

Tywarnhayle 10k - 2023

Place	Bib	Name	AG	Club	ChipTime	2022 Chip
1	59	Ed Dickinson	Male Under 40	Falmouth Running Club	0:40:55	
2	160	Steve Reynolds	Male Under 40	Truro Running Club	0:41:47	0:41:22
3	128	Alex Marples	Male 40-44	Truro Running Club	0:44:05	
4	79	Ian Gooding	Male 50-54	Bideford AAC	0:45:03	0:43:36
5	132	Jamie Masters	Male Under 40	St Austell Running Club	0:46:20	
6	155	Callum Pinch	Male Under 40	Truro Running Club	0:46:52	0:50:04
7	134	Garth McColville	Male Under 40	St Austell Athletes Running Club	0:47:12	
8	95	Neil Hayhurst	Male 40-44	Hayle Runners	0:47:24	0:45:52
9	13	Morgan Blacker	Male Under 40		0:47:25	0:45:57
10	157	Daniel Poole	Male 40-44	Perran Trail Runners	0:47:26	
11	190	Alan Thomas	Male Under 40	Falmouth Running Club	0:47:42	0:47:35
12	177	Andrew Senior	Male Under 40	Truro Running Club	0:47:50	
13	15	Tom Blewett	Male Under 40	Perran Trail Runners	0:48:03	0:44:41
14	37	Neil Carter	Male 40-44	Newquay Road Runners	0:48:11	
15	110	Antony Jarvis	Male 50-54	St Austell Running Club	0:48:22	0:45:58
16	201	David Tregonning	Male Under 40	St Austell Running Club	0:48:28	
17	225	James Youlden	Male 40-44	St Austell Running Club	0:48:31	0:44:37
18	147	Bradley Parsons	Male Under 40	St Austell Running Club	0:48:39	
19	223	Ian Wright	Male 40-44		0:49:11	0:45:57
20	203	Joshua Turner	Male Under 40	Perran Trail Runners	0:49:12	
21	206	Callum Waldie	Male Under 40	Truro Running Club	0:49:18	
22	105	Brett Jackson	Male Under 40	St Austell Running Club	0:49:17	0:50:12
23	124	Toby Lowe	Male 50-54	Perran Trail Runners	0:49:26	0:49:12
24	222	Kevin Woodley	Male 45-49		0:49:51	
25	168	Mark Roby	Male 45-49	Truro Running Club	0:49:56	
26	195	Joseph Thomson	Male Under 40	Launceston Road Runners	0:50:00	0:51:27
27	91	Ben Harding	Male 40-44	East Cornwall Harriers	0:50:11	0:47:31
28	77	Mark Gilbert	Male Under 40	Newquay Road Runners	0:50:29	
29	102	Christian Hosking	Male Under 40	Perran Trail Runners	0:51:30	
30	129	Sean Marsh	Male 50-54	Perran Trail Runners	0:51:39	0:47:50
31	39	Wendy Chapman	Female 45-49	Truro Running Club	0:51:50	
32	34	Stan Cameron	Male Under 40	Mile High	0:51:58	
33	33	Henry Cameron	Male 50-54	Truro Running Club	0:52:13	
34	218	Denzil Williams	Male 50-54	St Austell Running Club	0:52:36	0:49:07
35	212	Robin Watson	Male 55-59	Falmouth Running Club	0:52:37	0:51:53
36	32	Jonathan Cahill	Male 45-49	Truro Running Club	0:52:38	
37	36	Adam Carlyon	Male Under 40	Truro Running Club	0:52:48	
38	186	Robert Standing	Male 50-54	Truro Running Club	0:53:11	0:48:22
39	111	Joe Jervis	Male Under 40	Perran Trail Runners	0:53:09	
40	121	Ian Littlewood	Male 45-49	East Cornwall Harriers	0:53:25	
41	125	Mark Macleod	Male 50-54	Royal Navy Triathlon	0:53:28	
42	60	Luke Dimech	Male 40-44	Perran Trail Runners	0:53:45	
43	174	Christian Savage	Male 40-44		0:54:04	
44	35	Tom Cann	Male Under 40		0:54:11	
45	28	Jeremy Brown	Male 50-54	Bude Rats (Run and Tri)	0:54:20	0:54:00
46	14	Derren Blewett	Male 55-59	St Austell Running Club	0:54:28	
47	216	Joshua White	Male Under 40	Perran Trail Runners	0:54:26	0:50:10

48	202	Stacie Tregonning	Female Under 40	St Austell Athletes Running Club	0:54:28	
49	118	Oliver Laver	Male Under 40		0:54:34	
50	56	Billy Deakin	Male 45-49	Perran Trail Runners	0:54:32	0:49:59
51	8	Colin Bathe	Male 50-54	Truro Running Club	0:54:38	0:52:46
52	211	Garry Watkins	Male 40-44	Perran Trail Runners	0:54:49	
53	64	Greg Dufour-Cox	Male 50-54	Falmouth Running Club	0:54:54	0:52:12
54	224	John Yelland	Male 45-49	Mad Hatter Sports Events	0:55:04	
55	176	Hugh Savage	Male 40-44		0:55:22	0:52:53
56	67	Jon Eldon	Male 60-64	Hayle Runners	0:56:01	0:52:43
57	92	Amy Harrington	Female Under 40	Truro Running Club	0:56:13	
58	63	Mike Dowrick	Male 50-54	Cornwall AC	0:56:24	0:49:00
59	208	Iain Walker	Male 65-69	St Austell Running Club	0:56:41	
60	182	Kevin Silver	Male 55-59	Hayle Runners	0:56:49	0:53:42
61	100	Katie Hill	Female Under 40		0:57:00	
62	61	Liam Donnelly	Male Under 40	St Austell Running Club	0:56:57	
63	31	Matthew Butler	Male Under 40		0:57:21	
64	140	Jim Nettleton	Male 55-59	Truro Running Club	0:57:20	
65	209	Pete Walker	Male Under 40	Truro Running Club	0:57:39	0:57:36
66	214	Steve Webb	Male 45-49	Carn Runners	0:57:40	
67	135	Helen Mitchell	Female 55-59	Truro Running Club	0:57:54	0:56:43
68	22	Rosie Bradbury	Female Under 40	Falmouth Running Club	0:58:05	0:57:39
69	139	Leo Muid	Male 40-44	Falmouth Running Club	0:58:16	
70	19	Mark Thomas	Male 50-54	Truro Running Club	0:58:25	
71	1	James Allen	Male 40-44		0:58:52	
72	112	Ellen Jones	Female Under 40	Cornwall AC	0:58:54	0:58:16
73	194	Jason Thomson	Male 40-44	Truro Running Club	0:59:11	
74	137	Helen Morse	Female Under 40	East Cornwall Harriers	0:59:19	0:54:27
75	84	Joe Walsh	Male Under 40		0:59:37	
76	83	Ralph Graves	Male 45-49	Truro Running Club	1:00:04	
77	159	Peter Rapier	Male Under 40		1:00:09	0:56:36
78	170	Darron Rowe	Male 45-49	St Austell Athletes Running Club	1:00:17	
79	136	Thomas Moore	Male 40-44	Truro Running Club	1:00:37	1:00:14
80	27	Peter Brocklehurst	Male 70+	St Austell Athletes Running Club	1:00:49	
81	46	Tanya Coleman	Female 50-54	Truro Running Club	1:00:52	
82	98	Phoebe Heveron	Female Under 40	Perran Trail Runners	1:00:49	
83	50	Revis Crowle	Female 60-64	East Cornwall Harriers	1:00:55	
84	25	Chris Bridge	Male 40-44	Truro Running Club	1:01:04	0:57:17
85	107	Andrew James	Male 40-44	Hayle Runners	1:01:26	0:57:15
86	82	Hannah Grainger Cle	Female 45-49	Oxford Tri	1:01:37	
87	193	David Thomasson	Male 50-54	Bodmin Road Runners	1:01:41	
88	144	Danny O'Shea	Male 45-49	Truro Running Club	1:01:48	
89	42	Phillip Ciano	Male 55-59	Perran Trail Runners	1:01:50	
90	65	Natalie Dunn	Female Under 40		1:02:10	
91	184	Adam Stacey	Male 50-54		1:02:06	
92	6	Rebecca Morgan	Female 45-49	Truro Running Club	1:02:22	
93	72	Vicky Fleet	Female 45-49	Falmouth Running Club	1:03:16	1:01:11
94	88	Ian Gronwalt	Male 55-59	St Austell Running Club	1:03:43	0:50:25
95	108	Ellie Jameson	Female Under 40	Perran Trail Runners	1:03:53	
96	185	Hayley Stacey	Female 40-44	East Cornwall Harriers	1:04:07	

97	40	Stuart Chappell	Male Under 40	Perran Trail Runners	1:04:33	
98	200	Liz Trebilcock	Female 55-59	Truro Running Club	1:05:14	
99	138	Frazer Mountford	Male 40-44	Perran Trail Runners	1:05:16	
100	21	Karina Bowers	Female 40-44	St Austell Running Club	1:05:20	
101	199	James Toseland	Male Under 40	Truro Running Club	1:05:14	
102	149	Rupert Phillips	Male Under 40		1:05:15	
103	5	Gregory May	Male 40-44	Carn Runners	1:05:19	
104	114	Ben Keverne	Male 40-44		1:05:29	
105	175	Hayley Savage	Female 40-44		1:05:46	
106	2	Peter Allen	Male 65-69	Newquay Road Runners	1:05:59	1:00:20
107	74	Jennifer Forbes	Female Under 40	Hayle Runners	1:06:02	
108	221	Claire Winfield	Female 50-54	Launceston Road Runners	1:06:07	
109	71	Andrew Ferguson	Male 55-59	Truro Running Club	1:06:46	0:57:57
110	117	Alice Lane	Female 55-59	Romsey Road Runners	1:06:42	
111	78	Paul Gill	Male 50-54		1:07:02	
112	213	Mandy Watts	Female 50-54	Newquay Road Runners	1:07:08	
113	103	Stephen Hutchinson	Male 70+	Bude Rats (Run and Tri)	1:07:25	1:01:23
114	215	Alison Weir	Female 50-54	Falmouth Running Club	1:07:37	1:05:24
115	87	Martyn Griffiths	Male 40-44	Newquay Road Runners	1:08:32	
116	81	Paul Gough	Male 50-54	Hayle Runners	1:09:23	
117	169	Mary Rossetti	Female 40-44	Truro Running Club	1:09:51	
118	20	Annie Bover	Female 40-44	Bude Rats (Run and Tri)	1:10:00	
119	180	Josh Sharp	Male Under 40	Truro Running Club	1:10:16	
120	54	Clive Davis	Male 60-64		1:10:20	1:11:49
121	165	Janet Ritchie	Female 60-64	Carn Runners	1:10:31	1:08:10
122	52	James Danks	Male 40-44	Falmouth Running Club	1:10:44	1:13:41
123	53	Tamzin Davey	Female 50-54	Perran Trail Runners	1:10:59	
124	145	Louise Ollivier	Female 55-59	Hayle Runners	1:11:16	1:07:53
125	109	Robin Jameson	Male Under 40	Perran Trail Runners	1:11:39	
126	73	James Forbes	Male 40-44		1:12:03	
127	156	Lisa Player	Female 60-64	Newquay Road Runners	1:12:26	
128	26	Angela Brinicombe	Female 65-69	Launceston Road Runners	1:13:04	
129	171	Andy Sant	Male 50-54	Launceston Road Runners	1:13:06	
130	9	John Beard	Male 45-49	Newquay Road Runners	1:13:23	1:07:52
131	172	Becki Sant	Female 50-54	Launceston Road Runners	1:13:45	
132	187	Jane Stephens	Female 55-59	Bodmin Road Runners	1:14:08	
133	11	Amanda Berridge	Female 40-44	Truro Running Club	1:14:35	
134	29	Lorraine Brown	Female 50-54	Truro Running Club	1:14:42	
135	207	Chris Walker	Male 55-59		1:14:52	
136	85	Martin Grieb	Male 45-49	Newquay Road Runners	1:15:17	
137	45	Liz Clarke	Female Under 40		1:15:45	
138	94	Ceri Harvey	Female 45-49	Carn Runners	1:16:20	
139	49	Jackie Cope	Female 65-69	Falmouth Running Club	1:16:41	1:09:23
140	7	Paula Bate	Female 50-54	St Austell Athletes Running Club	1:16:50	1:11:15
141	30	Suzanne Brown	Female 55-59	Bude Rats (Run and Tri)	1:18:01	
142	43	Margaret Clark	Female 60-64	Hayle Runners	1:18:04	
143	188	Juliet Stewart	Female 55-59	Truro Running Club	1:19:01	1:12:21
144	23	Trina Bradbury	Female 45-49	Launceston Road Runners	1:18:56	
145	164	Ian Ringer	Male 70+	Bodmin Road Runners	1:19:14	1:19:04

146	217	Robert Willcocks	Male 60-64	Falmouth Running Club	1:19:28	1:12:09
147	69	Des Evans	Male 70+	Newquay Road Runners	1:19:46	1:17:27
148	210	Cat Wallman	Female 50-54		1:20:21	
149	55	Tracey Day	Female 45-49	Bideford AAC	1:20:38	1:17:22
150	220	Michael Wilson	Male 65-69	Truro Running Club	1:21:04	
151	146	Karen Parker	Female 55-59	Falmouth Running Club	1:21:13	1:25:45
152	18	Robert Bolitho	Male 60-64	Hayle Runners	1:21:18	1:26:00
153	48	Hilary Cooke	Female 55-59		1:21:45	
154	192	Susan Thomas	Female 45-49	Hayle Runners	1:21:45	
155	58	Anna Devlin	Female 55-59	Bude Rats (Run and Tri)	1:22:24	
156	179	Amy Sharp	Female Under 40		1:23:03	
157	152	Linda Pickard	Female 60-64	Launceston Road Runners	1:24:35	
158	196	John Tilley	Male 70+	Bodmin Road Runners	1:25:18	1:21:22
159	96	Sandra Haynes	Female 55-59	Looe Pioneers Running Club	1:25:20	1:18:07
160	120	Emma Lawry	Female 45-49	St Austell Running Club	1:25:17	
161	141	Roy Newton	Male 70+	Falmouth Running Club	1:25:22	1:26:14
162	80	Debbie Gossington	Female 55-59	Hayle Runners	1:25:24	1:25:44
163	167	Helen Roberts	Female 45-49		1:25:24	
164	41	Rachael Church	Female 50-54	Perran Trail Runners	1:26:36	
165	143	Melanie Nile	Female 50-54	St Austell Running Club	1:27:01	
166	99	Nicky Hicks	Female 45-49	Launceston Road Runners	1:27:30	
167	4	Claire Barlow	Female 45-49	Bodmin Road Runners	1:28:47	1:17:26
168	148	Yelda Müge Parsons	Female 40-44	Hayle Runners	1:29:31	
169	104	David Ingram	Male 55-59		1:29:32	
170	93	Michaela Harrison	Female 45-49	Plymouth Harriers	1:29:32	1:21:25
171	181	Rebecca Shore	Female 50-54	St Austell Running Club	1:32:07	
172	57	Charlotte Delaney	Female Under 40	Hayle Runners	1:32:20	
173	62	Kathran Dormer	Female 70+	Falmouth Running Club	1:34:14	
174	116	Christina Lake	Female 65-69	Falmouth Running Club	1:34:51	1:27:33
175	130	Jacqui Martin	Female 50-54	St Austell Running Club	1:36:10	
176	126	Gwen Maggs	Female Under 40	St Austell Running Club	1:36:11	1:16:13
177	17	Julie Bolitho	Female 55-59	Hayle Runners	1:37:39	1:27:00
178	70	Samantha Ewart	Female 45-49	St Austell Running Club	1:37:43	
179	197	Christine Todd	Female 60-64	St Austell Running Club	1:38:01	
180	219	Janet Wills	Female 70+	St Austell Running Club	1:38:03	
181	68	Sarah Ellis	Female 45-49	Hayle Runners	1:42:43	
182	47	Melissa Tonkin	Female Under 40	Hayle Runners	1:42:44	1:31:32
183	131	Jennie Massey	Female 60-64	Hayle Runners	1:42:44	1:32:37
184	191	Kathryn Thomas	Female 45-49	Cornwall AC	1:49:57	
185	163	Charlotte Richards	Female 45-49	Cornwall AC	1:54:39	
DNF	106	Victoria Jackson	Female 50-54	Truro Running Club		0:57:36
DNF	205	Tom Wagg	Male 40-44	Perran Trail Runners		0:47:26