

Looe 10 - 2024

| Place | Bib | Name | AG | Club | GunTime | ChipTime |
|-------|-----|-------------------|-----------------|------------------------------------|---------|----------|
| 1 | 420 | Jacob Landers | Male Under 35 | Tamar Trotters | 1:00:50 | 1:00:47 |
| 2 | 53 | Steve Reynolds | Male 35-39 | Truro Running Club | 1:02:05 | 1:02:02 |
| 3 | 583 | Ed Dickinson | Male Under 35 | Falmouth Running Club | 1:03:21 | 1:03:18 |
| 4 | 278 | Mark Budge | Male Under 35 | | 1:04:06 | 1:04:03 |
| 5 | 359 | Jed Hutchings | Male Under 35 | Tavistock AC | 1:05:19 | 1:05:17 |
| 6 | 186 | Carl Salmon | Male 35-39 | Malvern Buzzards | 1:05:39 | 1:05:36 |
| 7 | 176 | Luke Attwood | Male Under 35 | Tamar Trotters | 1:06:53 | 1:06:48 |
| 8 | 528 | Jacob Gardner | Male Under 35 | Hayle Runners | 1:07:04 | 1:07:00 |
| 9 | 407 | Peter Scriven | Male 45-49 | Cornwall AC | 1:07:32 | 1:07:28 |
| 10 | 102 | Neil Hayhurst | Male 40-44 | Hayle Runners | 1:08:47 | 1:08:43 |
| 11 | 582 | Peter Allen | Male Under 35 | Erme Valley Harriers | 1:09:03 | 1:08:57 |
| 12 | 296 | Garth McColville | Male 35-39 | St Austell Athletes Running Club | 1:09:23 | 1:09:19 |
| 13 | 504 | Daniel Westlake | Male Under 35 | Storm Plymouth | 1:09:34 | 1:09:31 |
| 14 | 225 | Lloyd Milbourn | Male Under 35 | | 1:09:43 | 1:09:40 |
| 15 | 429 | Simon Morse | Male 35-39 | East Cornwall Harriers | 1:09:52 | 1:09:49 |
| 16 | 516 | Dominic Turton | Male Under 35 | Hayle Runners | 1:10:00 | 1:09:53 |
| 17 | 333 | Roger Easterbrook | Male 50-54 | Teignbridge Trotters | 1:10:05 | 1:10:01 |
| 18 | 547 | Fergal Stephensor | Male Under 35 | | 1:10:06 | 1:10:03 |
| 19 | 224 | Ross Penney | Male 35-39 | City of Plymouth Athletic Club | 1:10:08 | 1:10:04 |
| 20 | 357 | Ben Austin | Male Under 35 | Tamar Trotters | 1:10:32 | 1:10:19 |
| 21 | 542 | Raul Bescos | Male 45-49 | RunKovers | 1:10:44 | 1:10:39 |
| 22 | 266 | Graham Bale | Male 55-59 | Plymstock Road Runners | 1:10:55 | 1:10:51 |
| 23 | 388 | Lee Herbert | Male 45-49 | Plymouth Musketeers Running Clu | 1:11:28 | 1:11:25 |
| 24 | 580 | Jake Timms | Male Under 35 | Falmouth Running Club | 1:11:30 | 1:11:25 |
| 25 | 116 | Matt Fox | Male Under 35 | Falmouth Running Club | 1:12:25 | 1:12:20 |
| 26 | 462 | Alex Daniels | Male 50-54 | Newquay Road Runners | 1:12:29 | 1:12:26 |
| 27 | 62 | Jamie Howourth | Male Under 35 | | 1:12:41 | 1:12:38 |
| 28 | 136 | Alan Jeffrey | Male 50-54 | Bodmin Road Runners | 1:12:45 | 1:12:40 |
| 29 | 228 | James Speak | Male Under 35 | Dorst Dingos GmbH | 1:13:02 | 1:12:57 |
| 30 | 404 | Jordan Hewitt | Male Under 35 | Tiverton Harriers | 1:13:46 | 1:13:35 |
| 31 | 51 | Bradley Parsons | Male Under 35 | St Austell Running Club | 1:14:23 | 1:14:19 |
| 32 | 28 | Steve Jones | Male 35-39 | City of Plymouth Athletic Club | 1:14:37 | 1:14:33 |
| 33 | 86 | Charlene Matthew | Female 35-39 | Storm Plymouth | 1:14:38 | 1:14:33 |
| 34 | 16 | Shaun Mellow | Male 40-44 | St Austell Athletes Running Club | 1:15:14 | 1:15:10 |
| 35 | 392 | Adam Keogh | Male 45-49 | Falmouth Running Club | 1:15:30 | 1:15:14 |
| 36 | 402 | Jamie Daniell | Male 35-39 | St Austell Running Club | 1:15:32 | 1:15:27 |
| 37 | 64 | Jodie Gauld | Female Under 35 | St Austell Running Club | 1:15:33 | 1:15:26 |
| 38 | 492 | Matthew Bisco | Male 40-44 | Crafthole Running and Powerlifting | 1:15:44 | 1:15:40 |
| 39 | 280 | Andrew Hall | Male 45-49 | St Austell Running Club | 1:15:56 | 1:15:50 |
| 40 | 177 | Kevin Edwards | Male 55-59 | Tamar Trotters | 1:16:02 | 1:15:54 |
| 41 | 414 | Luke Gray | Male Under 35 | | 1:16:10 | 1:16:01 |
| 42 | 308 | Kevin Woodley | Male 45-49 | Tri Logic Cornwall | 1:16:17 | 1:16:14 |
| 43 | 293 | Liam O'Neill | Male 35-39 | Hayle Runners | 1:16:17 | 1:16:10 |
| 44 | 568 | Sean McTaggart | Male Under 35 | | 1:16:27 | 1:16:23 |
| 45 | 20 | Mike Ellis | Male 45-49 | Newquay & Par AC | 1:16:29 | 1:16:26 |
| 46 | 74 | Andrew Delve | Male 40-44 | Crafthole Running and Powerlifting | 1:16:43 | 1:16:39 |
| 47 | 81 | Tom Boulden | Male 35-39 | Plymstock Road Runners | 1:16:59 | 1:16:46 |

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| 48 | 586 | Luke Gibbons | Male Under 35 | | 1:17:00 | 1:16:46 |
| 49 | 329 | Richard Ezra-Ham | Male Under 35 | Tamar Trotters | 1:17:00 | 1:16:47 |
| 50 | 192 | Joseph Thomson | Male 35-39 | Launceston Road Runners | 1:17:21 | 1:17:09 |
| 51 | 465 | Ben Harding | Male 40-44 | East Cornwall Harriers | 1:17:29 | 1:17:23 |
| 52 | 216 | Jo Temple | Female Under 35 | Truro Running Club | 1:17:37 | 1:17:34 |
| 53 | 485 | Mike Dowrick | Male 50-54 | Cornwall AC | 1:17:41 | 1:17:39 |
| 54 | 282 | Simon Parry | Male 50-54 | | 1:17:49 | 1:17:42 |
| 55 | 385 | Joshua Hockridge | Male Under 35 | | 1:18:02 | 1:17:34 |
| 56 | 322 | Duncan Knight | Male 50-54 | Teignbridge Trotters | 1:18:10 | 1:18:00 |
| 57 | 474 | Mark Williams | Male 55-59 | Hayle Runners | 1:18:29 | 1:18:15 |
| 58 | 413 | Samuel Cooper | Male Under 35 | | 1:18:45 | 1:18:35 |
| 59 | 391 | David Kilgore | Male 45-49 | Storm Plymouth | 1:18:56 | 1:18:50 |
| 60 | 183 | Steve Weeks | Male 45-49 | Teignbridge Trotters | 1:18:59 | 1:18:51 |
| 61 | 540 | Kevin Bunkum | Male Under 35 | | 1:19:04 | 1:18:58 |
| 62 | 579 | Jules Okeefe | Male Under 35 | | 1:19:37 | 1:19:22 |
| 63 | 471 | Sid Standlick | Male 40-44 | Tamar Trotters | 1:20:00 | 1:19:43 |
| 64 | 88 | Emma Stepto | Female 50-54 | Cornwall AC | 1:20:07 | 1:20:04 |
| 65 | 211 | James Toseland | Male 35-39 | Truro Running Club | 1:20:24 | 1:20:18 |
| 66 | 312 | Peter Brodey | Male Under 35 | St Austell Running Club | 1:20:27 | 1:20:19 |
| 67 | 262 | David Engledew | Male 60-64 | Erme Valley Harriers | 1:20:32 | 1:20:21 |
| 68 | 184 | Chloe Weeks | Female Under 35 | Teignbridge Trotters | 1:20:33 | 1:20:24 |
| 69 | 6 | Tim Twiggs | Male 55-59 | Hayle Runners | 1:20:36 | 1:20:20 |
| 70 | 393 | Stacie Tregonning | Female Under 35 | St Austell Athletes Running Club | 1:20:42 | 1:20:33 |
| 71 | 509 | Ayesha Gillespie | Female Under 35 | Tamar Trotters | 1:20:46 | 1:20:28 |
| 72 | 401 | Robert Standing | Male 50-54 | Truro Running Club | 1:20:46 | 1:20:39 |
| 73 | 585 | James Martyn | Male 40-44 | Storm Plymouth | 1:20:58 | 1:20:36 |
| 74 | 306 | Matthew Wearne | Male Under 35 | Plymouth Musketeers Running Clu | 1:20:59 | 1:20:48 |
| 75 | 327 | Richard Chynowet | Male 40-44 | Truro Running Club | 1:21:13 | 1:21:06 |
| 76 | 229 | Matthew Purcell-F | Male 35-39 | St Austell Athletes Running Club | 1:21:37 | 1:21:29 |
| 77 | 195 | Stuart Richards | Male 45-49 | St Austell Running Club | 1:21:42 | 1:21:36 |
| 78 | 147 | Ian Curnow | Male 50-54 | Hayle Runners | 1:21:47 | 1:21:32 |
| 79 | 450 | Mark Sweeney | Male 60-64 | St Austell Running Club | 1:22:03 | 1:21:55 |
| 80 | 563 | Darren Uren | Male 40-44 | Hayle Runners | 1:22:07 | 1:22:02 |
| 81 | 487 | Colin Bathe | Male 50-54 | Truro Running Club | 1:22:12 | 1:22:03 |
| 82 | 447 | George White | Male Under 35 | | 1:22:13 | 1:22:06 |
| 83 | 488 | Melissa Nicholas | Female Under 35 | Hayle Runners | 1:22:18 | 1:22:12 |
| 84 | 29 | Rose Harvie | Female Under 35 | Newquay Road Runners | 1:22:41 | 1:22:30 |
| 85 | 458 | Chris Marriott | Male 40-44 | St Austell Athletes Running Club | 1:22:49 | 1:22:38 |
| 86 | 89 | Nicholas Peters | Male Under 35 | Hayle Runners | 1:23:03 | 1:22:42 |
| 87 | 336 | Samuel White | Male 40-44 | Run Fit Run Fast | 1:23:08 | 1:22:50 |
| 88 | 54 | Simon Hambury | Male 45-49 | Falmouth Running Club | 1:23:23 | 1:23:11 |
| 89 | 373 | David Friskin | Male Under 35 | Plymouth Musketeers Running Clu | 1:23:23 | 1:23:01 |
| 90 | 519 | Alan Smith | Male 35-39 | Plymouth Musketeers Running Clu | 1:23:24 | 1:23:02 |
| 91 | 14 | Paul Gough | Male 50-54 | Hayle Runners | 1:23:48 | 1:23:33 |
| 92 | 326 | Andrew Searle | Male 40-44 | Hayle Runners | 1:24:03 | 1:23:45 |
| 93 | 83 | Charles Curtis | Male Under 35 | Cornwall AC | 1:24:27 | 1:24:21 |
| 94 | 259 | Shaun Kirk | Male 55-59 | South Devon AC | 1:24:29 | 1:24:24 |
| 95 | 355 | Robin Watson | Male 60-64 | Falmouth Running Club | 1:24:54 | 1:24:49 |
| 96 | 588 | George Maddison | Male Under 35 | | 1:25:09 | 1:25:02 |

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| 97 | 440 | Alex Keyworth | Male Under 35 | | 1:25:16 | 1:24:49 |
| 98 | 362 | Kelvin Rogers | Male 35-39 | | 1:25:31 | 1:25:21 |
| 99 | 196 | Ian Temple | Male 55-59 | Bodmin Road Runners | 1:25:33 | 1:25:17 |
| 100 | 19 | Arron West | Male 50-54 | | 1:25:37 | 1:25:25 |
| 101 | 348 | Steve Baker | Male 65-69 | Tamar Trotters | 1:25:37 | 1:25:28 |
| 102 | 363 | Matthew Ball | Male 50-54 | Plymouth Harriers | 1:25:38 | 1:25:19 |
| 103 | 277 | Ian Langler | Male 45-49 | Teignbridge Trotters | 1:25:51 | 1:25:42 |
| 104 | 297 | Robert Foster | Male 35-39 | South Devon AC | 1:26:08 | 1:26:02 |
| 105 | 421 | Melodie Manners | Female 35-39 | Hayle Runners | 1:26:10 | 1:25:51 |
| 106 | 249 | Lee Clarke | Male Under 35 | | 1:26:15 | 1:26:04 |
| 107 | 574 | Jonathan Sharp | Male 40-44 | | 1:26:21 | 1:26:07 |
| 108 | 138 | Stuart Queen | Male 50-54 | Run Venture Running Club | 1:26:28 | 1:26:15 |
| 109 | 85 | Jon Hill | Male Under 35 | | 1:26:38 | 1:26:08 |
| 110 | 555 | Mandy Gibson | Female 45-49 | Looe Pioneers Running Club | 1:26:41 | 1:26:35 |
| 111 | 422 | Eddie Thomson | Male 35-39 | Launceston Road Runners | 1:26:45 | 1:26:33 |
| 112 | 87 | Richard Channing | Male 45-49 | | 1:26:53 | 1:26:17 |
| 113 | 173 | Darren Harvey | Male 45-49 | East Cornwall Harriers | 1:27:01 | 1:26:42 |
| 114 | 521 | Gail Aspden | Female 50-54 | Cornwall AC | 1:27:01 | 1:26:56 |
| 115 | 285 | Sarah Markwick | Female 40-44 | Erme Valley Harriers | 1:27:02 | 1:26:52 |
| 116 | 410 | Mark Bennetts | Male 45-49 | St Austell Athletes Running Club | 1:27:18 | 1:27:09 |
| 117 | 544 | Leo Shipley | Male Under 35 | | 1:27:45 | 1:27:29 |
| 118 | 27 | Jane Ling | Female 45-49 | Plymstock Road Runners | 1:27:51 | 1:27:40 |
| 119 | 543 | Patricia Casas | Female 40-44 | RunKovers | 1:27:55 | 1:27:32 |
| 120 | 533 | Chris Duncan | Male 40-44 | | 1:28:02 | 1:27:40 |
| 121 | 529 | Richard Foster | Male 50-54 | Launceston Road Runners | 1:28:02 | 1:27:47 |
| 122 | 7 | Jonathan Perrett | Male Under 35 | Totton Running Club | 1:28:04 | 1:27:43 |
| 123 | 288 | Gemma Bray | Female 40-44 | Crafthole Running and Powerlifting | 1:28:12 | 1:28:04 |
| 124 | 549 | Marc Young | Male 50-54 | Plymouth Musketeers Running Club | 1:28:36 | 1:28:27 |
| 125 | 472 | Conan Bennett | Male 35-39 | | 1:28:38 | 1:28:29 |
| 126 | 132 | Corinne Gerrard | Female 50-54 | Hayle Runners | 1:28:52 | 1:28:31 |
| 127 | 505 | Alan Kember | Male 65-69 | Teignbridge Trotters | 1:28:52 | 1:28:43 |
| 128 | 250 | Marty Barnfield | Male 50-54 | Bodmin Road Runners | 1:29:18 | 1:29:03 |
| 129 | 554 | James Bessant Da | Male Under 35 | | 1:29:19 | 1:29:12 |
| 130 | 214 | Megan Mason | Female Under 35 | | 1:29:38 | 1:29:09 |
| 131 | 511 | Ian Savigar | Male 60-64 | East Cornwall Harriers | 1:29:46 | 1:29:31 |
| 132 | 415 | Alex Salmon | Male 40-44 | | 1:29:48 | 1:29:24 |
| 133 | 304 | Anita May | Female Under 35 | | 1:30:10 | 1:29:44 |
| 134 | 315 | Nicholas Slemon | Male 50-54 | Callington Running Group | 1:30:12 | 1:29:51 |
| 135 | 584 | Tristan Kunzer | Male Under 35 | | 1:30:18 | 1:30:11 |
| 136 | 99 | David Thomasson | Male 50-54 | Bodmin Road Runners | 1:30:18 | 1:30:05 |
| 137 | 199 | Jacob Herman | Male Under 35 | | 1:30:20 | 1:30:07 |
| 138 | 435 | Debbie Harrison-V | Female 50-54 | Hayle Runners | 1:30:20 | 1:30:11 |
| 139 | 210 | Adam Millward | Male 35-39 | | 1:30:30 | 1:30:17 |
| 140 | 449 | Jenna Bissell | Female 35-39 | Truro Running Club | 1:30:32 | 1:30:16 |
| 141 | 1 | Julian Spencer | Male 55-59 | Truro Running Club | 1:30:47 | 1:30:32 |
| 142 | 546 | Christopher Bailey | Male 45-49 | Storm Plymouth | 1:31:00 | 1:30:51 |
| 143 | 444 | Kevin Silver | Male 55-59 | Hayle Runners | 1:31:07 | 1:30:50 |
| 144 | 577 | Andrew Johnson | Male 60-64 | Exmouth Harriers | 1:31:10 | 1:30:59 |
| 145 | 120 | Megan Rowe | Female 35-39 | St Austell Running Club | 1:31:14 | 1:30:54 |

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| 146 | 91 | Mark Sinclair | Male 55-59 | Plymouth Musketeers Running Clu | 1:31:17 | 1:31:07 |
| 147 | 494 | Tanya Coleman | Female 50-54 | Truro Running Club | 1:31:24 | 1:31:07 |
| 148 | 320 | George Tancock | Male Under 35 | | 1:31:28 | 1:31:14 |
| 149 | 65 | John Featherstone | Male 50-54 | Looe Pioneers Running Club | 1:31:46 | 1:31:39 |
| 150 | 71 | Nick Shapland | Male 50-54 | | 1:31:48 | 1:31:22 |
| 151 | 318 | Kevin Marshall | Male 60-64 | Launceston Road Runners | 1:31:54 | 1:31:42 |
| 152 | 468 | Peter James | Male 50-54 | Launceston Road Runners | 1:31:55 | 1:31:42 |
| 153 | 478 | George Paget | Male Under 35 | | 1:32:14 | 1:31:43 |
| 154 | 476 | Joe Brooks | Male 50-54 | Tamar Trotters | 1:32:23 | 1:32:08 |
| 155 | 212 | Freddie Carter | Male Under 35 | Wembley Pioneers | 1:32:33 | 1:32:04 |
| 156 | 152 | Steven Major | Male Under 35 | Teignbridge Trotters | 1:32:33 | 1:32:17 |
| 157 | 489 | Tess Wakeham | Female 35-39 | Newquay Road Runners | 1:32:43 | 1:32:13 |
| 158 | 473 | Alistair Blake | Male 35-39 | | 1:32:43 | 1:31:58 |
| 159 | 77 | Alastair Bragg | Male 40-44 | | 1:32:43 | 1:32:18 |
| 160 | 532 | Neil Rutley | Male 60-64 | Teignbridge Trotters | 1:32:45 | 1:32:33 |
| 161 | 356 | Ross Martin | Male Under 35 | | 1:32:48 | 1:32:21 |
| 162 | 17 | Samuel Sieniewicz | Male Under 35 | | 1:32:51 | 1:32:24 |
| 163 | 101 | Darren Vilton-Teb | Male 50-54 | Looe Pioneers Running Club | 1:33:07 | 1:32:25 |
| 164 | 514 | Karine Gallais-Moi | Female 50-54 | | 1:33:07 | 1:32:39 |
| 165 | 234 | Nick Dutton | Male Under 35 | Wembley Pioneers | 1:33:19 | 1:32:51 |
| 166 | 335 | David Menhenitt | Male Under 35 | St Austell Athletes Running Club | 1:33:27 | 1:33:05 |
| 167 | 537 | Jason Elliott | Male 50-54 | Newquay Road Runners | 1:33:31 | 1:33:03 |
| 168 | 197 | Alison Temple | Female 60-64 | Bodmin Road Runners | 1:33:38 | 1:33:19 |
| 169 | 411 | Damen Powell | Male 35-39 | St Austell Running Club | 1:33:48 | 1:33:40 |
| 170 | 43 | Liz Trebilcock | Female 55-59 | Truro Running Club | 1:34:12 | 1:33:54 |
| 171 | 47 | Katie Harvie | Female Under 35 | Torbay AAC | 1:34:15 | 1:33:54 |
| 172 | 340 | Kaye Patterson | Female 35-39 | East Cornwall Harriers | 1:34:25 | 1:34:07 |
| 173 | 498 | Harry Maywood | Male Under 35 | Looe Pioneers Running Club | 1:34:32 | 1:34:00 |
| 174 | 397 | Richard Morton | Male 70-74 | Tamar Trotters | 1:34:40 | 1:34:30 |
| 175 | 445 | Luke Bradford | Male 40-44 | Hayle Runners | 1:34:48 | 1:34:32 |
| 176 | 436 | Carl Williams | Male 50-54 | Newquay Road Runners | 1:34:50 | 1:34:20 |
| 177 | 350 | Andrew Whitby | Male 60-64 | Instinctive Sport Fun Runners | 1:34:56 | 1:34:25 |
| 178 | 82 | Nigel Grant | Male 60-64 | Bude Rats (Run and Tri) | 1:34:59 | 1:34:50 |
| 179 | 481 | Fred Jenkins | Male 60-64 | Instinctive Sport Fun Runners | 1:35:00 | 1:34:29 |
| 180 | 424 | Christopher Marti | Male 40-44 | Torbay Tri Club | 1:35:01 | 1:34:25 |
| 181 | 60 | Martin Perry | Male 40-44 | | 1:35:07 | 1:34:42 |
| 182 | 367 | Ant Barrett | Male 40-44 | St Austell Athletes Running Club | 1:35:12 | 1:34:48 |
| 183 | 261 | Alison Engledew | Female 65-69 | Erme Valley Harriers | 1:35:21 | 1:35:03 |
| 184 | 506 | Stuart Smith | Male 35-39 | Hayle Runners | 1:35:27 | 1:35:10 |
| 185 | 160 | Samuel Ledsham | Male 50-54 | Lonely Goat RC | 1:35:33 | 1:35:25 |
| 186 | 330 | David Foy | Male 50-54 | Falmouth Running Club | 1:35:45 | 1:35:20 |
| 187 | 61 | Mark Harvie | Male 55-59 | | 1:36:00 | 1:35:46 |
| 188 | 130 | Josh Turner | Male 35-39 | East Cornwall Harriers | 1:36:13 | 1:35:53 |
| 189 | 371 | Andrea Simmons | Female 65-69 | Hayle Runners | 1:36:14 | 1:35:54 |
| 190 | 207 | Jennifer Mcinerne | Female 35-39 | | 1:36:16 | 1:36:07 |
| 191 | 283 | Sommer Parry | Female Under 35 | | 1:36:19 | 1:35:31 |
| 192 | 557 | Martin Dinham | Male 50-54 | Mile High | 1:36:23 | 1:36:16 |
| 193 | 428 | Andrew Parsons | Male 50-54 | Storm Plymouth | 1:36:29 | 1:36:18 |
| 194 | 353 | Suzu Wills | Female 40-44 | Plymstock Road Runners | 1:36:31 | 1:35:48 |

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| 195 | 361 | Mandy Watts | Female 55-59 | Newquay Road Runners | 1:36:32 | 1:36:18 |
| 196 | 4 | Chaleigh Obrien | Female 35-39 | Taunton AC | 1:36:41 | 1:36:06 |
| 197 | 566 | Nicholas Lloyd | Male 60-64 | Chagford Runners | 1:36:51 | 1:36:23 |
| 198 | 339 | David Simpson | Male 60-64 | | 1:36:55 | 1:36:50 |
| 199 | 135 | Zoe Renowden | Female 40-44 | Hayle Runners | 1:36:56 | 1:36:36 |
| 200 | 562 | Charles Homer | Male Under 35 | Hayle Runners | 1:37:03 | 1:36:43 |
| 201 | 10 | Jamie Edmondson | Male Under 35 | | 1:37:05 | 1:36:27 |
| 202 | 545 | Caitlin Darke | Female Under 35 | | 1:37:08 | 1:36:41 |
| 203 | 578 | Christopher Bailey | Male 35-39 | | 1:37:08 | 1:36:30 |
| 204 | 164 | Summer Runner | Female 40-44 | Storm Plymouth | 1:37:15 | 1:36:30 |
| 205 | 351 | Hayley Stacey | Female 45-49 | East Cornwall Harriers | 1:37:20 | 1:36:55 |
| 206 | 484 | Karina Bowers | Female 40-44 | St Austell Running Club | 1:37:30 | 1:37:21 |
| 207 | 395 | Rebecca Mccallum | Female 35-39 | Storm Plymouth | 1:37:37 | 1:37:12 |
| 208 | 59 | Meeta Nicholls | Female 45-49 | East Cornwall Harriers | 1:37:38 | 1:37:14 |
| 209 | 58 | Ricky Blackman | Male 50-54 | St Austell Athletes Running Club | 1:38:12 | 1:37:49 |
| 210 | 483 | Michael Widger | Male 45-49 | South Devon AC | 1:38:27 | 1:38:21 |
| 211 | 244 | Michael Hockey | Male 40-44 | Plymouth Musketeers Running Clu | 1:38:42 | 1:37:51 |
| 212 | 319 | Guy Boswell | Male 60-64 | Plymouth Musketeers Running Clu | 1:38:46 | 1:38:24 |
| 213 | 575 | Chris Webster | Male 60-64 | | 1:38:47 | 1:38:11 |
| 214 | 256 | Patrick Uniacke | Male Under 35 | | 1:38:51 | 1:38:30 |
| 215 | 265 | Chris Underwood | Male Under 35 | | 1:38:58 | 1:38:05 |
| 216 | 158 | Tom Howard | Male Under 35 | St Austell Athletes Running Club | 1:39:14 | 1:38:48 |
| 217 | 52 | Eric Foster | Male 65-69 | Dawlish Coasters | 1:39:15 | 1:38:32 |
| 218 | 251 | Joanna Randall | Female 35-39 | Teignbridge Trotters | 1:39:27 | 1:38:25 |
| 219 | 292 | Chris Wigfield | Male 50-54 | | 1:39:39 | 1:38:55 |
| 220 | 426 | Mary Hickson | Female 55-59 | Crafthole Running and Powerlifting | 1:39:42 | 1:39:01 |
| 221 | 531 | Sarah Robinson | Female 45-49 | Plymouth Musketeers Running Clu | 1:39:43 | 1:38:57 |
| 222 | 564 | Andy Bees | Male 40-44 | Plymouth Musketeers Running Clu | 1:39:43 | 1:38:56 |
| 223 | 341 | Laura Lake | Female Under 35 | Plymouth Musketeers Running Clu | 1:39:43 | 1:38:57 |
| 224 | 576 | Daniel Berry | Male Under 35 | | 1:40:03 | 1:39:40 |
| 225 | 448 | Helen Mitchell | Female 55-59 | Truro Running Club | 1:40:19 | 1:40:01 |
| 226 | 106 | Darren Hardwick | Male 55-59 | Looe Pioneers Running Club | 1:40:23 | 1:40:16 |
| 227 | 552 | Alison Caldwell | Female 45-49 | | 1:40:36 | 1:40:18 |
| 228 | 553 | Adam Speare | Male 55-59 | Tamar Trotters | 1:40:37 | 1:40:18 |
| 229 | 255 | Clio Scutt | Female Under 35 | | 1:40:59 | 1:40:13 |
| 230 | 390 | Stephen Hutchins | Male 70-74 | Bude Rats (Run and Tri) | 1:41:00 | 1:40:48 |
| 231 | 103 | Stephen Amor | Male 50-54 | Bodmin Road Runners | 1:41:17 | 1:40:56 |
| 232 | 446 | Steven Jenkin | Male 50-54 | Cornwall AC | 1:41:29 | 1:40:44 |
| 233 | 551 | Robert Rochowiak | Male 60-64 | Carn Runners | 1:41:31 | 1:40:52 |
| 234 | 464 | Kerry Bell | Female 60-64 | South Devon AC | 1:41:40 | 1:41:08 |
| 235 | 41 | Chris Hewlins | Male 40-44 | Plymouth Musketeers Running Clu | 1:41:52 | 1:41:39 |
| 236 | 338 | Tom Edie | Male 40-44 | St Austell Athletes Running Club | 1:42:11 | 1:41:46 |
| 237 | 73 | Mark Channing | Male 35-39 | | 1:42:25 | 1:41:49 |
| 238 | 307 | Alana Pearson | Female 40-44 | Storm Plymouth | 1:42:34 | 1:42:08 |
| 239 | 358 | Patsy Goldstone | Female 55-59 | Nailsea Running Club | 1:42:35 | 1:42:17 |
| 240 | 525 | Jessica Hird | Female 35-39 | | 1:42:36 | 1:42:25 |
| 241 | 332 | Tim Synge | Male 60-64 | Teignbridge Trotters | 1:42:39 | 1:42:27 |
| 242 | 84 | Chris Janes | Male 40-44 | Plymouth Falconers | 1:42:43 | 1:42:09 |
| 243 | 175 | Ryan Condon | Male 40-44 | | 1:42:43 | 1:42:20 |

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| 244 | 5 | Brian Pope | Male 60-64 | Clanfield Joggers | 1:42:47 | 1:41:59 |
| 245 | 21 | Ian Coombs | Male 50-54 | Clanfield Joggers | 1:42:47 | 1:41:58 |
| 246 | 31 | Anton Foster | Male 55-59 | Clanfield Joggers | 1:42:47 | 1:41:58 |
| 247 | 456 | Christopher Baggc | Male 50-54 | St Austell Running Club | 1:42:50 | 1:42:28 |
| 248 | 389 | Brendan Palmer | Male 45-49 | Storm Plymouth | 1:43:25 | 1:43:15 |
| 249 | 572 | Jenny Craven | Female 45-49 | | 1:43:28 | 1:42:43 |
| 250 | 36 | Lisa Player | Female 60-64 | Newquay Road Runners | 1:43:37 | 1:43:18 |
| 251 | 460 | Tim Fuge | Male 35-39 | | 1:43:47 | 1:43:10 |
| 252 | 155 | Peter Allen | Male 65-69 | Newquay Road Runners | 1:43:52 | 1:43:37 |
| 253 | 365 | Philip Hall | Male 65-69 | Falmouth Running Club | 1:43:53 | 1:43:27 |
| 254 | 550 | Lisa Whell | Female 40-44 | | 1:43:54 | 1:43:27 |
| 255 | 374 | Sarah Wilkinson | Female 60-64 | Newquay Road Runners | 1:44:01 | 1:43:43 |
| 256 | 139 | Travis Trice | Male Under 35 | Plymouth Musketeers Running Clu | 1:44:07 | 1:43:18 |
| 257 | 247 | Jack Woollett | Male Under 35 | | 1:44:24 | 1:43:52 |
| 258 | 246 | Mrs Woollett | Female 50-54 | | 1:44:24 | 1:43:53 |
| 259 | 534 | Michelle Cartlidge | Female 35-39 | Plymouth Harriers | 1:44:26 | 1:43:48 |
| 260 | 243 | Kat Darby | Female 35-39 | Lonely Goat RC | 1:44:40 | 1:43:56 |
| 261 | 97 | Iain Mobbs | Male 50-54 | | 1:44:45 | 1:44:10 |
| 262 | 437 | Raegan Leather | Female Under 35 | Plymouth Musketeers Running Clu | 1:44:51 | 1:44:03 |
| 263 | 527 | Andrew Urie | Male 50-54 | | 1:44:51 | 1:44:18 |
| 264 | 493 | Kelly Bills | Female 45-49 | Hayle Runners | 1:45:07 | 1:44:25 |
| 265 | 573 | David Barrett | Male 60-64 | Teignbridge Trotters | 1:45:08 | 1:44:43 |
| 266 | 310 | Shaz Sharples | Female 55-59 | Teignbridge Trotters | 1:45:26 | 1:45:11 |
| 267 | 343 | Darren Blenkinsop | Male 50-54 | Tamar Trotters | 1:45:49 | 1:45:08 |
| 268 | 90 | Sarah Sinclair | Female 50-54 | Plymouth Musketeers Running Clu | 1:46:02 | 1:45:49 |
| 269 | 294 | Fiona Gamble | Female 35-39 | Hayle Runners | 1:46:04 | 1:45:44 |
| 270 | 248 | Anthony Burrows | Male 55-59 | Hayle Runners | 1:46:05 | 1:45:24 |
| 271 | 381 | Lucy Oldham | Female 45-49 | East Cornwall Harriers | 1:46:09 | 1:45:38 |
| 272 | 417 | Ruth Holding | Female 60-64 | Mile High | 1:46:18 | 1:45:45 |
| 273 | 69 | Trevor Lee | Male 60-64 | Truro Running Club | 1:46:20 | 1:45:43 |
| 274 | 412 | Harry Bryant | Male Under 35 | Crafthole Running and Powerlifting | 1:46:27 | 1:46:18 |
| 275 | 68 | Dawn Diprose | Female 60-64 | East Cornwall Harriers | 1:46:36 | 1:46:06 |
| 276 | 352 | Claire Morrissey | Female Under 35 | Plymouth Musketeers Running Clu | 1:46:38 | 1:45:50 |
| 277 | 427 | Christopher Ayling | Male Under 35 | Bodmin Road Runners | 1:46:43 | 1:46:20 |
| 278 | 503 | Richard Lewis | Male 50-54 | | 1:46:47 | 1:46:17 |
| 279 | 558 | Kirsty Kunz | Female 35-39 | | 1:46:55 | 1:46:19 |
| 280 | 237 | Joanne Strawbridg | Female 45-49 | East Cornwall Harriers | 1:47:16 | 1:46:47 |
| 281 | 518 | Richard Stacey | Male 55-59 | | 1:47:18 | 1:47:11 |
| 282 | 66 | Victoria Humphre | Female 35-39 | East Cornwall Harriers | 1:47:21 | 1:46:53 |
| 283 | 276 | Dominique Harcou | Female 45-49 | Teignbridge Trotters | 1:47:32 | 1:46:54 |
| 284 | 264 | Erica Clements | Female 35-39 | | 1:48:02 | 1:47:26 |
| 285 | 480 | Alexander Cooper | Male 45-49 | | 1:48:09 | 1:47:35 |
| 286 | 408 | Georgina Rangecr | Female 40-44 | | 1:48:11 | 1:47:42 |
| 287 | 100 | Jane Stedman | Female 60-64 | Bodmin Road Runners | 1:48:12 | 1:47:52 |
| 288 | 98 | Nicky Brenton | Female 55-59 | Bodmin Road Runners | 1:48:12 | 1:47:51 |
| 289 | 368 | Richard Collett | Male 40-44 | Hayle Runners | 1:48:19 | 1:47:55 |
| 290 | 239 | Alison Benson | Female 60-64 | | 1:48:31 | 1:47:55 |
| 291 | 539 | Catherine Sims | Female 50-54 | Tamar Trotters | 1:48:42 | 1:48:02 |
| 292 | 126 | Helen Collett | Female 60-64 | Hart Road Runners | 1:48:43 | 1:48:20 |

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| 293 | 144 | Jonathan Batemar | Male 75-79 | Royal Wootton Bassett Hounds RC | 1:48:46 | 1:48:21 |
| 294 | 455 | Colin Palmer | Male 40-44 | Storm Plymouth | 1:48:51 | 1:48:30 |
| 295 | 9 | Stephen Edwards | Male Under 35 | | 1:48:54 | 1:48:16 |
| 296 | 271 | Jim Lockyer | Male 65-69 | East Cornwall Harriers | 1:48:58 | 1:48:18 |
| 297 | 227 | James Coumbe | Male 40-44 | Callington Running Group | 1:48:58 | 1:48:10 |
| 298 | 524 | Claire Johnson | Female 35-39 | St Austell Running Club | 1:49:05 | 1:48:45 |
| 299 | 232 | Malcolm Roberts | Male 70-74 | St Austell Running Club | 1:49:11 | 1:48:56 |
| 300 | 284 | Dave Armstrong | Male 60-64 | | 1:49:14 | 1:48:28 |
| 301 | 67 | Steven Tudor | Male 65-69 | | 1:49:15 | 1:48:36 |
| 302 | 219 | Andy Tinkler | Male 65-69 | Up and Running Torbay | 1:49:20 | 1:48:22 |
| 303 | 242 | Billy Butler | Male Under 35 | | 1:49:47 | 1:49:06 |
| 304 | 95 | Claire Manton | Female 40-44 | Looe Pioneers Running Club | 1:49:47 | 1:49:08 |
| 305 | 181 | Colin Martin | Male 70-74 | Newquay Road Runners | 1:50:01 | 1:49:34 |
| 306 | 112 | Nicholas Saunders | Male 40-44 | | 1:50:04 | 1:49:32 |
| 307 | 286 | Steve Kemsley | Male 60-64 | Falmouth Running Club | 1:50:10 | 1:49:43 |
| 308 | 425 | Cat Wallman | Female 50-54 | Truro Running Club | 1:50:10 | 1:49:37 |
| 309 | 396 | Vicky Mullen | Female 40-44 | | 1:50:38 | 1:50:21 |
| 310 | 311 | Paul Sharples | Male 65-69 | Teignbridge Trotters | 1:50:45 | 1:50:29 |
| 311 | 226 | Anna Speak | Female Under 35 | | 1:50:52 | 1:50:11 |
| 312 | 495 | James Nicholson | Male 35-39 | Plymouth Coasters | 1:50:57 | 1:50:03 |
| 313 | 463 | Jack Kavanagh | Male 35-39 | Pasty Shop Boys | 1:51:07 | 1:50:58 |
| 314 | 559 | Peter Armstrong | Male 35-39 | Plymouth Harriers | 1:51:13 | 1:50:34 |
| 315 | 347 | Debbie Marshall | Female 45-49 | St Austell Running Club | 1:51:19 | 1:50:43 |
| 316 | 416 | Philip Conroy | Male 70-74 | | 1:52:01 | 1:51:29 |
| 317 | 140 | Dean Trice | Male 55-59 | Plymouth Musketeers Running Club | 1:52:01 | 1:51:11 |
| 318 | 163 | Helen Boulden | Female Under 35 | Plymstock Road Runners | 1:52:23 | 1:51:39 |
| 319 | 218 | Ferne Raybould | Female 45-49 | Brixham Harriers | 1:52:28 | 1:51:29 |
| 320 | 441 | Julie Rundle | Female 45-49 | Bodmin Road Runners | 1:52:36 | 1:52:14 |
| 321 | 372 | Mike Bawden | Male 60-64 | Carn Runners | 1:52:42 | 1:52:04 |
| 322 | 325 | Neil Jordain | Male 45-49 | South Devon AC | 1:52:52 | 1:52:20 |
| 323 | 203 | Georgina Reid | Female Under 35 | Crafthole Running and Powerlifting | 1:52:55 | 1:52:46 |
| 324 | 167 | Richard Struthers | Male 55-59 | | 1:53:11 | 1:52:19 |
| 325 | 111 | Rachel Collins | Female 55-59 | Up and Running Torbay | 1:53:14 | 1:52:17 |
| 326 | 517 | Christopher Stace | Male Under 35 | Crafthole Running and Powerlifting | 1:53:17 | 1:53:10 |
| 327 | 23 | Simon Bunday | Male 60-64 | Haldon Trail Runners | 1:53:54 | 1:53:12 |
| 328 | 24 | Katie Mowll | Female 50-54 | Dawlish Coasters | 1:53:54 | 1:53:10 |
| 329 | 38 | Sophie Eastaff | Female 40-44 | | 1:53:59 | 1:53:29 |
| 330 | 515 | Neil Goodrich | Male 50-54 | | 1:54:10 | 1:53:05 |
| 331 | 200 | Martin Trethewey | Male 55-59 | St Austell Running Club | 1:54:17 | 1:53:41 |
| 332 | 257 | Christopher Nottle | Male Under 35 | Lonely Goat RC | 1:54:44 | 1:54:21 |
| 333 | 513 | Terry Nottle | Male 50-54 | Lonely Goat RC | 1:54:47 | 1:54:23 |
| 334 | 298 | Chris Andrews | Male 60-64 | Teignbridge Trotters | 1:55:08 | 1:54:53 |
| 335 | 291 | Sue Tremlett | Female 60-64 | Teignbridge Trotters | 1:55:08 | 1:54:53 |
| 336 | 78 | Charlie Hoskin | Female 40-44 | | 1:55:24 | 1:54:50 |
| 337 | 79 | Loraine Hoar | Female 50-54 | St Austell Running Club | 1:55:24 | 1:54:56 |
| 338 | 194 | Gary Oswald | Male 70-74 | Looe Pioneers Running Club | 1:55:25 | 1:54:31 |
| 339 | 403 | Margaret Clark | Female 60-64 | Hayle Runners | 1:55:44 | 1:55:09 |
| 340 | 34 | Sue Pendleton | Female 40-44 | Callington Running Group | 1:55:50 | 1:55:02 |
| 341 | 145 | Demelza Widders | Female 40-44 | Carn Runners | 1:55:51 | 1:55:11 |

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| 342 | 535 Cheryl Dunn | Female Under 35 | Teignbridge Trotters | 1:55:54 | 1:55:15 |
| 343 | 230 Katie Bradshaw | Female 35-39 | Up and Running Torbay | 1:56:00 | 1:55:03 |
| 344 | 316 Emma Slemon | Female 50-54 | Callington Running Group | 1:56:01 | 1:55:13 |
| 345 | 570 John Barnes | Male 60-64 | Launceston Road Runners | 1:56:11 | 1:55:37 |
| 346 | 137 Sarah Tippet | Female 50-54 | Tamar Trail Runners | 1:56:35 | 1:55:46 |
| 347 | 93 Claire Barlow | Female 45-49 | Bodmin Road Runners | 1:56:47 | 1:56:26 |
| 348 | 556 Emma Alee | Female 45-49 | Plymouth Musketeers Running Clu | 1:56:51 | 1:56:01 |
| 349 | 399 Steve Zanni | Male 60-64 | Tri Logic Cornwall | 1:56:54 | 1:56:09 |
| 350 | 369 Sally Johnston | Female 60-64 | Tamar Trotters | 1:56:56 | 1:56:04 |
| 351 | 587 Sergio Sinagogo | Male Under 35 | | 1:57:07 | 1:56:41 |
| 352 | 153 Janet Watson | Female 70-74 | Carn Runners | 1:57:12 | 1:56:32 |
| 353 | 275 Elise Milden | Female Under 35 | Plymouth Musketeers Running Clu | 1:57:23 | 1:56:34 |
| 354 | 108 Rachel Yelland | Female 40-44 | East Cornwall Harriers | 1:57:24 | 1:56:56 |
| 355 | 201 Chloe Turner | Female Under 35 | East Cornwall Harriers | 1:57:24 | 1:56:57 |
| 356 | 548 Harriett Capewell | Female Under 35 | | 1:57:39 | 1:57:25 |
| 357 | 44 Jo White | Female 45-49 | Lonely Goat RC | 1:57:41 | 1:57:08 |
| 358 | 172 Paul Mcdonnell | Male 35-39 | | 1:58:06 | 1:57:36 |
| 359 | 171 Rebecca Mcdonne | Female 35-39 | | 1:58:06 | 1:57:35 |
| 360 | 123 Jacqui Martin | Female 50-54 | St Austell Running Club | 1:58:07 | 1:57:27 |
| 361 | 273 Graham Underwo | Male 55-59 | | 1:58:23 | 1:57:30 |
| 362 | 70 Sarah Steed | Female 50-54 | East Cornwall Harriers | 1:58:31 | 1:58:02 |
| 363 | 324 Jane Hirons | Female 55-59 | | 1:59:00 | 1:58:27 |
| 364 | 260 Rachel Stephens | Female 40-44 | Kernow Killer | 1:59:05 | 1:58:28 |
| 365 | 467 Michelle Howieso | Female 55-59 | Exmouth RC | 1:59:31 | 1:58:37 |
| 366 | 15 Des Evans | Male 75-79 | Newquay Road Runners | 1:59:45 | 1:59:32 |
| 367 | 180 Julia Evans | Female 50-54 | East Cornwall Harriers | 1:59:48 | 1:59:18 |
| 368 | 26 Karen Sims | Female 55-59 | East Cornwall Harriers | 1:59:48 | 1:59:12 |
| 369 | 12 Deborah Lord Lorc | Female 60-64 | East Cornwall Harriers | 1:59:48 | 1:59:12 |
| 370 | 2 Bryan Mills | Male 55-59 | | 1:59:49 | 1:59:09 |
| 371 | 561 Gareth Bennett | Male Under 35 | | 2:00:00 | 1:59:02 |
| 372 | 253 Tony Farrant | Male 55-59 | Callington Running Group | 2:00:09 | 1:59:20 |
| 373 | 94 Ian Ringer | Male 75-79 | Bodmin Road Runners | 2:00:12 | 1:59:53 |
| 374 | 419 Paul Wright | Male 75-79 | Bodmin Road Runners | 2:00:12 | 1:59:25 |
| 375 | 46 Kate Stevens | Female 45-49 | | 2:00:27 | 1:59:47 |
| 376 | 281 Bronnen Filer-Gal | Female Under 35 | | 2:00:39 | 1:59:52 |
| 377 | 174 Katy Speak | Female 60-64 | | 2:00:40 | 1:59:59 |
| 378 | 290 George Holman | Male 35-39 | South Devon AC | 2:00:42 | 2:00:09 |
| 379 | 190 Samantha Robbin | Female 45-49 | | 2:00:52 | 1:59:58 |
| 380 | 313 Jackie Cope | Female 65-69 | Falmouth Running Club | 2:00:56 | 2:00:12 |
| 381 | 124 Carole Cornwall | Female 55-59 | | 2:01:12 | 2:00:31 |
| 382 | 442 Emma James | Female 50-54 | Launceston Road Runners | 2:01:37 | 2:01:02 |
| 383 | 453 Paul Heywood | Male 55-59 | Launceston Road Runners | 2:01:38 | 2:01:04 |
| 384 | 501 Michelle Woodwa | Female 35-39 | | 2:01:43 | 2:01:04 |
| 385 | 500 Kieran Woodward | Male 35-39 | West End Road Runners | 2:01:43 | 2:01:04 |
| 386 | 337 Ruth Dorset | Female 60-64 | | 2:02:02 | 2:01:27 |
| 387 | 409 Neil Ham | Male 55-59 | JP Fitness Cornwall | 2:02:26 | 2:01:43 |
| 388 | 149 Lesley Roberts | Female 50-54 | | 2:02:27 | 2:01:27 |
| 389 | 438 Wayne Caff | Male 50-54 | Perran Trail Runners | 2:02:36 | 2:01:52 |
| 390 | 569 Bianca Phillips-Lib | Female 45-49 | Looe Pioneers Running Club | 2:02:46 | 2:02:19 |

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| 391 | 119 | Glen Hawkins | Male 55-59 | Torbay AAC | 2:02:46 | 2:01:48 |
| 392 | 571 | Chelcie Smith | Female Under 35 | | 2:02:46 | 2:02:19 |
| 393 | 384 | Louise King | Female 55-59 | Plymouth Musketeers Running Clu | 2:03:16 | 2:02:25 |
| 394 | 45 | Duncan White | Male 45-49 | | 2:04:04 | 2:03:31 |
| 395 | 466 | Simon Burt | Male 60-64 | | 2:04:25 | 2:03:40 |
| 396 | 317 | Lavinia Marshall | Female 70-74 | Launceston Road Runners | 2:04:29 | 2:03:54 |
| 397 | 354 | Martin Curtis | Male 75-79 | Hayle Runners | 2:04:38 | 2:04:15 |
| 398 | 530 | Jasmine Robinson | Female Under 35 | Plymouth Musketeers Running Clu | 2:05:14 | 2:04:24 |
| 399 | 376 | Richard Jenkin | Male 75-79 | Cornwall AC | 2:05:46 | 2:05:00 |
| 400 | 457 | Natasha Gutridge | Female 50-54 | Newquay Road Runners | 2:05:50 | 2:04:55 |
| 401 | 143 | Sue Thorpe | Female 60-64 | | 2:05:57 | 2:05:05 |
| 402 | 118 | Laura Harvie | Female Under 35 | Totton Running Club | 2:06:05 | 2:05:19 |
| 403 | 375 | Zak Anderson | Male 35-39 | Plymouth Musketeers Running Clu | 2:06:14 | 2:05:25 |
| 404 | 151 | Sophie Scott-Ham | Female 50-54 | | 2:06:44 | 2:05:44 |
| 405 | 117 | Samantha West | Female 35-39 | Plymouth Musketeers Running Clu | 2:07:06 | 2:06:15 |
| 406 | 182 | Dona Turner | Female 45-49 | Plymouth Musketeers Running Clu | 2:07:06 | 2:06:16 |
| 407 | 496 | Irene Envy | Female 60-64 | Plymouth Musketeers Running Clu | 2:07:06 | 2:06:16 |
| 408 | 454 | Nicole Di Maio | Female 40-44 | Cornwall AC | 2:07:24 | 2:07:04 |
| 409 | 510 | Claire Payne | Female 50-54 | Carn Runners | 2:07:30 | 2:06:48 |
| 410 | 309 | Sean Taylor | Male 55-59 | Bodmin Road Runners | 2:07:41 | 2:06:56 |
| 411 | 110 | Matt Gadsby | Male 60-64 | | 2:08:37 | 2:08:10 |
| 412 | 170 | Lorna Hogg | Female 50-54 | St Austell Running Club | 2:09:57 | 2:09:05 |
| 413 | 127 | Julie Bolitho | Female 55-59 | Hayle Runners | 2:10:53 | 2:09:52 |
| 414 | 289 | Karen Pomfret | Female 55-59 | | 2:10:57 | 2:10:05 |
| 415 | 141 | Gemma Wothersp | Female 35-39 | Bodmin Women's Running Club | 2:11:10 | 2:10:22 |
| 416 | 188 | Jeannie Cathcart | Female 55-59 | | 2:11:47 | 2:10:53 |
| 417 | 523 | Victoria Walton | Female 45-49 | Newquay Road Runners | 2:11:47 | 2:10:52 |
| 418 | 386 | Fay Martin | Female 40-44 | Torbay AAC | 2:12:51 | 2:11:51 |
| 419 | 178 | Charlotte Philippo | Female Under 35 | Torbay AAC | 2:12:51 | 2:11:51 |
| 420 | 193 | Shirley Rogol | Female 65-69 | | 2:13:13 | 2:12:18 |
| 421 | 55 | Caroline Vinnicom | Female 50-54 | Cornwall AC | 2:13:20 | 2:12:34 |
| 422 | 300 | Claire Sibley | Female 35-39 | | 2:13:37 | 2:12:39 |
| 423 | 301 | Samantha Ennor | Female 35-39 | | 2:13:37 | 2:12:39 |
| 424 | 470 | Ray Frith | Male 75-79 | Newquay Road Runners | 2:13:43 | 2:12:59 |
| 425 | 269 | Sarah Luff | Female 40-44 | JP Fitness Cornwall | 2:14:45 | 2:14:03 |
| 426 | 113 | Victoria Hall | Female 45-49 | Bodmin Road Runners | 2:15:32 | 2:14:48 |
| 427 | 379 | Sarah Blanchard | Female 55-59 | Teignbridge Trotters | 2:15:43 | 2:14:47 |
| 428 | 378 | Frances Bowler | Female 50-54 | Teignbridge Trotters | 2:15:52 | 2:14:56 |
| 429 | 443 | Jane Shaddick-Bra | Female 60-64 | | 2:15:54 | 2:14:59 |
| 430 | 459 | Paul Treweek | Male 65-69 | Truro Running Club | 2:16:14 | 2:15:20 |
| 431 | 502 | Alison Ford | Female 60-64 | South Devon AC | 2:16:26 | 2:15:29 |
| 432 | 377 | Jacqueline Jenkin | Female 75-79 | Cornwall AC | 2:17:02 | 2:16:16 |
| 433 | 240 | Neil Abraham | Male 50-54 | Up and Running Torbay | 2:17:07 | 2:16:08 |
| 434 | 217 | Becci Dawe | Female 40-44 | Up and Running Torbay | 2:17:07 | 2:16:08 |
| 435 | 148 | Melissa Gascoyne | Female 35-39 | | 2:17:20 | 2:16:20 |
| 436 | 479 | Robert Willcocks | Male 65-69 | Falmouth Running Club | 2:17:54 | 2:17:11 |
| 437 | 233 | Lesley Taphouse | Female 60-64 | Bodmin Road Runners | 2:18:01 | 2:17:05 |
| 438 | 331 | Helen Cattran | Female 55-59 | Hayle Runners | 2:18:03 | 2:17:06 |
| 439 | 560 | Heidi Chapman | Female 45-49 | | 2:18:03 | 2:17:08 |

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| 440 | 238 | Jacalyn Riddle | Female 65-69 | | 2:18:46 | 2:17:51 |
| 441 | 231 | Tamsin Harris | Female 60-64 | Bodmin Road Runners | 2:18:53 | 2:17:58 |
| 442 | 107 | Richard Barwick | Male 40-44 | | 2:18:57 | 2:17:55 |
| 443 | 418 | Yvonne Watkins | Female 60-64 | | 2:19:29 | 2:18:32 |
| 444 | 125 | Theresa Clark | Female 55-59 | Hayle Runners | 2:19:29 | 2:18:32 |
| 445 | 159 | Samantha Ewart | Female 45-49 | St Austell Running Club | 2:20:47 | 2:19:56 |
| 446 | 128 | Robert Bolitho | Male 60-64 | Hayle Runners | 2:21:47 | 2:20:46 |
| 447 | 477 | Magenta Brooks | Female Under 35 | | 2:25:37 | 2:24:46 |
| 448 | 475 | Paula Brooks | Female 50-54 | Tamar Trotters | 2:25:37 | 2:24:47 |
| 449 | 430 | Paul Patterson | Male 65-69 | | 2:28:26 | 2:27:24 |
| 450 | 209 | Jessie Jacobs | Female 45-49 | | 2:29:23 | 2:28:40 |
| 451 | 208 | Rachel Wearmout | Female 40-44 | | 2:29:24 | 2:28:44 |
| 452 | 191 | Jenny Vallely | Female 55-59 | | 2:30:41 | 2:29:47 |
| 453 | 439 | Jane Caff | Female 60-64 | Newquay Road Runners | 2:31:31 | 2:30:48 |
| 454 | 157 | Paige Rees-Kelly | Female Under 35 | | 2:35:43 | 2:34:42 |
| 455 | 150 | Hazel Rees | Female 65-69 | | 2:35:51 | 2:34:49 |
| 456 | 252 | Steve 'Superman' | Male 65-69 | Storm Plymouth | 2:43:35 | 2:42:34 |
| 457 | 366 | Sara Treeby | Female 40-44 | Looe Pioneers Running Club | 2:48:14 | 2:47:11 |
| 458 | 522 | Guy Cooper | Male 50-54 | Looe Pioneers Running Club | 2:48:17 | 2:47:13 |
| DNF | 37 | Victoria Thomas | Female 45-49 | Lonely Goat RC | | |
| DNF | 105 | Kathryn Weaver-C | Female 60-64 | Plymouth Musketeers Running Clu | | |
| DNF | 156 | Christine Todd | Female 60-64 | St Austell Running Club | | |
| DNF | 383 | Bryan King | Male 70-74 | Plymouth Musketeers Running Clu | | |