187										377	2	Male 60-64
385557	Clive Gibbs	St Austell Running Club	188	189													377	2	Male 60-64
991971	Tim Myers	Carn Runners		186			189										375	2	Male 60-64
612996	Martin Palmer	Perran Trail Runners	185			189											374	2	Male 60-64
953610	David Gill	Hayle Runners		183		188											371	2	Male 60-64
607818	David Banbury	Bys Vyken Race Team	184	187													371	2	Male 60-64
841902	Christopher Harry	Cornwall AC	200														200	1	Male 60-64
316199	Alan Wherry	St Austell Running Club	197														197	1	Male 60-64
605782	Paul Oliver	Falmouth Running Club				196											196	1	Male 60-64
803516	Paul Cole	Falmouth Running Club			196												196	1	Male 60-64
977855	Ian Butler	Newquay Road Runners		196													196	1	Male 60-64
215086	Robin Watson	Falmouth Running Club	195														195	1	Male 60-64
720455	Ian Savigar	East Cornwall Harriers		193													193	1	Male 60-64
990772	Peter Gibson	Truro Running Club				192											192	1	Male 60-64
649512	Nick Pope	Looe Pioneers Running Club					191										191	1	Male 60-64
983185	Paul Launder	Hayle Runners				191											191	1	Male 60-64
780154	Satnam Basram	Cornwall AC		190													190	1	Male 60-64
889539	Steve Kemsley	Falmouth Running Club					188										188	1	Male 60-64
981066	Graham Murdoch	Truro Running Club		188													188	1	Male 60-64
545595	Simon Blackburn	Hayle Runners	187														187	1	Male 60-64
818911	Jerry Cartlidge	Hayle Runners	186														186	1	Male 60-64
744935	Steve Whitfield	Carn Runners		184													184	1	Male 60-64
944101	Steve Towsey	St Austell Running Club	198	199	199	200	199										995	5	Male 65-69
826316	Steve Menear	St Austell Running Club	189	191	196	196	193										965	5	Male 65-69

GP 2025 after Race 5 An Res Hellys - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.

If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2025. Only affiliated Cornish clubs included.

Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
773171	Robert Bolitho	Falmouth Running Club	187	187	195	195	191										955	5	Male 65-69
768098	Andrew Cassidy	Cornwall AC	200	200	200		200										800	4	Male 65-69
308760	Peter Allen	Newquay Road Runners		192	198	199	198										787	4	Male 65-69
747497	Michael Orchard	Hayle Runners	194	195		198	196										783	4	Male 65-69
885381	Phillip Hall	Falmouth Running Club	197	197			197										591	3	Male 65-69
855247	Andy Coles	St Austell Running Club	193	193			195										581	3	Male 65-69
745920	Mark Squire	Hayle Runners	188	189			192										569	3	Male 65-69
718104	Phillip Spargo	Truro Running Club				197	194										391	2	Male 65-69
365385	Jim Lockyer	East Cornwall Harriers	192		197												389	2	Male 65-69
458675	Martin Davis	Newquay Road Runners	199														199	1	Male 65-69
780554	Neville Witham	Cornwall AC		198													198	1	Male 65-69
623694	James Rooney	Bude Rats (Run and Tri)		196													196	1	Male 65-69
749510	Simon Webber	East Cornwall Harriers	196														196	1	Male 65-69
898135	Gary Hickman	Tri Logic Cornwall	195														195	1	Male 65-69
908632	Keith Bartram	Newquay Road Runners		194													194	1	Male 65-69
210339	Mark Colton-Taylor	Truro Running Club	191														191	1	Male 65-69
498911	Nigel Knuckey	Truro Running Club		190													190	1	Male 65-69
667674	Pete Higham	Falmouth Running Club	190														190	1	Male 65-69
368721	David Wilton	Falmouth Running Club		188													188	1	Male 65-69
750060	Tommy Polglase	Carn Runners	199	200	200	200	200										999	5	Male 70-74
381794	Malcolm Roberts	St Austell Running Club	200	196	199	199	196										990	5	Male 70-74
522287	Alan Brandwood	Falmouth Running Club	191	193	198	196	195										973	5	Male 70-74
7111	Stephen Hutchinson	Bude Rats (Run and Tri)	194	199		198	199										790	4	Male 70-74
993907	Rowan Mulliss	Hayle Runners	195	198			197										590	3	Male 70-74
748353	Steven Walkey	Falmouth Running Club	196	195		198											589	3	Male 70-74
747885	Ian Grimes	Launceston Road Runners	193	197													390	2	Male 70-74
633403	Philip Conroy	Mile High	192			197											389	2	Male 70-74
575680	Jake Loewendahl	Bodmin Running Club	190	194													384	2	Male 70-74
752530	Richard Morton	Tamar Trotters	198														198	1	Male 70-74
365945	Gary Oswald	Looe Pioneers Running Club			197												197	1	Male 70-74
746189	Philip Bunt	Newquay Road Runners	197														197	1	Male 70-74
748431	Christopher Ramsey	Truro Running Club					194										194	1	Male 70-74
631285	Des Evans	Newquay Road Runners	198	199	200	199	199										995	5	Male 75-79
550913	Chunky Penhaul	Hayle Runners	199		199	200											598	3	Male 75-79
261641	Doug Alsop	St Austell Running Club	200				200										400	2	Male 75-79
765035	Martin Curtis	Hayle Runners	197				198										395	2	Male 75-79
811500	Ray Frith	Newquay Road Runners		200													200	1	Male 75-79
747308	John Lillis	Newquay Road Runners		198													198	1	Male 75-79
557872	Stewart Townend	Hayle Runners	200	200			200										600	3	Male 80-84
745095	Richard Jenkin	Cornwall AC		199			199										398	2	Male 80-84
747923	Dennis Burrell	Carn Runners	199	198													397	2	Male 80-84

