

**Rosemullion 10k - 2023**

Place	Bib	Name	AG	Club	GunTime	ChipTime
1	607	Ed Dickinson	Male Under 35	Falmouth Running Club	0:40:02	0:40:00
2	585	Tom Carthey	Male 40-44	Falmouth Running Club	0:40:57	0:40:55
3	719	Steve Reynolds	Male 35-39	Truro Running Club	0:42:20	0:42:18
4	768	Stuart Walker	Male 35-39	Falmouth Running Club	0:42:45	0:42:43
5	681	Jamie Masters	Male 35-39	St Austell Running Club	0:43:32	0:43:30
6	777	Paul Whear	Male 55-59	Cornwall AC	0:43:51	0:43:48
7	646	Llewin Head	Male Under 35	Mile High	0:43:59	0:43:57
8	678	Alex Marples	Male 45-49	Truro Running Club	0:44:04	0:44:02
9	641	Daniel Harper	Male 35-39	Falmouth Running Club	0:44:46	0:44:44
10	644	Neil Hayhurst	Male 40-44	Hayle Runners	0:45:02	0:44:59
11	710	Callum Pinch	Male Under 35	Truro Running Club	0:45:06	0:45:03
12	705	Bradley Parsons	Male Under 35	St Austell Running Club	0:45:43	0:45:40
13	581	Stan Cameron	Male Under 35	Mile High	0:45:51	0:45:48
14	584	Neil Carter	Male 40-44	Newquay Road Runners	0:46:15	0:46:12
15	751	Alan Thomas	Male 35-39	Falmouth Running Club	0:46:17	0:46:13
16	664	James Kirton	Male 35-39	Truro Running Club	0:46:28	0:46:26
17	598	Richard Dalton	Male Under 35	Falmouth Running Club	0:46:32	0:46:30
18	609	Johnathan Doming	Male 50-54		0:46:35	0:46:32
19	663	Russell King	Male 40-44	Falmouth Running Club	0:46:51	0:46:48
20	789	James Youlden	Male 40-44	St Austell Running Club	0:47:14	0:47:12
21	671	Will Leggett	Male 40-44		0:47:46	0:47:43
22	730	Mark Roby	Male 45-49	Truro Running Club	0:48:05	0:48:01
23	787	Ian Wright	Male 40-44		0:48:07	0:48:04
24	676	Lucy Longbottom	Female Under 35	Truro Running Club	0:48:44	0:48:42
25	767	Callum Waldie	Male Under 35	Truro Running Club	0:48:52	0:48:49
26	701	Daniel Padfield	Male Under 35		0:49:16	0:49:12
27	697	Liam O'Neill	Male 35-39	Hayle Runners	0:49:30	0:49:26
28	639	Ben Harding	Male 40-44	East Cornwall Harriers	0:49:41	0:49:38
29	674	Ian Littlewood	Male 45-49	East Cornwall Harriers	0:50:05	0:50:01
30	749	Jo Temple	Female Under 35	Truro Running Club	0:50:08	0:50:04
31	781	Lucy Williams	Female 35-39	Truro Running Club	0:50:13	0:50:10
32	735	Duncan Skingley	Male 50-54		0:50:13	0:50:09
33	661	Brett Jackson	Male 35-39	St Austell Running Club	0:50:16	0:50:13
34	582	Henry Cameron	Male 50-54	Truro Running Club	0:50:24	0:50:20
35	565	Matthew Blakeley	Male 50-54	Roundhay Runners	0:50:29	0:50:25
36	637	Craig Hall	Male 45-49	Carn Runners	0:50:33	0:50:29
37	779	Denzil Williams	Male 50-54	St Austell Running Club	0:50:42	0:50:39
38	588	Wendy Chapman	Female 45-49	Truro Running Club	0:51:07	0:51:03
39	551	Tim Adams	Male 50-54	St Austell Running Club	0:51:18	0:51:16
40	575	Jeremy Brown	Male 50-54	Bude Rats (Run and Tri)	0:51:38	0:51:31
41	638	Simon Hambury	Male 45-49	Falmouth Running Club	0:51:46	0:51:42
42	657	Joe Hunt	Male Under 35	Falmouth Running Club	0:51:49	0:51:45
43	633	Nikki Green	Female 40-44		0:51:51	0:51:46
44	726	Jason Richards	Male 45-49		0:52:08	0:52:06
45	775	Steve Webb	Male 45-49	Carn Runners	0:52:12	0:52:02
46	760	Frano Tregaskis	Male 45-49		0:52:50	0:52:45
47	788	John Yelland	Male 45-49	Mad Hatter Sports Events	0:53:04	0:53:00

48	766	Jason Vinnicombe	Male 45-49		0:53:12	0:53:08
49	745	Sona Struharova	Female Under 35	Sparkhill harriers	0:53:14	0:53:11
50	573	Phil Bristow	Male 55-59	Falmouth Running Club	0:53:15	0:53:10
51	615	Jon Eldon	Male 60-64	Hayle Runners	0:53:18	0:53:14
52	602	Max Davies	Male Under 35		0:53:21	0:53:15
53	611	Greg Dufour-Cox	Male 50-54	Falmouth Running Club	0:53:26	0:53:21
54	567	Derren Blewett	Male 55-59	St Austell Running Club	0:53:55	0:53:50
55	748	Ian Temple	Male 55-59	Bodmin Road Runners	0:54:09	0:54:04
56	717	Jasmine Rapson	Female Under 35	Newquay & Par AC	0:54:23	0:54:19
57	718	Nigel Rapson	Male 60-64	St Austell Athletes Running C	0:54:45	0:54:40
58	725	Alan Richards	Male 50-54	Falmouth Running Club	0:54:52	0:54:46
59	761	Alice Trevail	Female Under 35	Falmouth Running Club	0:54:54	0:54:48
60	673	Mark Lewis	Male Under 35		0:55:18	0:55:09
61	770	Iain Walker	Male 65-69	St Austell Running Club	0:55:43	0:55:37
62	597	Jonathan Crowle	Male 50-54	Truro Running Club	0:55:48	0:55:40
63	648	Matthew Hemelik	Male Under 35		0:56:26	0:56:18
64	702	George Paget	Male Under 35		0:56:26	0:56:21
65	618	Leonora Ellis	Female Under 35		0:56:29	0:56:25
66	662	Andrew James	Male 40-44	Hayle Runners	0:56:33	0:56:29
67	762	Craig Underhill	Male 55-59	Hayle Runners	0:56:41	0:56:32
68	691	Helen Mitchell	Female 55-59	Truro Running Club	0:56:43	0:56:33
69	642	Amy Harrington	Female Under 35	Truro Running Club	0:56:43	0:56:37
70	616	Andrew Ellis	Male 50-54	Hayle Runners	0:56:54	0:56:45
71	632	Paul Gough	Male 50-54	Hayle Runners	0:57:00	0:56:55
72	559	Oliver Barlow	Male 35-39		0:57:04	0:56:57
73	619	Tom Enright	Male 40-44	Waterford AC	0:57:15	0:57:08
74	714	Katie Puremont	Female 40-44	Falmouth Running Club	0:57:16	0:57:09
75	759	Carolyn Tregaskis	Female 55-59	Rossendale Harriers & AC	0:57:25	0:57:20
76	571	Vivian Bray	Male 55-59	Cornwall AC	0:57:43	0:57:34
77	564	Alyson Blakeley	Female 45-49	Roundhay Runners	0:57:49	0:57:45
78	553	James Allen	Male 40-44		0:57:56	0:57:45
79	574	Peter Brocklehurs	Male 70+	St Austell Athletes Running C	0:58:04	0:57:57
80	612	Natalie Dunn	Female 35-39	Truro Running Club	0:58:14	0:58:09
81	765	Laura Vincent	Female 40-44	Dulwich Runners AC	0:58:24	0:58:18
82	732	Anna Shekhdar	Female 40-44		0:58:39	0:58:34
83	604	Jay Dawson	Male 40-44	Malvern Buzzards	0:58:44	0:58:37
84	692	Rebecca Morgan	Female 45-49	Truro Running Club	0:58:51	0:58:43
85	715	Grant Randlesome	Male Under 35		0:59:09	0:59:03
86	684	Laura McArthur	Female Under 35		0:59:11	0:59:03
87	763	Alice Vage	Female Under 35	Cornwall AC	0:59:18	0:59:11
88	754	David Thomasson	Male 50-54	Bodmin Road Runners	0:59:24	0:59:16
89	592	Tanya Coleman	Female 50-54	Truro Running Club	0:59:33	0:59:26
90	729	Katie Robinson	Female 35-39	Falmouth Running Club	0:59:35	0:59:28
91	656	Frazer Humbles	Male 40-44	Hayle Runners	0:59:39	0:59:31
92	562	Jenna Bissell	Female 35-39	Truro Running Club	1:00:01	0:59:56
93	688	Jack Middleton	Male Under 35		1:00:13	1:00:02
94	758	Liz Trebilcock	Female 55-59	Truro Running Club	1:00:14	1:00:07
95	699	Danny O'Shea	Male 45-49	Truro Running Club	1:00:33	1:00:23
96	747	Alison Temple	Female 60-64	Bodmin Road Runners	1:00:51	1:00:45

97	608	Martin Dinham	Male 50-54	Mile High	1:01:00	1:00:53
98	570	Colin Bathe	Male 50-54	Perran Trail Runners	1:01:22	1:01:12
99	785	Claire Winfield	Female 50-54	Launceston Road Runners	1:01:59	1:01:53
100	634	Ian Gronwalt	Male 55-59	St Austell Running Club	1:02:09	1:02:06
101	629	Matthew Gibb	Male 35-39		1:02:18	1:02:10
102	686	David Medland	Male 40-44		1:03:25	1:03:16
103	720	Todd Reynolds	Male Under 35		1:03:51	1:03:46
104	698	Richard Olive	Male 50-54	Truro Running Club	1:03:55	1:03:45
105	772	Cathy Wallwork	Female 60-64		1:03:56	1:03:48
106	622	Miranda Flannigar	Female 50-54	Cornwall AC	1:04:05	1:03:57
107	724	Nick Richards	Male 50-54	Cornwall AC	1:04:05	1:03:56
108	561	Kelly Bills	Female 45-49	Hayle Runners	1:04:05	1:03:58
109	658	Stephen Hutchins	Male 70+	Bude Rats (Run and Tri)	1:04:24	1:04:13
110	643	Emma Harris	Female 35-39		1:04:39	1:04:30
111	682	Gregory May	Male 40-44	Carn Runners	1:04:44	1:04:30
112	783	Lisa Wilson	Female 50-54	Truro Running Club	1:05:25	1:05:13
113	687	Claire Mensing	Female 50-54	Truro Running Club	1:05:27	1:05:16
114	552	Peter Allen	Male 65-69	Newquay Road Runners	1:05:29	1:05:22
115	742	Matthew Stobart	Male 60-64		1:05:33	1:05:21
116	716	Samantha Randles	Female 35-39		1:05:34	1:05:28
117	737	Samantha Smith	Female 45-49	Perran Trail Runners	1:05:35	1:05:25
118	635	Paul Gwynne	Male 55-59		1:05:49	1:05:37
119	647	Claire Healey	Female 45-49		1:05:50	1:05:45
120	774	Mandy Watts	Female 50-54	Newquay Road Runners	1:05:57	1:05:52
121	713	Dylan Pujol	Male Under 35		1:06:11	1:06:00
122	711	Lisa Player	Female 60-64	Newquay Road Runners	1:06:14	1:06:09
123	628	Grace Gibb	Female 35-39		1:06:28	1:06:21
124	627	Natalie Gibb	Female Under 35		1:06:28	1:06:21
125	746	Dan Swanston	Male Under 35		1:06:57	1:06:49
126	734	Andrea Simmons	Female 65-69	Hayle Runners	1:07:00	1:06:51
127	675	Louise Littlewood	Female 50-54	East Cornwall Harriers	1:07:06	1:06:56
128	560	Donna Beckett	Female 40-44		1:07:16	1:07:03
129	694	Thelma Namonje	Female 35-39	Falmouth Running Club	1:07:26	1:07:21
130	599	James Danks	Male 40-44	Falmouth Running Club	1:07:43	1:07:33
131	572	Angela Brinicombe	Female 65-69	Launceston Road Runners	1:07:54	1:07:46
132	601	Tamzin Davey	Female 50-54	Perran Trail Runners	1:08:03	1:07:50
133	557	Christopher Bagge	Male 50-54	St Austell Running Club	1:08:08	1:07:55
134	659	Isabel Irwin-Bowle	Female 35-39	St Austell Running Club	1:08:49	1:08:41
135	744	Charlie Street	Male Under 35		1:09:00	1:08:55
136	606	Eleanor Dennis	Female Under 35	Carn Runners	1:09:01	1:08:49
137	666	Nigel Knuckey	Male 65-69	Truro Running Club	1:09:39	1:09:28
138	655	Sandra Holmes	Female 60-64	Newquay Road Runners	1:09:42	1:09:36
139	654	Ruth Holding	Female 60-64	Mile High	1:09:43	1:09:35
140	603	Clive Davis	Male 60-64		1:09:44	1:09:37
141	740	Jane Stephens	Female 55-59	Bodmin Road Runners	1:09:49	1:09:41
142	741	Juliet Stewart	Female 55-59	Truro Running Club	1:10:42	1:10:34
143	623	James Forbes	Male 40-44	Perran Trail Runners	1:10:44	1:10:35
144	624	Kaya Forbes	Male Under 35	Perran Trail Runners	1:10:44	1:10:34
145	727	Janet Ritchie	Female 60-64	Carn Runners	1:11:08	1:10:58

146	594	Jackie Cope	Female 65-69	Falmouth Running Club	1:11:14	1:11:01
147	784	Michael Wilson	Male 65-69	Truro Running Club	1:11:40	1:11:27
148	586	Sophie Carthy	Female 35-39		1:11:45	1:11:37
149	773	Diane Warren	Female 65-69	Hayle Runners	1:12:10	1:12:01
150	672	Ruolin Leng	Female Under 35	Mile High	1:12:51	1:12:41
151	771	Cat Wallman	Female 50-54	Truro Running Club	1:13:02	1:12:50
152	578	Max Burrows	Male 60-64	Falmouth Running Club	1:13:03	1:12:45
153	563	Simon Blackburn	Male 60-64	Hayle Runners	1:13:22	1:13:08
154	660	Isobel Hamilton	Female 35-39	East Cornwall Harriers	1:13:36	1:13:30
155	620	Des Evans	Male 70+	Newquay Road Runners	1:14:11	1:14:04
156	707	Chunky Penhaul	Male 70+	Hayle Runners	1:14:11	1:14:01
157	683	Richard May	Male 60-64		1:14:29	1:14:14
158	650	Cassie Higgins	Female Under 35		1:14:33	1:14:20
159	568	Donna Boundy	Female 40-44		1:14:38	1:14:27
160	778	Robert Willcocks	Male 60-64	Falmouth Running Club	1:14:56	1:14:45
161	593	Hilary Cooke	Female 55-59		1:15:00	1:14:51
162	709	Linda Pickard	Female 60-64	Launceston Road Runners	1:15:02	1:14:50
163	576	Suzanne Brown	Female 55-59	Bude Rats (Run and Tri)	1:15:10	1:14:59
164	651	Zack Hill	Male 35-39	Cornwall AC	1:15:12	1:15:05
165	577	Tandy Brumby	Female 60-64	Falmouth Running Club	1:15:18	1:15:04
166	554	Tim Andrews	Male 60-64	Falmouth Running Club	1:15:18	1:15:06
167	703	Karen Parker	Female 55-59	Falmouth Running Club	1:15:34	1:15:23
168	700	Caroline Pack	Female 60-64	Falmouth Running Club	1:15:37	1:15:25
169	631	Debbie Gossington	Female 55-59	Hayle Runners	1:16:25	1:16:11
170	587	Helen Casey	Female 55-59	Hayle Runners	1:16:34	1:16:20
171	677	Gwen Maggs	Female 35-39	St Austell Running Club	1:17:14	1:17:00
172	752	Susan Thomas	Female 45-49	Hayle Runners	1:17:38	1:17:27
173	739	Elizabeth Stansfiel	Female 45-49		1:17:51	1:17:47
174	556	Peta Aspden	Female 50-54	Running Forever RC	1:17:54	1:17:41
175	591	Vicky Cloete	Female 50-54		1:17:54	1:17:40
176	614	Steve Edwards	Male Under 35		1:18:04	1:17:54
177	613	Kelly Edwards	Female Under 35	Truro Running Club	1:18:04	1:17:55
178	696	Melanie Nile	Female 50-54	St Austell Running Club	1:18:29	1:18:15
179	736	Kirstie Slater	Female 50-54	Truro Running Club	1:19:19	1:19:10
180	645	Sandra Haynes	Female 55-59	Looe Pioneers Running Club	1:20:29	1:20:14
181	706	Deborah Pearce	Female 55-59	Vegan Runners UK	1:20:55	1:20:46
182	693	Jackie Morse	Female 60-64	Bys Vyken Race Team	1:21:13	1:20:56
183	731	Sam Rowe	Female 50-54	Bys Vyken Race Team	1:21:13	1:20:56
184	589	Rachael Church	Female 50-54	Perran Trail Runners	1:21:21	1:21:08
185	679	Jacqui Martin	Female 50-54	St Austell Running Club	1:21:22	1:21:07
186	621	Samantha Ewart	Female 45-49	St Austell Running Club	1:21:27	1:21:11
187	670	Emma Lawry	Female 45-49	St Austell Running Club	1:21:59	1:21:43
188	728	Helen Roberts	Female 45-49		1:22:12	1:21:59
189	636	Davinia Haggis	Female 40-44		1:22:51	1:22:35
190	649	Nicky Hicks	Female 45-49	Launceston Road Runners	1:22:53	1:22:41
191	689	Astrid Mifsud	Female Under 35		1:23:22	1:23:12
192	558	Claire Barlow	Female 45-49	Bodmin Road Runners	1:23:38	1:23:24
193	652	Lisa Hodgkins	Female 55-59		1:24:00	1:23:44
194	733	Rebecca Shore	Female 50-54	St Austell Running Club	1:25:18	1:25:01

195	704	Yelda Müge Parso	Female 40-44	Hayle Runners	1:25:19	1:25:09
196	780	Theresa Williams	Female 65-69	St Austell Running Club	1:25:50	1:25:34
197	569	Ann Bradley	Female 60-64	St Austell Running Club	1:26:10	1:25:54
198	708	Kate Phillips	Female Under 35		1:26:24	1:26:10
199	653	Lorna Hogg	Female 50-54	St Austell Running Club	1:26:42	1:26:27
200	590	Theresa Clark	Female 55-59	Hayle Runners	1:27:22	1:27:12
201	668	Christina Lake	Female 65-69	Falmouth Running Club	1:27:33	1:27:21
202	753	Michaela Thomas	Female 55-59	St Austell Running Club	1:27:50	1:27:35
203	738	Teresa Smith	Female 40-44		1:29:10	1:28:59
204	786	Gemma Wothersp	Female 35-39	Bodmin Women's Running C	1:31:01	1:30:48
205	610	Kathran Dormer	Female 70+	Falmouth Running Club	1:31:09	1:31:03
206	695	Roy Newton	Male 70+	Falmouth Running Club	1:31:27	1:31:11
207	605	Charlotte Delaney	Female Under 35	Hayle Runners	1:31:45	1:31:33
208	756	Christine Todd	Female 60-64	St Austell Running Club	1:33:09	1:32:51
209	782	Janet Wills	Female 70+	St Austell Running Club	1:33:36	1:33:18
210	617	Sarah Ellis	Female 45-49	Hayle Runners	1:34:47	1:34:32
211	583	Timothea Cardell	Female 70+	Hayle Runners	1:35:41	1:35:24
212	764	Sandra Venton	Female 60-64		1:38:03	1:37:48
213	757	Melissa Tonkin	Female 35-39	Hayle Runners	1:38:22	1:38:09
214	680	Jennie Massey	Female 60-64	Hayle Runners	1:38:34	1:38:22
215	750	Kathryn Thomas	Female 45-49	Cornwall AC	1:41:29	1:41:14
216	669	Steve Lawrence	Male 65-69	Falmouth Running Club	1:43:54	1:43:38
217	566	Sian Blatchford	Female 60-64	Tamar Trotters	1:49:39	1:49:33
DNF	690	Amanda Miller	Female 50-54	Hayle Runners		
DNF	769	Chris Walker	Male 55-59	Perran Trail Runners		