

St Ives Bay 10k - 2023

Place	Bib	Name	AG	Club	GunTime	ChipTime
1	141	Ollie Garrod	Male Under 35	Belgrave Harriers	0:38:04	0:38:03
2	14	Tom Bowman	Male Under 35	Lancaster & Morecambe AC	0:40:45	0:40:43
3	128	James Youlden	Male 40-44	St Austell Running Club	0:42:12	0:42:07
4	64	Ben Kent	Male Under 35	Truro College	0:43:00	0:42:59
5	59	Daniel Jeffries	Male 35-39	Dorking & Mole Valley AC	0:43:16	0:43:13
6	48	Jonathan Harrison	Male Under 35		0:44:22	0:44:19
7	140	Naomi Lenane	Female Under 35	Belgrave Harriers	0:44:27	0:44:25
8	56	Steph Hutton	Female Under 35	Cornwall AC	0:44:40	0:44:38
9	121	Alex Wood	Male Under 35		0:44:52	0:44:49
10	135	Liam O'Neill	Male 35-39	Hayle Runners	0:44:56	0:44:52
11	62	Thomas Jordan	Male 35-39	Burr Valley Harriers	0:45:00	0:44:54
12	67	Lucy Longbottom	Female Under 35	Truro Running Club	0:45:03	0:45:01
13	139	Alex Preece	Male 35-39		0:45:38	0:45:36
14	133	Steve Hagan	Male 35-39		0:45:48	0:45:46
15	9	Daniel Benson	Male Under 35		0:46:25	0:46:18
16	11	Noah Bohge	Male Under 35	Truro Running Club	0:46:39	0:46:37
17	160	Ian Curnow	Male 50-54	Hayle Runners	0:46:53	0:46:53
18	134	Ash Davis	Male 35-39		0:47:11	0:47:10
19	95	Mark Roby	Male 45-49	Truro Running Club	0:47:16	0:47:13
20	17	Richard Chynoweth	Male 40-44	Truro Running Club	0:47:20	0:47:18
21	112	Dominic Turton	Male Under 35		0:47:26	0:47:15
22	54	Ben Horton	Male Under 35	Royal Sutton Coldfield Athletic	0:47:31	0:47:27
23	73	Muir Mathieson	Male 45-49	Cotswold All Runners	0:47:43	0:47:39
24	46	Thomas Halton	Male Under 35	St Austell Running Club	0:47:49	0:47:45
25	16	Adam Carlyon	Male 35-39	Truro Running Club	0:48:05	0:48:01
26	34	Owen Ford	Male Under 35		0:48:25	0:48:22
27	88	Lisa Picton	Female 45-49	East Cornwall Harriers	0:48:32	0:48:29
28	82	Joe Palmer	Male Under 35		0:48:57	0:48:54
29	40	Daniel Gittins	Male 35-39	Perran Trail Runners	0:49:06	0:49:04
30	38	Mary Galbraith	Female Under 35		0:49:10	0:49:06
31	91	Thomas Redondo-E	Male Under 35		0:49:45	0:49:43
32	49	Benjamin Hemming	Male Under 35	Podium Addict	0:49:50	0:49:48
33	63	Caitlin Keaney	Female Under 35	Newquay & Par AC	0:50:06	0:50:04
34	41	Paul Gough	Male 50-54	Hayle Runners	0:50:22	0:50:17
35	8	Colin Bathe	Male 50-54	Perran Trail Runners	0:50:40	0:50:36
36	20	Nathan Cudmore	Male 45-49		0:50:58	0:50:57
37	84	Jo Pearce	Female 50-54	South West Road Runners	0:51:11	0:51:09
38	83	Lucy Paull	Female 35-39	Hayle Runners	0:51:45	0:51:38
39	6	Richard Barker	Male 60-64	Sunderland Strollers	0:51:53	0:51:50
40	47	Hannah Harrison	Female Under 35		0:52:07	0:52:04
41	86	Robert Pearce	Male 35-39		0:52:11	0:52:08
42	129	Sam Greaves	Male Under 35		0:52:15	0:52:10
43	55	Frazer Humbles	Male 40-44	Hayle Runners	0:52:31	0:52:26
44	98	Wendy Sealy	Female 55-59	UKRunChat Running Club	0:52:38	0:52:34
45	103	Charles Simpson	Male 35-39	Hayle Runners	0:52:51	0:52:46
46	1	Gary Allen	Male 35-39		0:53:10	0:53:04
47	122	Bill Wood	Male 60-64	Falmouth Running Club	0:53:14	0:53:10

48	12	Aidy Booth	Male 50-54		0:53:17	0:53:13
49	142	Rachel Goulbourn	Female 35-39		0:53:21	0:53:14
50	138	Sophie Talling	Female Under 35	Newquay Road Runners	0:53:27	0:53:22
51	29	Andrew Ellis	Male 50-54	Hayle Runners	0:53:33	0:53:31
52	106	David Smith	Male 60-64	Burnden Road Runners	0:53:50	0:53:47
53	42	David Green	Male 50-54		0:53:51	0:53:43
54	13	John Bosustow	Male 45-49		0:54:13	0:54:07
55	10	Kelly Bills	Female 45-49	Hayle Runners	0:54:24	0:54:18
56	89	Tommy Polglase	Male 70-74	Carn Runners	0:54:38	0:54:35
57	27	Ian Earles	Male 45-49	Hayle Runners	0:54:54	0:54:48
58	137	Jim Clark	Male 50-54		0:55:15	0:55:12
59	75	Ben Meneer	Male 40-44		0:55:20	0:55:20
60	97	David Sealy	Male 55-59		0:55:35	0:55:31
61	65	Akshay Kumar	Male 40-44	Tadworth AC	0:55:36	0:55:31
62	58	Victoria Jackson	Female 50-54	Truro Running Club	0:55:38	0:55:35
63	60	Matt Johns	Male 45-49		0:55:43	0:55:36
64	107	Stuart Smith	Male 35-39	Hayle Runners	0:55:45	0:55:38
65	101	Katie Sharp	Female 40-44		0:56:05	0:56:00
66	132	Nick Goligher	Male 45-49	Howgill Harriers	0:56:55	0:56:49
67	124	Susanne Wood	Female 45-49	Cornwall AC	0:56:59	0:56:52
68	24	Tim Dennick	Male 45-49		0:57:32	0:57:29
69	74	Gregory May	Male 40-44	Carn Runners	0:58:03	0:57:56
70	45	Paul Gwynne	Male 55-59		0:58:22	0:58:17
71	68	Claire Longman	Female 45-49	Truro Running Club	0:58:45	0:58:40
72	32	David Folger	Male 35-39		0:58:51	0:58:39
73	30	Benjamin Evans	Male Under 35		0:58:53	0:58:43
74	69	Nicholas Maher	Male 35-39		0:59:13	0:59:05
75	80	Jamie Nicholas	Male 35-39		1:00:01	0:59:55
76	53	Stephen Hollis	Male 65-69		1:00:44	1:00:36
77	35	Hannah Fox	Female 40-44	Truro Running Club	1:01:13	1:01:10
78	72	Jo Mathieson	Female 50-54	Cotswold All Runners	1:01:56	1:01:50
79	123	Jules Wood	Female 50-54	Falmouth Running Club	1:02:01	1:01:55
80	31	Antoine Farrell	Male 50-54		1:02:47	1:02:38
81	87	Chunky Penhaul	Male 75-79	Hayle Runners	1:02:50	1:02:43
82	131	Peter Cobb	Male 55-59		1:02:51	1:02:41
83	33	Lis Ford	Female Under 35	Taunton AC	1:03:05	1:02:56
84	99	Stuart Seaman	Male 60-64		1:03:51	1:03:43
85	71	Bex Martin	Female 40-44		1:03:51	1:03:46
86	77	Joanna Morgan	Female 40-44		1:03:53	1:03:44
87	110	Stephen Thompsett	Male 50-54	Heathfield Road Runners	1:05:19	1:05:14
88	2	Peter Armstrong	Male 35-39	Plymouth Harriers	1:05:20	1:05:14
89	105	Oliver Sleight	Male Under 35		1:05:31	1:05:20
90	108	Chris Taylor	Male 50-54		1:05:33	1:05:26
91	50	Paul Hicken	Male 45-49		1:05:39	1:05:32
92	15	Louise Burton	Female Under 35		1:06:27	1:06:18
93	3	Abi Athay	Female 40-44	Lonely Goat RC	1:06:34	1:06:28
94	19	Jackie Cope	Female 65-69	Falmouth Running Club	1:06:39	1:06:28
95	36	Kate Frame	Female Under 35	Carn Runners	1:07:04	1:06:57
96	120	Tamsin Williams	Female 35-39		1:07:12	1:07:01

97	61	Kris Jones	Male 40-44	Plymouth Musketeers Running	1:07:18	1:07:12
98	4	Alison Attfield	Female 60-64	Truro College	1:07:29	1:07:18
99	25	Anna Devlin	Female 55-59	Bude Rats (Run and Tri)	1:07:36	1:07:29
100	79	Dave Nicholas	Male 35-39		1:07:39	1:07:32
101	44	Catharina Gross	Female Under 35		1:07:42	1:07:34
102	94	Helen Roberts	Female 40-44		1:07:49	1:07:39
103	5	Angela C Bamford	Female 55-59	MileShyClub	1:08:07	1:07:58
104	37	Wendy Gabbott	Female 50-54		1:09:07	1:09:02
105	127	Olena Yeromenko	Female 35-39		1:09:26	1:09:20
106	22	Tristan Davis	Female 40-44		1:12:14	1:12:05
107	117	Robert Willcocks	Male 60-64	Falmouth Running Club	1:12:21	1:12:14
108	66	Emma Lawry	Female 45-49	St Austell Running Club	1:12:57	1:12:48
109	136	Denise Facey	Female 55-59	Falmouth Running Club	1:13:28	1:13:16
110	7	Aileen Barwell	Female 65-69	Falmouth Running Club	1:13:29	1:13:18
111	109	Nicky Thompsett	Female 50-54	Heathfield Road Runners	1:14:06	1:14:02
112	143	Rachel Legg	Female Under 35		1:14:14	1:14:10
113	102	Rebecca Shore	Female 50-54	St Austell Running Club	1:14:56	1:14:46
114	39	Simon Gates	Male 35-39		1:15:12	1:15:03
115	104	Matt Skillicorn	Male Under 35		1:17:44	1:17:34
116	90	Leslie Pugh	Male 75-79		1:21:08	1:20:59
117	113	Caroline Vinnicombe	Female 45-49	Cornwall AC	1:21:35	1:21:26
118	26	Kathran Dormer	Female 70-74	Falmouth Running Club	1:22:18	1:22:08
119	125	Gemma Wotherspoon	Female 35-39	Bodmin Women's Running Club	1:22:32	1:22:20
120	23	Charlotte Delaney	Female Under 35	Hayle Runners	1:25:23	1:25:11
121	114	Sarah Wade	Female 55-59	Sheet Striders	1:27:37	1:27:29
122	130	Kevin Wade	Male 60-64		1:28:45	1:28:37
123	116	Claire Whitehouse	Female 40-44	Hayle Runners	1:39:09	1:38:57
DNF	52	Jenny Hogan	Female 55-59	Leighton fun runners		
DNF	78	Bob Nichol	Male 55-59	Leighton fun runners		