

Truro Trail 10k

Place	Bib	Name	AG	Club	ChipTime	2022
1	765	James Waldie	Male Under 35	Perth Road Runners	0:40:01	
2	252	Tom Carthey	Male 40-44	Falmouth Running Club	0:42:08	
3	756	David Tregonning	Male Under 35	St Austell Running Club	0:42:46	0:42:16
4	452	David Maasdorp	Male Under 35	Truro Running Club	0:43:21	
5	458	Alex Marples	Male 40-44	Truro Running Club	0:43:48	0:43:11
6	805	James Youlden	Male 40-44	St Austell Running Club	0:44:23	0:44:32
7	194	Noah Bohge	Male Under 35	Truro Running Club	0:44:45	
8	761	Tim van Berkel	Male 35-39	Truro Running Club	0:44:50	
9	609	Garth McColville	Male 35-39	St Austell Athletes Running Club	0:45:08	
10	246	Stan Cameron	Male Under 35	Mile High	0:45:41	
11	601	Callum Pinch	Male Under 35	Truro Running Club	0:45:48	
12	622	Anna Harrold	Female 40-44	Truro Running Club	0:45:52	
13	697	Paul Stevens	Male 45-49	St Austell Athletes Running Club	0:45:55	
14	685	Robin Smith	Male Under 35		0:45:55	
15	744	Alan Thomas	Male 35-39	Falmouth Running Club	0:45:57	
16	232	Tom Brunet-Chugg	Male 40-44	St Austell Running Club	0:46:30	0:44:01
17	455	Ryan Marks	Male Under 35	St Austell Running Club	0:47:11	
18	764	Callum Waldie	Male Under 35	Truro Running Club	0:47:27	
19	680	Andrew Senior	Male 35-39		0:47:32	
20	748	Joseph Thomson	Male 35-39	Launceston Road Runners	0:47:47	
21	399	Emily Harrison	Female Under 35	Cornwall AC	0:47:57	
22	151	Tamara Beach	Female Under 35	Cornwall AC	0:48:12	
23	336	Mike Dowrick	Male 50-54	Cornwall AC	0:48:26	0:48:45
24	430	Anna Jenkins	Female 40-44	Cornwall AC	0:48:32	
25	296	Richard Chynoweth	Male 40-44	Truro Running Club	0:48:35	0:48:29
26	690	Robert Standing	Male 50-54	Truro Running Club	0:48:45	
27	652	Mark Roby	Male 45-49	Truro Running Club	0:48:52	
28	665	Alexandra Russell Sr	Female 35-39		0:49:14	
29	421	Brett Jackson	Male 35-39	St Austell Running Club	0:49:20	
30	752	Jake Timms	Male Under 35	Falmouth Running Club	0:49:33	
31	796	Kevin Woodley	Male 45-49		0:49:48	
32	95	Paul Atkinson	Male 45-49	Hayle Runners	0:49:51	
33	316	Ian Curnow	Male 50-54	Hayle Runners	0:49:54	
34	428	Matt Fox	Male Under 35	Falmouth Running Club	0:50:01	
35	785	Denzil Williams	Male 50-54	St Austell Running Club	0:50:06	
36	445	Roger Langford	Male 45-49		0:50:25	0:50:22
37	404	Michael Hawke	Male 40-44	St Austell Athletes Running Club	0:50:31	
38	598	Lisa Picton	Female 45-49	East Cornwall Harriers	0:50:55	
39	773	Robin Watson	Male 55-59	Falmouth Running Club	0:50:56	
40	407	Nick Hearle	Male 40-44	Perran Trail Runners	0:51:01	0:50:43
41	243	Henry Cameron	Male 50-54	Truro Running Club	0:51:04	
42	362	Jon Eldon	Male 60-64	Hayle Runners	0:51:38	0:51:50
43	630	Gary Richards	Male 50-54	Cornwall AC	0:51:54	
44	463	Hannah Mason	Female Under 35	St Austell Athletes Running Club	0:51:51	
45	479	Leo Muid	Male 40-44	Falmouth Running Club	0:51:58	
46	397	Craig Harper	Male 45-49	Bude Rats (Run and Tri)	0:52:04	
47	347	Greg Dufour-Cox	Male 50-54	Falmouth Running Club	0:52:13	

48	395	Thomas Halton	Male Under 35	St Austell Running Club	0:52:28	
49	799	John Yelland	Male 45-49	Mad Hatter Sports Events	0:52:31	
50	587	Jonathan Cahill	Male 45-49	Cornwall AC	0:52:33	
51	384	Daniel Gittins	Male Under 35	Perran Trail Runners	0:52:52	
52	139	Colin Bathe	Male 50-54	Truro Running Club	0:53:03	0:51:03
53	308	Mr Darren Varker	Male 50-54		0:53:21	
54	456	Stacie Marks	Female Under 35	St Austell Athletes Running Club	0:53:25	
55	313	Jonathan Crowle	Male 50-54	Truro Running Club	0:53:44	1:21:10
56	476	Helen Morse	Female 35-39	East Cornwall Harriers	0:53:52	0:52:32
57	166	Jonathan Berridge	Male 50-54		0:53:53	
58	478	Emma Mossop	Female 45-49	Falmouth Running Club	0:53:56	0:54:14
59	386	Paul Gough	Male 50-54	Hayle Runners	0:54:00	
60	382	Mike Gilbert	Male 35-39	Launceston Road Runners	0:54:04	
61	754	James Toseland	Male 35-39	Truro Running Club	0:54:20	
62	441	Russell King	Male 40-44	Falmouth Running Club	0:54:32	
63	396	Ben Harding	Male 40-44	East Cornwall Harriers	0:54:37	0:50:49
64	431	Ben Johns	Male 35-39	Truro Running Club	0:54:36	
65	457	Tori Marks	Female Under 35	St Austell Athletes Running Club	0:54:43	
66	618	Nigel Reddicliffe	Male 55-59	Launceston Road Runners	0:54:45	
67	747	Jason Thomson	Male 40-44	Truro Running Club	0:55:15	0:58:28
68	657	Michael Rooney	Male 35-39	Truro Running Club	0:55:22	
69	138	Marty Barnfield	Male 45-49	Bodmin Road Runners	0:55:18	0:57:48
70	375	Hannah Fox	Female 45-49	Mile High	0:55:27	
71	743	Ian Temple	Male 55-59	Bodmin Road Runners	0:55:29	0:53:47
72	263	Chris Chirgwin	Male 35-39	Truro Running Club	0:55:38	0:55:58
73	465	Mark Sweeney	Male 55-59	St Austell Running Club	0:56:21	
74	689	Andy Stallard	Male 55-59	Truro Running Club	0:56:24	0:54:00
75	649	Malcolm Roberts	Male 70-74	St Austell Running Club	0:56:53	
76	160	Mark Bennetts	Male 40-44	St Austell Athletes Running Club	0:57:03	
77	377	Stuart Gibbons	Male 60-64		0:57:11	
78	424	Andrew James	Male 40-44	Hayle Runners	0:57:14	
79	474	Helen Mitchell	Female 55-59	Truro Running Club	0:57:14	0:57:28
80	683	Kevin Silver	Male 55-59	Hayle Runners	0:57:22	
81	742	Alison Temple	Female 60-64	Bodmin Road Runners	0:57:21	0:58:53
82	62	Gary Allen	Male 35-39		0:57:45	1:02:01
83	219	Rosie Bradbury	Female 35-39	Falmouth Running Club	0:57:47	0:59:43
84	360	Tom Edie	Male 35-39	St Austell Athletes Running Club	0:57:48	
85	423	Victoria Jackson	Female 50-54	Truro Running Club	0:57:52	
86	419	Frazer Humbles	Male 40-44	Hayle Runners	0:57:53	
87	771	Joseph Stanford	Male 45-49	Perran Trail Runners	0:58:24	
88	289	Tanya Coleman	Female 50-54	Truro Running Club	0:58:25	
89	350	Natalie Dunn	Female 35-39		0:58:39	
90	662	Tim Rowe	Male 40-44		0:58:45	1:02:11
91	793	John Bosustow	Male 45-49		0:59:17	
92	449	James Long	Male 35-39	Perran Trail Runners	0:59:40	
93	418	Emily Canty	Female Under 35	St Austell Athletes Running Club	0:59:59	
94	78	Peter Allen	Male 65-69	Newquay Road Runners	1:00:10	0:59:50
95	514	Danny O'Shea	Male 45-49	Truro Running Club	1:00:11	
96	429	Steven Jenkin	Male 50-54	Cornwall AC	1:00:11	

97	387	Chris Gould	Male 45-49		1:00:41	0:58:41
98	472	Ben Keverne	Male 40-44	(no club)B&S running club	1:00:42	
99	228	Vivian Bray	Male 55-59	Cornwall AC	1:00:41	
100	659	Darron Rowe	Male 45-49	St Austell Athletes Running Club	1:00:55	
101	398	Emma Harris	Female 35-39		1:00:57	
102	508	Meeta Nicholls	Female 45-49	East Cornwall Harriers	1:01:01	
103	691	Catheryn Camborieu	Female 50-54	Truro Running Club	1:01:03	0:59:07
104	389	Nigel Grant	Male 60-64	Bude Rats (Run and Tri)	1:01:09	
105	432	Matt Johns	Male 45-49		1:01:10	
106	218	Karina Bowers	Female 40-44	St Austell Running Club	1:01:16	1:02:21
107	755	Liz Trebilcock	Female 55-59	Truro Running Club	1:01:18	1:00:20
108	372	Vicky Fleet	Female 45-49	Falmouth Running Club	1:01:23	
109	413	Oliver Hoare	Male 35-39		1:01:17	
110	767	Pete Walker	Male 35-39	Truro Running Club	1:01:34	0:52:53
111	369	Emma Figures	Female 35-39	Truro Running Club	1:01:34	1:01:48
112	588	Robin Philp	Male 45-49	Perran Trail Runners	1:01:40	1:04:14
113	782	Sarah Wilkinson	Female 60-64	Newquay Road Runners	1:01:43	
114	14	Stephen Adcock	Male 50-54	Truro Running Club	1:01:59	1:14:32
115	746	David Thomasson	Male 50-54	Bodmin Road Runners	1:01:58	
116	420	Stephen Hutchinson	Male 70-74	Bude Rats (Run and Tri)	1:02:04	1:03:11
117	169	Kelly Bills	Female 45-49	Hayle Runners	1:02:02	1:04:37
118	774	Mandy Watts	Female 50-54	Newquay Road Runners	1:02:05	
119	444	Tristan Lang	Male 45-49	Truro Running Club	1:02:38	1:02:39
120	325	Tamzin Davey	Female 50-54	Perran Trail Runners	1:02:47	1:09:39
121	374	Hannah Fox	Female 40-44	Truro Running Club	1:03:06	1:07:42
122	684	Nicholas Smith	Male 40-44	Launceston Road Runners	1:03:22	1:07:41
123	394	Angeline Hadfield	Female 35-39	Truro Running Club	1:03:30	
124	434	Sam Kelly	Female 40-44		1:03:46	1:00:28
125	778	Darren Whittington	Male 50-54	DCC	1:03:54	
126	775	Alison Weir	Female 50-54	Falmouth Running Club	1:04:08	1:08:17
127	411	Michelle Hickey	Female 45-49	Perran Trail Runners	1:04:48	
128	781	David Wilcox	Male 45-49	Truro Running Club	1:05:27	1:08:20
129	285	Louise Littlewood	Female 50-54	East Cornwall Harriers	1:05:35	
130	528	Richard Olive	Male 50-54	Truro Running Club	1:05:40	
131	728	Milly Freeman	Female 35-39		1:05:46	1:08:55
132	563	Martin Palmer	Male 60-64	Perran Trail Runners	1:05:48	
133	826	Volodymyr Sydorov	Male Under 35		1:06:13	
134	318	James Danks	Male 40-44	Falmouth Running Club	1:07:13	
135	484	Sarah Myford	Female 55-59	Bodmin Road Runners	1:07:11	
136	343	Eoin Stockdale	Male 50-54	Carn Runners	1:07:32	1:14:23
137	675	Richard Salisbury	Male 65-69		1:07:50	
138	245	Jo Cameron	Female 45-49		1:08:06	
139	699	Juliet Stewart	Female 55-59	Truro Running Club	1:08:25	1:12:35
140	757	Martin Trethewey	Male 55-59	St Austell Running Club	1:08:40	
141	378	Ellen Gibson	Female Under 35	Cornwall AC	1:08:47	
142	576	Chunky Penhaul	Male 75-79	Hayle Runners	1:09:34	1:08:56
143	442	Nigel Knuckey	Male 65-69	Truro Running Club	1:09:46	
144	297	Izzy Cook	Female Under 35	Bys Vyken Race Team	1:09:45	
145	592	Linda Pickard	Female 60-64	Launceston Road Runners	1:10:21	1:09:56

146	470	Tracy Mckenzie	Female 45-49	Newquay Road Runners	1:10:35	
147	401	Ceri Harvey	Female 45-49	Carn Runners	1:10:37	
148	239	David Ingram	Male 50-54		1:10:34	
149	784	Tamsyn Willcocks	Female 40-44	St Austell Athletes Running Club	1:11:05	
150	693	Jane Stephens	Female 55-59	Bodmin Road Runners	1:11:10	
151	766	Chris Walker	Male 55-59	Perran Trail Runners	1:11:11	
152	787	Lynne Donohue	Female 55-59	Truro Running Club	1:11:55	
153	451	Claire Longman	Female 45-49	Truro Running Club	1:11:55	
154	334	Helen Dodwell	Female 45-49	Truro Running Club	1:11:55	1:10:15
155	309	Jackie Cope	Female 65-69	Falmouth Running Club	1:12:02	1:11:22
156	328	Clive Davis	Male 60-64		1:12:15	
157	763	Francis Vosper	Male 65-69	Lonely Goat RC	1:12:14	
158	692	Jane Stedman	Female 60-64	Bodmin Road Runners	1:12:14	1:10:23
159	642	Janet Ritchie	Female 60-64	Carn Runners	1:12:22	
160	152	John Beard	Male 45-49	Newquay Road Runners	1:12:29	
161	417	Becky Hopwood	Female Under 30	Truro Running Club	1:12:47	1:11:22
162	769	Cat Wallman	Female 50-54		1:12:50	
163	376	Petra Franklin	Female 55-59		1:12:58	
164	367	Des Evans	Male 70-74	Newquay Road Runners	1:13:08	1:10:44
165	390	Marlene Grobler	Female 40-44	Carn Runners	1:13:06	1:10:06
166	591	Dave Pickard	Male 60-64	Launceston Road Runners	1:13:12	1:10:51
167	722	Mark Rigby	Male 55-59		1:13:15	
168	800	Olena Yeromenko	Female 35-39		1:13:26	
169	653	Miranda Honey	Female 45-49	Bodmin Road Runners	1:13:31	
170	392	Louise Richardson	Female 50-54	Bodmin Road Runners	1:13:34	
171	694	Rachel Stephens	Female 40-44		1:13:40	
172	727	Georgina Symons	Female 45-49	St Austell Athletes Running Club	1:13:49	1:18:07
173	230	Tandy Brumby	Female 60-64	Falmouth Running Club	1:13:55	
174	303	Hilary Cooke	Female 55-59		1:14:09	
175	688	Philip Spargo	Male 65-69	Truro Running Club	1:14:18	
176	568	Karen Parker	Female 55-59	Falmouth Running Club	1:14:36	
177	270	Margaret Clark	Female 60-64	Hayle Runners	1:14:45	1:14:59
178	783	Robert Willcocks	Male 60-64	Falmouth Running Club	1:14:59	1:11:27
179	821	Rob Pope	Male 60-64	Truro Running Club	1:15:21	
180	403	Richard Harvey	Male 45-49		1:15:28	
181	229	Suzanne Brown	Female 55-59	Bude Rats (Run and Tri)	1:15:45	
182	745	Susan Thomas	Female 45-49	Hayle Runners	1:15:49	1:24:59
183	292	Damian Cook	Male 50-54	Bys Vyken Race Team	1:15:51	
184	790	Jules Williams	Female 35-39	St Austell Running Club	1:15:56	
185	433	Merlin Keating	Male 50-54	St Austell Athletes Running Club	1:16:01	1:10:25
186	406	Sandra Haynes	Female 55-59	Looe Pioneers Running Club	1:16:05	1:17:42
187	772	Janet Watson	Female 70-74	Carn Runners	1:16:48	
188	226	Alan Brandwood	Male 70-74	Falmouth Running Club	1:16:59	1:18:44
189	414	Karen Holmes	Female 50-54	Notts Women Runners	1:17:22	
190	498	Anton Newell	Male 55-59	Sutton in Ashfield Harriers & AC	1:17:23	
191	260	Nina Chell	Female 45-49	Falmouth Running Club	1:18:01	
192	468	Rachael Mathews	Female 45-49	Newquay Road Runners	1:18:30	
193	94	Tim Andrews	Male 60-64	Falmouth Running Club	1:18:41	
194	415	Victoria Holt	Female 40-44	Launceston Road Runners	1:18:54	

195	792	Rebecca Wise	Female 40-44	Launceston Road Runners	1:18:56	
196	641	Ian Ringer	Male 75-79	Bodmin Road Runners	1:19:20	1:18:41
197	453	Gwen Maggs	Female 35-39	St Austell Running Club	1:19:31	1:19:09
198	167	Kathryn Berry	Female 50-54	Falmouth Running Club	1:19:50	
199	696	Kelly Stevens	Female 50-54	Falmouth Running Club	1:19:50	
200	750	John Tilley	Male 70-74	Bodmin Road Runners	1:20:07	1:15:45
201	126	Claire Barlow	Female 45-49	Bodmin Road Runners	1:20:24	1:14:39
202	400	Michaela Harrison	Female 45-49	Plymouth Harriers	1:20:44	1:22:36
203	477	John Moss	Male 60-64	Barnsley Harriers	1:20:44	
204	454	Courtney Marks	Female Under 30	St Austell Running Club	1:21:12	
205	276	Sarah Booker	Female 50-54	Falmouth Running Club	1:21:22	
206	461	Sally Martin	Female 45-49	Falmouth Running Club	1:21:22	
207	480	Mary Mullarkey	Female 70-74	East Cornwall Harriers	1:21:23	
208	504	Roy Newton	Male 75-79	Falmouth Running Club	1:21:52	1:46:11
209	443	Erin Krey	Female 35-39	Truro Running Club	1:22:09	
210	448	Kelly Lewis	Female 40-44	Truro Running Club	1:23:49	1:27:44
211	556	Sean Taylor	Male 55-59	Bodmin Road Runners	1:23:49	
212	242	Andrew Cameron	Male 75-79	Truro Running Club	1:24:46	
213	427	Judy Jameson	Female 60-64	Carn Runners	1:24:54	
214	749	Chloe Thorne	Female 35-39	Truro Running Club	1:25:19	
215	207	Robert Bolitho	Male 60-64	Hayle Runners	1:25:25	1:24:59
216	333	Nicole Di Maio	Female 40-44	Cornwall AC	1:26:05	
217	762	Greta Viertel	Female Under 30	St Austell Athletes Running Club	1:26:08	
218	681	Sandra Shelley	Female 60-64	Carn Runners	1:27:46	
219	604	Lisa Player	Female 60-64	Newquay Road Runners	1:27:46	
220	737	Lesley Taphouse	Female 60-64	Bodmin Road Runners	1:28:31	1:35:11
221	460	Kathryn Marsh	Female 45-49	Carn Runners	1:28:39	1:23:33
222	473	Astrid Mifsud	Female Under 30		1:28:51	
223	759	Angela Tyson	Female 45-49	Newquay Road Runners	1:28:54	
224	687	Teresa Smith	Female 40-44	Mile High	1:29:29	
225	335	Kathran Dormer	Female 70-74	Falmouth Running Club	1:29:57	1:28:37
226	612	Georgina Purvis	Female 45-49	Truro Running Club	1:29:48	1:28:56
227	264	Sarah Choak	Female 55-59	Carn Runners	1:31:50	
228	202	Julie Bolitho	Female 55-59	Hayle Runners	1:34:01	1:24:46
229	667	Rowena Rutledge	Female 50-54	Falmouth Running Club	1:36:21	
230	283	Paula Clarkson	Female 35-39	Falmouth Running Club	1:36:33	
231	273	Dale Clarke	Male 50-54	Hayle Runners	1:37:15	
232	464	Jennie Massey	Female 60-64	Hayle Runners	1:37:15	1:36:35
233	447	Steve Lawrence	Male 65-69	Falmouth Running Club	1:39:48	1:45:29
234	125	Kathryn Thomas	Female 45-49	Cornwall AC	1:44:02	
DNF	253	Helen Cattran	Female 55-59	Hayle Runners		1:34:49
DNF	391	Ian Gronwalt	Male 55-59	St Austell Running Club		0:57:26