

**Truro Half Marathon - 2023**

Place	Bib	Name	AG	Club	GunTime	ChipTime
1	312	Steve Reynolds	Male 35-39	Truro Running Club	1:16:48	1:16:47
2	2520	Nathan Goddard	Male Under 35	University of Exeter	1:19:17	1:19:16
3	322	Liam Rowe	Male Under 35	Cornwall AC	1:22:22	1:22:21
4	272	Simon Morse	Male 35-39	East Cornwall Harriers	1:22:50	1:22:48
5	2534	Darren Roose	Male 40-44	Newquay Road Runners	1:23:15	1:23:13
6	2503	Matt Yates	Male 35-39	Cornwall AC	1:23:46	1:23:44
7	2506	Stephen Cockram	Male Under 35		1:24:22	1:24:20
8	19	Joshua Barnett	Male Under 35	Cornwall AC	1:24:22	1:24:20
9	152	Anna Harrold	Female 40-44	Truro Running Club	1:24:41	1:24:39
10	18	Peter Barnes	Male 40-44	Hayle Runners	1:24:49	1:24:48
11	13	Graham Bale	Male 55-59	Plymstock Road Runners	1:25:08	1:25:06
12	242	Alex Marples	Male 40-44	Truro Running Club	1:25:28	1:25:26
13	346	Peter Sowerby	Male 55-59	Truro Running Club	1:25:52	1:25:50
14	320	Thomas Rosenfeld	Male 40-44	Hayle Runners	1:26:16	1:26:14
15	183	Ruth Barnes	Female 40-44	Falmouth Running Club	1:26:50	1:26:47
16	364	Daniel Strickland	Male 40-44	Hayle Runners	1:27:26	1:27:24
17	253	Anthony Mee	Male 55-59	Lonely Goat RC	1:27:33	1:27:30
18	160	Neil Hayhurst	Male 40-44	Hayle Runners	1:27:43	1:27:41
19	14	Adrian Ball	Male 55-59	Cornwall AC	1:27:50	1:27:48
20	99	Ross Duerden	Male 35-39	Cornwall AC	1:27:51	1:27:48
21	211	Ben Kent	Male Under 35	Cornwall AC	1:29:20	1:29:18
22	315	Mark Roby	Male 45-49	Truro Running Club	1:29:28	1:29:25
23	111	Darren Evans	Male 40-44	Launceston Road Runners	1:29:44	1:29:41
24	33	Morgan Blacker	Male Under 35		1:29:45	1:29:41
25	32	Jack Blacker	Male Under 35		1:29:54	1:29:51
26	26	Edmund Bennett	Male 40-44	Hayle Runners	1:30:14	1:30:11
27	416	Paul Whear	Male 55-59	Cornwall AC	1:31:03	1:31:00
28	373	Alan Thomas	Male 35-39	Falmouth Running Club	1:31:36	1:31:31
29	280	Liam O'Neill	Male 35-39	Hayle Runners	1:31:44	1:31:42
30	51	Steven Brown	Male 55-59	Cornwall AC	1:31:48	1:31:43
31	297	Alan Pearson	Male 40-44		1:32:19	1:32:13
32	35	Noah Bohge	Male Under 35	Truro Running Club	1:32:22	1:32:19
33	28	Joe Benney	Male Under 35		1:32:24	1:32:19
34	1	Scott Abraham	Male 50-54	Hayle Runners	1:32:57	1:32:55
35	2501	Anthony Worthington	Male 55-59	Tamar Trotters	1:33:13	1:33:08
36	358	Paul Stevens	Male 45-49	St Austell Athletes Running	1:33:18	1:33:17
37	123	Matt Fox	Male Under 35	Falmouth Running Club	1:33:24	1:33:18
38	245	Richard Martin	Male 40-44	St Austell Running Club	1:33:56	1:33:51
39	75	James Cockley	Male 35-39		1:34:05	1:33:58
40	2511	Jeremy Brown	Male 50-54	Bude Rats (Run and Tri)	1:34:05	1:34:01
41	71	Robert Chirgwin	Male 35-39	Truro Running Club	1:34:11	1:34:07
42	157	John Hatchell	Male 45-49		1:34:33	1:34:28
43	208	Jiri Kempny	Male 50-54	Vegan Runners UK	1:34:37	1:34:32
44	217	Mark Knight	Male 50-54	Newquay & Par AC	1:34:47	1:34:43
45	318	Mattias Ronngard	Male 55-59	Newquay Road Runners	1:34:49	1:34:45
46	2489	Noah Williams	Male Under 35		1:34:51	1:34:47
47	63	Stan Cameron	Male Under 35	Mile High	1:34:52	1:34:48

48	247	Henry Mathews	Male Under 35		1:34:56	1:34:50
49	302	Darrin Porter	Male 55-59	Cornwall AC	1:34:59	1:34:55
50	110	Mike Ellis	Male 45-49	Newquay & Par AC	1:34:59	1:34:56
51	310	Sarah Reel	Female Under 35	Falmouth Running Club	1:35:34	1:35:29
52	2486	Mark Williams	Male 55-59	Hayle Runners	1:35:43	1:35:40
53	289	Bradley Parsons	Male Under 35	St Austell Running Club	1:35:55	1:35:50
54	417	Alan Wherry	Male 55-59	St Austell Running Club	1:36:05	1:35:58
55	209	Carly Kendall	Female 35-39	St Austell Athletes Running	1:36:12	1:36:06
56	236	David Maasdorp	Male Under 35	Truro Running Club	1:36:13	1:36:11
57	325	Cohban Salter	Male Under 35		1:36:55	1:36:51
58	363	Adam Stonehill	Male Under 35		1:37:04	1:36:57
59	2532	Kevin Woodley	Male 45-49		1:37:17	1:37:13
60	369	George Tanner	Male Under 35	Cornwall AC	1:37:21	1:37:18
61	154	Andrew Harverson	Male 45-49		1:37:29	1:37:18
62	241	Ryan Marks	Male Under 35	St Austell Running Club	1:37:37	1:37:34
63	386	Ian Trice	Male 45-49	Tavistock AC	1:37:44	1:37:35
64	91	Ian Curnow	Male 50-54	Hayle Runners	1:38:05	1:37:56
65	345	John Sole	Male 40-44	Cornwall AC	1:38:30	1:38:27
66	2485	Lucy Williams	Female 35-39	Truro Running Club	1:38:58	1:38:53
67	65	Adam Carlyon	Male 35-39	Truro Running Club	1:39:00	1:38:55
68	378	James Toseland	Male 35-39	Truro Running Club	1:39:03	1:38:58
69	2493	George Wilson	Male Under 35		1:39:16	1:39:10
70	131	Jessie Gillam	Female 40-44		1:39:27	1:39:24
71	350	Robert Standing	Male 50-54	Truro Running Club	1:39:37	1:39:31
72	382	Stacie Tregonning	Female Under 35	St Austell Athletes Running	1:40:05	1:40:00
73	314	Gary Richards	Male 55-59	Cornwall AC	1:40:11	1:40:07
74	311	Douglas Reid	Male 45-49		1:40:36	1:40:26
75	66	Joe Carlyon	Male 35-39		1:40:41	1:40:36
76	104	Andrew Eddison	Male 55-59	Cornwall AC	1:40:56	1:40:44
77	401	Jason Vinnicombe	Male 45-49		1:41:07	1:41:00
78	143	Craig Hall	Male 45-49	Carn Runners	1:41:12	1:41:04
79	144	Thomas Halton	Male Under 35	St Austell Running Club	1:41:14	1:41:07
80	61	Jonathan Cahill	Male 45-49	Truro Running Club	1:41:40	1:41:34
81	132	Ayesha Gillespie	Female Under 35	Tamar Trotters	1:41:42	1:41:34
82	165	Lee Herbert	Male 45-49	Plymouth Musketeers Runr	1:41:47	1:41:35
83	62	Henry Cameron	Male 50-54	Truro Running Club	1:42:08	1:42:01
84	69	Andy Chase	Male 35-39	St Austell Athletes Running	1:42:17	1:42:12
85	9	Martyn Atkins	Male 50-54	Lonely Goat RC	1:42:34	1:42:28
86	94	Barrie Day	Male 50-54		1:42:41	1:42:30
87	321	Matt Row	Male 35-39		1:42:42	1:42:22
88	50	Codi Brooks	Female Under 35		1:42:50	1:42:39
89	403	Pete Walker	Male 35-39	Truro Running Club	1:43:02	1:42:55
90	7	Alex Atkins	Male Under 35		1:43:31	1:43:20
91	108	Ashley Elliott	Female Under 35	East Cornwall Harriers	1:43:35	1:43:28
92	336	Kevin Silver	Male 55-59	Hayle Runners	1:44:06	1:43:58
93	2468	Aaron Williams	Male 40-44	Nuffield Devonshire	1:44:14	1:44:04
94	147	Dougie Handford	Male Under 35		1:44:40	1:44:30
95	45	Jane Bremner	Female 65-69	Tamar Trotters	1:44:55	1:44:47
96	20	Alan Hughes	Male 35-39	Bodmin Road Runners	1:45:06	1:44:52

97	239	Melodie Manners	Female 35-39	Hayle Runners	1:45:19	1:45:10
98	180	Frazer Humbles	Male 40-44	Hayle Runners	1:45:22	1:45:13
99	387	Soozie Trice	Female 45-49	Tavistock AC	1:45:24	1:45:15
100	252	Kirsty Medlock	Female 40-44	Hayle Runners	1:45:52	1:45:43
101	277	Melissa Nicholas	Female Under 35	Hayle Runners	1:46:00	1:45:50
102	120	Matt Ford	Male 50-54		1:46:16	1:46:02
103	197	Katy Jenkins	Female 40-44	Truro Running Club	1:46:29	1:46:21
104	293	Lucy Paull	Female 35-39	Hayle Runners	1:46:37	1:46:27
105	64	Bruce Carey	Male Under 35	Newquay Road Runners	1:46:46	1:46:41
106	29	Jonathan Berridge	Male 50-54	Truro Running Club	1:46:46	1:46:40
107	88	Jonathan Crowle	Male 50-54	Truro Running Club	1:46:50	1:46:42
108	268	Thomas Moore	Male 40-44	Truro Running Club	1:46:57	1:46:48
109	58	Jack Burtenshaw	Male Under 35		1:47:02	1:46:45
110	89	Revis Crowle	Female 60-64	East Cornwall Harriers	1:47:10	1:47:03
111	270	Ben-Alex Morris	Male Under 35		1:47:17	1:47:13
112	262	Helen Mitchell	Female 55-59	Truro Running Club	1:47:31	1:47:22
113	340	Ben Skinner	Male 40-44		1:47:32	1:47:24
114	79	Kevin Connor	Male 40-44		1:47:37	1:47:27
115	148	Amy Harrington	Female Under 35	Truro Running Club	1:48:06	1:47:58
116	279	Danny O'Shea	Male 45-49	Truro Running Club	1:48:23	1:48:12
117	2519	Luke Reed	Male 40-44	Newquay Road Runners	1:49:01	1:48:54
118	198	Reece Jenkins	Male Under 35		1:49:01	1:48:43
119	187	Victoria Jackson	Female 50-54	Truro Running Club	1:49:11	1:49:02
120	130	Mike Gilbert	Male 35-39	Launceston Road Runners	1:49:14	1:49:02
121	169	Matt Hine	Male Under 35		1:49:26	1:49:23
122	107	Jon Eldon	Male 60-64	Hayle Runners	1:49:45	1:49:43
123	12	Lauren Bailey	Female 40-44	Truro Running Club	1:49:51	1:49:35
124	151	Tim Hicks	Male 35-39	Newquay Road Runners	1:49:51	1:49:35
125	372	Troy Taylor	Male Under 35		1:49:54	1:49:47
126	332	Andrew Searle	Male 40-44	Hayle Runners	1:50:26	1:50:17
127	222	Ryan Lane	Male Under 35		1:50:31	1:50:05
128	203	Dave Jones	Male Under 35		1:50:33	1:50:27
129	2518	Robbie Christie	Male Under 35		1:50:40	1:50:07
130	223	Myghal Larter	Male 35-39		1:51:12	1:51:01
131	200	Ben Johns	Male 35-39	Truro Running Club	1:51:17	1:51:05
132	301	Beth Popperwell	Female 50-54	Mile High	1:51:18	1:51:11
133	368	Sophie Talling	Female Under 35	Newquay Road Runners	1:51:22	1:51:15
134	263	John Mitchell	Male 40-44	Cornwall AC	1:51:43	1:51:29
135	60	Ross Buscombe	Male 35-39	St Austell Running Club	1:51:49	1:51:38
136	276	Jim Nettleton	Male 55-59	Truro Running Club	1:51:52	1:51:40
137	323	Megan Rowe	Female Under 35	St Austell Running Club	1:52:00	1:51:42
138	343	Neale Smith	Male 50-54		1:52:10	1:51:54
139	82	Michael Counter	Male 55-59	St Austell Running Club	1:52:12	1:51:51
140	56	William Burrows	Male 45-49	Cornwall AC	1:52:16	1:52:03
141	397	Louise Vanwildermeer	Female Under 35		1:52:17	1:52:09
142	365	Lee Strickland	Female 45-49	Hayle Runners	1:52:19	1:52:09
143	356	James Stephens	Male 35-39	St Austell Running Club	1:52:49	1:52:30
144	228	Jane Ling	Female 45-49	Plymstock Road Runners	1:53:07	1:52:55
145	136	Paul Gough	Male 50-54	Hayle Runners	1:53:48	1:53:39

146	254	Matt Menhenett	Male Under 35		1:53:58	1:53:52
147	134	Shawn Gimbert	Male 50-54		1:54:01	1:53:43
148	231	Lee Lucas	Male 45-49		1:54:06	1:53:46
149	361	Claire Stone	Female 45-49		1:54:29	1:54:22
150	109	Grant Ellis	Male 50-54		1:54:35	1:54:22
151	342	Ben Smith	Male 35-39	Tamar Trotters	1:54:41	1:54:30
152	48	Peter Brocklehurst	Male 70-74	St Austell Athletes Running	1:54:46	1:54:37
153	31	Jenna Bissell	Female 35-39		1:54:49	1:54:37
154	290	Karen Pascoe	Female 55-59	Cornwall AC	1:54:57	1:54:47
155	196	Harry Jeffery	Male Under 35		1:55:09	1:54:50
156	90	Noah Crutchfield	Male 45-49		1:55:11	1:54:56
157	338	Andrea Simmons	Female 65-69	Hayle Runners	1:55:14	1:55:05
158	4	Peter Allen	Male 65-69	Newquay Road Runners	1:55:20	1:55:13
159	2524	Ian Hocking	Male 45-49		1:55:25	1:55:15
160	380	Julie Towers	Female 60-64		1:55:27	1:55:04
161	381	Liz Trebilcock	Female 55-59	Truro Running Club	1:55:30	1:55:18
162	16	Jane Barker	Female Under 35	Hayle Runners	1:55:40	1:55:26
163	204	Debbie Jones	Female 55-59	Looe Pioneers Running Club	1:56:14	1:56:01
164	313	Aidan Richards	Male Under 35		1:56:20	1:55:58
165	246	Stephen Masters	Male 45-49		1:56:24	1:56:08
166	394	Alice Vage	Female Under 35	Cornwall AC	1:56:35	1:56:28
167	2515	Neil Harrison	Male 40-44		1:56:56	1:56:36
168	27	Luke Bennett	Male 60-64		1:57:01	1:56:50
169	269	Andrew Morris	Male 40-44		1:57:09	1:56:52
170	2523	Ben Eckard	Male 50-54		1:57:10	1:56:35
171	121	Emma Fox	Female 45-49	Newquay Road Runners	1:57:30	1:57:23
172	166	Shaun Hicks	Male Under 35		1:57:39	1:57:23
173	385	Daniel Trevains	Male 40-44		1:57:46	1:57:28
174	344	Stuart Smith	Male 35-39	Hayle Runners	1:58:05	1:57:47
175	398	Craig Varcoe	Male Under 35	St Austell Running Club	1:58:09	1:57:50
176	153	Victoria Hartnell	Female 55-59		1:58:13	1:57:48
177	175	Charles Homer	Male Under 35		1:58:35	1:58:16
178	376	Rich Thorpe	Male 35-39		1:58:49	1:58:37
179	237	James Mack	Male 40-44		1:58:49	1:58:37
180	137	Chris Gould	Male 45-49		1:58:59	1:58:46
181	413	Alison Weir	Female 50-54	Falmouth Running Club	1:59:03	1:58:50
182	348	Peter Spinner	Male 35-39		1:59:11	1:58:49
183	399	Harry Varcoe	Male Under 35		1:59:26	1:59:11
184	179	Thomas Hughes	Male Under 35		1:59:45	1:59:28
185	306	Mitchell Prowse	Male Under 35		1:59:59	1:59:43
186	339	Andrew Sims	Male 55-59	East Cornwall Harriers	2:00:00	1:59:42
187	308	Thomas Randall	Male 35-39		2:00:06	1:59:48
188	230	James Lovell	Male 35-39		2:00:18	2:00:07
189	377	Michael Tonks	Male Under 35	St Austell Athletes Running	2:00:24	2:00:11
190	256	David Menhenitt	Male Under 35		2:00:30	2:00:25
191	261	Jenny Mills	Female 70-74	Launceston Road Runners	2:00:42	2:00:36
192	2430	Darren Whittington	Male 50-54	DCC	2:00:57	2:00:44
193	2502	Richard Wynd	Male 40-44		2:01:08	2:00:53
194	349	Victoria Stableforth	Female 45-49		2:01:12	2:00:58

195	402 Iain Walker	Male 65-69	St Austell Running Club	2:01:14	2:01:07
196	2526 Sophie Oakland	Female 35-39		2:01:34	2:01:06
197	299 Nicholas Peters	Male Under 35		2:01:42	2:01:24
198	158 Eileen Hawken	Female 55-59		2:02:02	2:01:44
199	316 Robert Rochowiak	Male 60-64	Carn Runners	2:02:09	2:01:45
200	298 Clarke Aiden	Male 40-44	St Austell Running Club	2:02:15	2:02:04
201	40 Karina Bowers	Female 40-44	St Austell Running Club	2:02:17	2:02:06
202	125 Karine Gallais-Montgoi	Female 50-54		2:02:31	2:02:14
203	190 Kerry James	Female Under 35		2:02:40	2:02:17
204	2530 Mark Palmer	Male 45-49		2:02:41	2:02:09
205	407 Dan Walls	Male Under 35		2:02:46	2:02:26
206	191 Simon James	Male 50-54	Cornwall AC	2:03:14	2:03:01
207	127 Phil Gendall	Male 60-64		2:03:20	2:03:01
208	92 James Danks	Male 40-44	Falmouth Running Club	2:03:48	2:03:27
209	122 Hannah Fox	Female 40-44	Truro Running Club	2:04:06	2:03:54
210	67 Sam Carter	Male Under 35		2:04:11	2:03:56
211	300 Megan Pitts	Female Under 35	Truro Running Club	2:04:11	2:03:57
212	212 Ben Keverne	Male 40-44		2:04:11	2:03:50
213	2483 Carl Williams	Male 50-54	Newquay Road Runners	2:04:13	2:03:34
214	248 Gregory May	Male 40-44	Carn Runners	2:04:20	2:03:46
215	39 Annie Bover	Female 40-44	Bude Rats (Run and Tri)	2:04:22	2:04:14
216	238 Santino Mangion	Male 35-39	Hayle Runners	2:04:25	2:04:07
217	139 Paul Gwynne	Male 55-59		2:04:39	2:04:18
218	234 Susan Lyle	Female 60-64	Brixham Harriers	2:04:49	2:04:25
219	2448 Meme Wijesinghe	Female 50-54		2:04:49	2:04:35
220	233 George Lyle	Male Under 35	Waverley Harriers	2:04:49	2:04:25
221	264 Jon Mitchell	Male 50-54	Cornwall AC	2:04:52	2:04:38
222	207 Ryan Kelsey	Male 40-44		2:04:54	2:04:25
223	73 Neil Churchill	Male 55-59		2:04:57	2:04:27
224	334 Julian Shakerley	Male 45-49	St Austell Athletes Running	2:05:06	2:04:58
225	2525 Damen Powell	Male 35-39		2:05:10	2:04:44
226	119 Michelle Fitt	Female 40-44	Hayle Runners	2:05:10	2:04:54
227	10 Ian Aunger	Male 55-59		2:05:11	2:04:36
228	296 Rachel Pearce	Female Under 35		2:05:25	2:05:03
229	218 Helen Knowles	Female 45-49	Hayle Runners	2:05:43	2:05:25
230	391 Miles Turner	Male Under 35	Truro Running Club	2:05:51	2:05:22
231	181 Victoria Humphreys	Female 35-39	East Cornwall Harriers	2:06:01	2:05:44
232	251 Sarah McDonough	Female 35-39	East Cornwall Harriers	2:06:01	2:05:44
233	295 Adam Paynter	Male 50-54	Launceston Road Runners	2:06:02	2:05:30
234	351 Joseph Stanford	Male 45-49	Hayle Runners	2:06:17	2:06:07
235	408 Hannah Ward	Female 45-49	St Austell Athletes Running	2:06:28	2:06:13
236	307 Tom Radford	Male 40-44		2:06:32	2:06:04
237	362 Luke Stone	Male 45-49		2:06:38	2:06:34
238	374 Alison Thomas	Female 50-54	Hayle Runners	2:06:38	2:06:21
239	77 Richard Collett	Male 40-44	Hayle Runners	2:06:48	2:06:24
240	146 Owen Hambly	Male 35-39		2:07:00	2:06:47
241	2509 Amber Van Hoof	Female Under 35		2:07:09	2:06:36
242	225 Charlie Lazenby	Male 60-64	Lonely Goat RC	2:07:21	2:06:54
243	161 Ashley Hayward	Male 40-44	CD Performance Coaching	2:07:44	2:07:27

244	30	Grahame Mace	Male 50-54	Looe Pioneers Running Clut	2:08:05	2:07:52
245	243	Colin Martin	Male 70-74	Newquay Road Runners	2:08:14	2:08:01
246	2494	Lisa Wilson	Female 50-54	Truro Running Club	2:08:41	2:08:19
247	406	Simon Wallis	Male 40-44		2:08:48	2:08:20
248	442	Ricky Blackman	Male 50-54		2:09:07	2:08:40
249	188	Ben Jago	Male 40-44		2:09:16	2:08:48
250	305	Adam Prowse	Male Under 35		2:10:00	2:09:44
<b>251</b>	<b>2538</b>	<b>Philip Hall</b>	<b>Male 65-69</b>	<b>Falmouth Running Club</b>	<b>2:10:49</b>	<b>2:10:27</b>
252	282	Louise Ollivier	Female 55-59	Hayle Runners	2:11:17	2:11:02
253	2508	Claire Paul	Female Under 35		2:11:25	2:10:52
254	273	Ryan Mosney	Male 35-39	Truro Running Club	2:11:28	2:11:15
<b>255</b>	<b>167</b>	<b>Pete Higham</b>	<b>Male 60-64</b>	<b>Falmouth Running Club</b>	<b>2:11:34</b>	<b>2:11:13</b>
256	100	Peter Sargent	Male 75-79	South West Vets A.C.	2:11:48	2:11:27
257	281	Vicky Oakes	Female 45-49	St Austell Running Club	2:12:03	2:11:32
258	116	Andrew Ferguson	Male 55-59	Truro Running Club	2:12:27	2:12:19
259	15	Dan Banks	Male 35-39	St Austell Athletes Running	2:12:27	2:12:02
260	124	Oliver Freestone	Male 35-39		2:12:33	2:12:08
<b>261</b>	<b>404</b>	<b>Steven Walkey</b>	<b>Male 70-74</b>	<b>Falmouth Running Club</b>	<b>2:12:33</b>	<b>2:12:11</b>
262	118	Dan Fine	Male Under 35		2:12:45	2:12:12
263	34	Darren Blenkinsop	Male 50-54	Tamar Trotters	2:12:46	2:12:26
264	366	David Studley	Male 35-39		2:12:55	2:12:19
265	5	Sarah Allen	Female 50-54	Hayle Runners	2:13:04	2:12:45
<b>266</b>	<b>274</b>	<b>Thelma Namonje Kape</b>	<b>Female 35-39</b>	<b>Falmouth Running Club</b>	<b>2:13:06</b>	<b>2:12:52</b>
267	2521	Debbie Marshall	Female 45-49	St Austell Running Club	2:13:21	2:13:02
268	347	David Speake	Male 50-54	St Austell Running Club	2:13:22	2:13:02
269	184	Stephen Hutchinson	Male 70-74	Bude Rats (Run and Tri)	2:13:42	2:13:26
270	227	Alex Lilly	Male 35-39		2:13:54	2:13:26
271	177	Anita Hudson	Female 50-54		2:13:54	2:13:34
272	2540	Dan Armstrong	Male Under 35		2:13:57	2:13:26
273	210	Hilary Kennedy	Female 60-64	Brixham Harriers	2:14:07	2:13:41
274	11	Gill Aze-Thomas	Female 50-54	Launceston Road Runners	2:14:14	2:13:44
275	265	Iain Mobbs	Male 50-54		2:14:45	2:14:23
276	6	Becky Andrews	Female 40-44	Truro Running Club	2:15:39	2:15:16
277	93	Steve Davey	Male 55-59		2:15:53	2:15:34
278	355	Grace Stephens	Female Under 35		2:16:25	2:16:08
279	2449	David Wilcox	Male 45-49	Truro Running Club	2:16:46	2:16:37
280	168	Kara Hill	Female 35-39		2:16:58	2:16:27
281	23	Mike Bawden	Male 60-64	Carn Runners	2:17:02	2:16:42
282	379	Linda Tout	Female 70-74	Tamar Trotters	2:17:14	2:16:53
283	49	Rebecca Brookes	Female 35-39		2:17:37	2:17:14
284	155	Charmaine Harverson	Female 45-49	Truro Running Club	2:17:39	2:17:20
285	291	Lewis Pascoe	Male Under 35		2:17:42	2:17:26
286	72	Hayley Christopher	Female 35-39	St Austell Athletes Running	2:17:56	2:17:27
287	47	Verity Bridger	Female Under 35		2:18:14	2:17:42
288	81	Gail Cory	Female 55-59	East Cornwall Harriers	2:18:18	2:17:53
289	185	Chloe Hutton	Female Under 35		2:18:57	2:18:47
290	186	Martin Hutton	Male 60-64		2:19:08	2:18:57
291	74	Margaret Clark	Female 60-64	Hayle Runners	2:19:13	2:18:54
292	331	Stuart Seaman	Male 60-64		2:19:24	2:18:50

293	145	Neil Ham	Male 55-59	JP Fitness Cornwall	2:19:31	2:19:08
294	328	Zara Sayer	Female 40-44		2:19:31	2:18:54
295	115	Melanie Feldman	Female 50-54		2:19:38	2:19:05
296	53	Anthony Bryant	Male 45-49	Hayle Runners	2:19:56	2:19:32
297	87	Caroline Cross	Female Under 35	Cornwall AC	2:20:00	2:19:46
298	25	Claire Below	Female Under 35		2:20:23	2:19:55
299	287	Julie Oxenham	Female 50-54	Bodmin Road Runners	2:20:28	2:20:13
300	2529	Helen Stevenson	Female 40-44	Bodmin Road Runners	2:20:28	2:20:14
301	353	Jane Stedman	Female 60-64	Bodmin Road Runners	2:20:28	2:20:13
302	171	Dan Hocking	Male 45-49	Hayle Runners	2:22:04	2:21:45
303	278	John-James Noble	Male 40-44		2:22:22	2:21:49
304	390	Josh Turner	Male 35-39		2:22:57	2:22:31
305	389	Chloe Turner	Female Under 35	East Cornwall Harriers	2:22:57	2:22:32
306	142	Brett Hall	Male 40-44	Newquay Road Runners	2:23:48	2:23:32
307	112	Des Evans	Male 75-79	Newquay Road Runners	2:23:53	2:23:44
308	367	Christianna Symmons	Female 40-44	Truro Running Club	2:23:56	2:23:39
309	173	Julie Hogan	Female 55-59		2:24:12	2:23:47
310	199	Natalie Jewell	Female 40-44	Falmouth Running Club	2:24:32	2:23:57
311	405	Rachel Wallis	Female 45-49		2:24:33	2:24:08
312	215	Sharon Kinsella	Female 45-49		2:24:33	2:24:08
313	341	Kirstie Slater	Female 50-54	Truro Running Club	2:24:50	2:24:35
314	57	Simon Burt	Male 60-64		2:24:53	2:24:28
315	329	Dawn Scallan	Female 50-54	Carn Runners	2:24:54	2:24:27
316	411	Janet Watson	Female 70-74	Carn Runners	2:24:54	2:24:27
317	360	Claire Stone	Female 35-39	Hayle Runners	2:25:13	2:24:55
318	2516	Lewis Duggleby	Male 35-39		2:25:50	2:25:28
319	2528	Emma Davies	Female Under 35		2:26:00	2:25:34
320	117	Emma Figures	Female 35-39	Truro Running Club	2:26:01	2:25:34
321	174	Damon Hollick	Male 35-39		2:26:34	2:26:13
322	70	Nina Chell	Female 45-49	Falmouth Running Club	2:26:59	2:26:30
323	414	Heather Wells	Female 55-59		2:27:07	2:26:40
324	283	Gillian Onley	Female 55-59	Cornwall AC	2:27:37	2:27:24
325	44	Michael Bray	Male 40-44		2:27:43	2:27:23
326	375	Hannah Thomas	Female 45-49	Truro Running Club	2:27:43	2:27:23
327	86	Nicola Crilly	Female 45-49	Falmouth Running Club	2:27:44	2:27:11
328	244	Sally Martin	Female 45-49	Falmouth Running Club	2:27:46	2:27:20
329	38	Sarah Booker	Female 50-54	Falmouth Running Club	2:27:46	2:27:20
330	214	Louise King	Female 55-59	Plymouth Musketeers Runr	2:27:56	2:27:23
331	213	Bryan King	Male 70-74	Plymouth Musketeers Runr	2:27:57	2:27:24
332	418	Sarah Whipp	Female 35-39		2:27:59	2:27:24
333	163	Phillip Henwood	Male 45-49	Newquay Road Runners	2:28:19	2:28:07
334	43	Alan Brandwood	Male 70-74	Falmouth Running Club	2:28:25	2:27:58
335	260	Bryan Mills	Male 50-54		2:29:03	2:28:33
336	284	Jeremy Parsons	Male 50-54		2:29:28	2:28:58
337	396	Freddi Vanhegan	Female Under 35		2:29:42	2:29:10
338	176	Kerry Hoskin	Female 40-44	Truro Running Club	2:29:44	2:29:18
339	194	Rachel Jarman	Female 50-54		2:29:44	2:29:09
340	24	Nikki Beer	Female 35-39		2:29:56	2:29:20
341	352	Elizabeth Stansfield	Female 45-49		2:30:16	2:29:39

342	337	Amber Simler	Female Under 35	Truro Running Club	2:31:13	2:30:36
343	2482	Becky Williams	Female 50-54		2:31:20	2:30:48
344	2	Lisa Adams	Female 50-54		2:31:32	2:31:01
345	170	Loraine Hoar	Female 50-54	St Austell Running Club	2:31:42	2:31:12
346	162	Helen Roberts	Female 45-49		2:31:55	2:31:23
347	76	Andy Coles	Male 60-64	St Austell Running Club	2:32:06	2:31:34
348	41	Rosie Bown	Female Under 35		2:32:47	2:32:20
349	128	Damien German	Male 60-64		2:32:50	2:32:34
350	335	Kiera Sherrocks	Female Under 35		2:33:04	2:32:34
351	232	Sarah Luff	Female 40-44	JP Fitness Cornwall	2:33:44	2:33:23
352	164	Claire Herbert	Female 50-54	Plymouth Musketeers Runr	2:34:07	2:34:06
353	354	Sarah Steed	Female 50-54	East Cornwall Harriers	2:34:18	2:33:52
354	304	Nikki Pritchard	Female 40-44	East Cornwall Harriers	2:34:19	2:33:53
355	2465	Robert Willcocks	Male 60-64	Falmouth Running Club	2:35:36	2:35:08
356	257	Chris Miller	Male 35-39		2:35:36	2:35:12
357	258	Georgie Miller	Female Under 35		2:35:36	2:35:13
358	159	Lorraine Hawkins	Female 55-59	Launceston Road Runners	2:36:06	2:35:35
359	235	Ann Lynch	Female Under 35		2:36:22	2:35:47
360	59	Emma Bury	Female Under 35		2:36:22	2:35:47
361	294	Claire Payne	Female 50-54	Carn Runners	2:36:51	2:36:17
362	140	Davinia Haggis	Female 40-44		2:37:04	2:36:40
363	229	Grant Lourenco	Male 40-44		2:37:30	2:36:52
364	37	Robert Bolitho	Male 60-64	Hayle Runners	2:38:21	2:37:59
365	17	Claire Barlow	Female 45-49	Bodmin Road Runners	2:38:36	2:38:12
366	106	Sarah Edwards	Female 45-49	JP Fitness Cornwall	2:38:49	2:38:25
367	21	Joanne Barry	Female 45-49	JP Fitness Cornwall	2:38:49	2:38:26
368	150	Michaela Harrison	Female 45-49	Plymouth Harriers	2:38:52	2:38:23
369	267	Molly Moore	Female Under 35		2:39:13	2:38:56
370	226	Nick Leonard	Male 70-74		2:40:35	2:40:03
371	240	Courtney Marks	Female Under 35	St Austell Running Club	2:40:45	2:40:30
372	3	Vicky Ryan	Female 35-39		2:40:53	2:40:27
373	156	Lizzie Hasell	Female 40-44	Truro Running Club	2:41:14	2:40:49
374	371	Sean Taylor	Male 55-59	Bodmin Road Runners	2:41:16	2:40:52
375	370	Lesley Taphouse	Female 60-64	Bodmin Road Runners	2:43:04	2:42:41
376	410	Yvonne Watkins	Female 60-64		2:44:38	2:44:05
377	201	Emma Johns	Female 45-49	Hayle Runners	2:44:39	2:44:05
378	102	Ben Dutton	Male Under 35	St Austell Athletes Running	2:44:49	2:44:19
379	400	Greta Viertel	Female 35-39	St Austell Athletes Running	2:44:51	2:44:20
380	388	Phil Trudgeon	Male 40-44		2:46:05	2:45:42
381	97	Sofie Donlan	Female 35-39		2:46:05	2:45:42
382	330	Iva Schroeder	Female Under 35	Bude Rats (Run and Tri)	2:47:49	2:47:41
383	224	Sarah Law	Female 45-49	Falmouth Running Club	2:48:08	2:47:34
384	2490	Wendy Williams	Female 60-64	JP Fitness Cornwall	2:48:08	2:47:45
385	101	Michelle Dunn	Female 35-39	St Austell Running Club	2:49:08	2:48:38
386	2533	Sharon Willis	Female 60-64	Newquay Road Runners	2:51:03	2:50:27
387	172	Deborah Hocking	Female 55-59	Carn Runners	2:51:15	2:50:38
388	193	Sandy Jamieson	Female 70-74	Carn Runners	2:51:15	2:50:39
389	192	Judy Jameson	Female 60-64	Carn Runners	2:51:16	2:50:39
390	83	Chris Cox	Male 70-74		2:52:03	2:51:34



391	220 Christina Lake	Female 65-69	Falmouth Running Club	2:52:11	2:51:44
392	36 Julie Bolitho	Female 55-59	Hayle Runners	2:52:33	2:52:12
393	326 Jared Sanderson	Male 35-39		2:53:45	2:53:09
394	271 Teresa Morris	Female 45-49		2:58:10	2:57:40
395	333 Katy Selby	Female 50-54		2:58:58	2:58:20
396	250 Ian McDermott	Male 60-64		2:59:05	2:58:27
397	292 Phillip Passmore	Male Under 35		2:59:32	2:59:22
398	68 Helen Cattran	Female 55-59	Hayle Runners	3:08:39	3:08:09
399	95 Charlotte Delaney	Female Under 35	Hayle Runners	3:08:39	3:08:09
400	141 Richard Hale	Male 55-59		3:30:24	3:29:52
DSQ	84 Shane Cox	Male Under 35		1:45:40	1:45:29