

Magnificent 7 - 2023

Place	Bib	Name	AG	Club	ChipTime	2022
1	233	Jacob Landers	Male Under 35	Tamar Trotters	0:38:42	0:38:29
2	309	Tom Morton	Male Under 35	Mile High	0:39:27	
3	327	David Tregonning	Male Under 35	St Austell Running Club	0:41:24	
4	73	Simon Morse	Male 35-39	East Cornwall Harriers	0:41:50	
5	127	Jordan Morant	Male Under 35	Hayle Runners	0:41:53	
6	77	Paul Whear	Male 55-59	Cornwall AC	0:41:54	0:42:16
7	267	Billy Hayton	Male Under 35	Pontypridd Roadents AC	0:42:11	
8	311	Paul Smith	Male 45-49	Cornwall AC	0:42:16	
9	251	Peter Barnes	Male 40-44	Hayle Runners	0:42:55	0:45:52
10	66	Charlie Milward	Male Under 35	Erme Valley Harriers	0:43:14	
11	74	Alex Marples	Male 40-44	Truro Running Club	0:43:36	0:43:16
12	205	Anna Harrold	Female 40-44	Truro Running Club	0:43:43	
13	261	Darren Roose	Male 40-44	Newquay Road Runners	0:43:56	
14	265	Daniel Strickland	Male 40-44	Hayle Runners	0:43:58	
15	105	Grant Harvey	Male 40-44	Tavistock AC	0:44:30	
16	279	Tony Wright	Male 55-59	Cornwall AC	0:44:39	0:43:18
17	193	Daniel Westlake	Male Under 35	Storm Plymouth	0:44:44	
18	49	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:44:50	0:44:52
19	35	Thomas Rosenfeld	Male 40-44	Hayle Runners	0:45:03	
20	84	Langdon Williams	Male 55-59	Exmouth Harriers	0:46:00	
21	255	Mark Lynch	Male 50-54		0:46:09	
22	99	Richard Martin	Male 35-39	St Austell Running Club	0:46:17	0:46:08
23	119	Callum Waldie	Male Under 35	Truro Running Club	0:46:30	
24	302	Emma Paull	Female 35-39	Hayle Runners	0:46:38	
25	46	Mark Roby	Male 45-49	Truro Running Club	0:46:40	
26	303	Simon Jeffs	Male 45-49	Hayle Runners	0:46:48	
27	253	Stuart Potter	Male 45-49		0:46:46	
28	260	Adam Keogh	Male 40-44	Falmouth Running Club	0:46:42	
29	208	Anthony Worthington	Male 50-54	Tamar Trotters	0:47:13	
30	305	Edmund Bennett	Male 40-44	Hayle Runners	0:47:19	0:46:58
31	159	Andy Charles	Male 60-64	Plymouth Harriers	0:47:24	
32	177	Matt Fox	Male Under 35	Falmouth Running Club	0:48:02	0:49:08
33	17	David Morris	Male 35-39	Plymouth Harriers	0:48:13	
34	226	Stan Cameron	Male Under 35	Mile High	0:48:23	
35	36	Ian Curnow	Male 50-54	Hayle Runners	0:48:23	
36	64	Hector Waudby-Webb	Male Under 35	Dundee Road Runners	0:48:35	
37	289	Mike Dowrick	Male 50-54	Cornwall AC	0:48:40	
38	191	Chris Hedges	Male 35-39	Plymouth Harriers	0:48:48	
39	310	John Sole	Male 40-44	Cornwall AC	0:49:01	0:47:41
40	153	Alexandra Russell Sr	Female 35-39		0:49:06	
41	286	Steve Jones	Male 35-39		0:49:11	
42	328	Simon Knowles	Male 45-49	Hayle Runners	0:49:15	0:51:50
43	252	Sid Standlick	Male 40-44	Tamar Trotters	0:49:25	
44	42	Mike Ellis	Male 45-49	Newquay & Par AC	0:49:29	
45	103	Darrin Porter	Male 55-59	Cornwall AC	0:49:30	
46	68	Kyle Orgacki	Male 35-39	Tamar Trotters	0:49:33	
47	246	Daniel Case	Male 35-39	Plymouth Musketeers Running	0:49:44	

48	67	Mark Williams	Male 55-59	Hayle Runners	0:50:11	
49	101	Jon Eldon	Male 60-64	Hayle Runners	0:50:15	0:54:13
50	324	Matt Davies	Male 35-39	East Cornwall Harriers	0:50:25	
51	230	Ian Collacott	Male 40-44	Tavistock AC	0:50:38	
52	216	Scott Abraham	Male 50-54	Hayle Runners	0:50:51	0:49:31
53	37	Steve Baker	Male 65-69	Tamar Trotters	0:51:27	
54	123	Ayesha Gillespie	Female Under 35	Tamar Trotters	0:51:54	
55	125	Daniel Baugh	Male 35-39	Storm Plymouth	0:51:57	
56	165	Iain Walker	Male 65-69	St Austell Running Club	0:52:12	0:54:16
57	168	David Allen	Male 60-64	Alberville Harriers	0:52:17	
58	304	Lisa Todd	Female Under 35	Storm Plymouth	0:52:09	
59	275	Matthew Grzenda	Male 45-49		0:52:31	0:50:17
60	23	Thomas Halton	Male Under 35	St Austell Running Club	0:52:39	
61	83	Ashley Elliott	Female Under 35	East Cornwall Harriers	0:52:49	
62	27	Frazer Humbles	Male 40-44	Hayle Runners	0:52:49	0:52:21
63	315	Kevin Baskott	Male 55-59	Tamar Trotters	0:52:56	
64	264	Damian Dunne	Male 45-49	Plymouth Musketeers Running	0:53:32	
65	95	Ian Lamerton	Male 55-59	Plymstock Road Runners	0:54:04	
66	219	Andrew Marshall	Male 60-64	Plymouth Harriers	0:54:07	
67	210	Revis Crowle	Female 60-64	East Cornwall Harriers	0:54:23	
68	263	Chris Ullman	Male 50-54	East Cornwall Harriers	0:54:35	
69	206	James Stephens	Male 35-39	St Austell Running Club	0:54:35	
70	106	Thomas Danning	Male Under 35		0:54:37	
71	212	Mark Woolcock	Male 45-49	Plymstock Road Runners	0:54:35	
72	322	Martyn Prouse	Male 45-49	PB Running Club	0:54:45	0:55:08
73	9	Melodie Manners	Female Under 35	Hayle Runners	0:54:55	0:51:43
74	295	Ross Sadler	Male 40-44		0:54:48	
75	272	Mark Thomas	Male 45-49	Truro Running Club	0:55:03	
76	187	Chloe Anderson	Female Under 35	Plymouth Musketeers Running	0:55:06	
77	29	Andrew Cassidy	Male 65-69	Cornwall AC	0:55:07	
78	170	Malcolm Roberts	Male 70-74	St Austell Running Club	0:55:16	
79	11	Kevin Silver	Male 55-59	Hayle Runners	0:55:24	0:58:53
80	240	Shaun Kirk	Male 55-59	South Devon AC	0:55:21	
81	81	Kirsty Medlock	Female 40-44	Hayle Runners	0:55:39	
82	155	Mark Bennetts	Male 40-44	St Austell Athletes Running Cl	0:55:43	
83	249	Laurence Thrift	Male 70-74		0:55:44	
84	128	Helen Mitchell	Female 55-59	Truro Running Club	0:56:04	
85	195	Sarah Robbins	Female Under 35	Plymouth Harriers	0:56:12	
86	221	Steven Carter	Male 50-54	Plymouth Harriers	0:56:11	
87	13	Ian Savigar	Male 60-64	East Cornwall Harriers	0:56:15	
88	134	Joe Brooks	Male 50-54	Tamar Trotters	0:56:32	
89	65	David Waudby-Wes	Male 55-59	Inverness Harriers	0:56:35	
90	61	Richard Bowen	Male 55-59	Plymouth Harriers	0:56:36	
91	109	Danny O'Shea	Male 45-49	Truro Running Club	0:56:36	
92	225	Michael Cork	Male 65-69	Plymouth Coasters	0:56:40	
93	50	Barrie Cardew	Male 60-64	Carn Runners	0:56:47	
94	268	Alexia Zilli	Female 40-44	Tamar Trotters	0:56:48	1:00:23
95	4	Bruce Carey	Male Under 35	Newquay Road Runners	0:56:48	
96	231	Andrew James	Male 40-44	Hayle Runners	0:56:50	0:54:46

97	167	Michael Hughes	Male 60-64	Storm Plymouth	0:56:48	
98	283	Danielle Waters	Female 35-39	South Devon AC	0:57:08	
99	24	Andrew Ellis	Male 50-54	Hayle Runners	0:57:20	0:56:47
100	271	Lauren Bailey	Female 40-44	Truro Running Club	0:57:32	
101	325	David Mccarthy	Male 35-39	Storm Plymouth	0:57:46	
102	173	Paul Gough	Male 50-54	Hayle Runners	0:58:06	
103	25	Peter Allen	Male 65-69	Newquay Road Runners	0:58:11	0:54:49
104	224	David Austin	Male 40-44	Plymouth Musketeers Running	0:58:15	
105	90	John Sudell	Male 65-69	East Cornwall Harriers	0:58:16	
106	60	Michael Counter	Male 55-59	St Austell Running Club	0:58:31	0:59:04
107	15	Julia Pearce	Female 45-49	Cornwall AC	0:58:43	0:56:42
108	160	Natalie Thomas	Female 35-39		0:58:51	
109	164	Allan Herdman	Male 70-74	Tavistock AC	0:58:58	
110	215	Liz Trebilcock	Female 55-59	Truro Running Club	0:59:10	
111	161	Benjamin Jarram	Male 35-39	Launceston Road Runners	0:59:16	
112	122	Simon James	Male 50-54	Cornwall AC	0:59:30	
113	157	Dominic Parnell	Male 40-44	Tamar Trotters	0:59:36	0:58:35
114	258	Jeremy Goddard	Male 55-59	South Devon AC	0:59:36	
115	45	Mandy Watts	Female 50-54	Newquay Road Runners	0:59:42	
116	198	Colin Palmer	Male 40-44	Storm Plymouth	0:59:58	
117	194	Richard Atkinson	Male 55-59	Plymouth Harriers	1:00:23	
118	266	Daria Khomych	Female Under 35	Tamar Trotters	1:00:27	
119	180	Grahame Mace	Male 50-54	Looe Pioneers Running Club	1:00:37	
120	166	Sarah Wilkinson	Female 60-64	Newquay Road Runners	1:00:47	0:59:41
121	250	Simon Woodhouse	Male 45-49		1:00:50	
122	43	Eleanor Ellison	Female 65-69	Newquay Road Runners	1:00:59	1:00:19
123	239	Stuart Smith	Male 35-39	Hayle Runners	1:01:10	
124	139	Karina Bowers	Female 40-44	St Austell Running Club	1:01:19	0:59:27
125	56	Sarah McDonough	Female 35-39	East Cornwall Harriers	1:01:21	
126	211	Debbie Jones	Female 55-59	Looe Pioneers Running Club	1:01:34	
127	129	James Gill	Male 35-39		1:01:56	
128	55	Victoria Humphreys	Female 35-39	East Cornwall Harriers	1:01:48	
129	247	Christopher Bailey	Male 45-49	Storm Plymouth	1:01:50	0:59:09
130	102	Stephen Hutchinsor	Male 70-74	Bude Rats (Run and Tri)	1:01:58	
131	156	James Mann	Male 35-39	Plymstock Road Runners	1:02:03	
132	223	Jenny Mills	Female 70-74	Launceston Road Runners	1:02:16	
133	62	Megan Pitts	Female Under 35	Truro Running Club	1:02:26	
134	148	Michael Hockey	Male 40-44	Plymouth Musketeers Running	1:02:22	
135	214	Guy Boswell	Male 60-64	Plymouth Musketeers Running	1:02:24	
136	158	Jonathan Bateman	Male 75-79	Royal Wootton Bassett Hound	1:02:50	
137	114	Olivia Pellowe	Female 45-49	Carn Runners	1:03:11	
138	54	Simon Ayres	Male 45-49		1:03:09	
139	294	Ellie Musson	Female 35-39	Camelford Up and Running	1:03:23	
140	297	David Simpson	Male 60-64		1:03:34	0:56:37
141	222	Anthony Shearer	Male 70-74	Tavistock AC	1:03:37	
142	201	Martin Trethewey	Male 55-59	St Austell Running Club	1:03:42	0:59:55
143	274	Debora Cornish	Female 55-59	Storm Plymouth	1:03:52	1:03:28
144	82	Alison Benson	Female 60-64		1:03:47	
145	243	Nicholas Slemmon	Male 50-54	Callington running group	1:03:38	

146	190	Lynn Coffman	Female 50-54	Tamar Trotters	1:03:53	
147	292	Andrew Morley	Male 50-54	Newquay Road Runners	1:03:57	
148	308	Rebecca Scott	Female 45-49	Storm Plymouth	1:03:54	
149	188	Matthew Rule	Male Under 35	Plymstock Road Runners	1:03:59	
150	26	Lucy Oldham	Female 45-49	East Cornwall Harriers	1:04:04	1:13:31
151	282	Antony Waters	Male 45-49	South Devon AC	1:04:14	
152	306	Colin Miller	Male 35-39	Ocean City Running Club	1:04:33	
153	314	Michelle Fitt	Female 40-44	Hayle Runners	1:04:28	
154	262	Anna Carter	Female 35-39	Newquay Road Runners	1:04:29	
155	115	Mike Bawden	Male 60-64	Carn Runners	1:04:46	
156	290	Vanessa Morley	Female 50-54	Newquay Road Runners	1:04:42	
157	30	Richard Collett	Male 40-44	Hayle Runners	1:04:39	
158	199	Annie Bover	Female 40-44	Bude Rats (Run and Tri)	1:04:55	
159	8	Alison Thomas	Female 45-49	Hayle Runners	1:05:05	1:02:46
160	5	Pete Higham	Male 60-64	Falmouth Running Club	1:05:01	
161	259	Matt Vosper	Male 45-49	Plymouth Musketeers Running	1:04:59	
162	147	Emma Jenks	Female 40-44	Plymouth Musketeers Running	1:05:00	
163	137	Janet Ritchie	Female 60-64	Carn Runners	1:05:18	1:07:03
164	181	Andrew Bishop	Male 35-39	Run Fit Run Fast	1:05:02	1:07:19
165	232	Cerys Brady	Female Under 35	East Cornwall Harriers	1:05:13	
166	321	Jason Hyde	Male 45-49	Plymouth Falconers	1:05:22	1:18:22
167	93	Jon Wells-Hall	Male 35-39		1:05:13	0:58:55
168	152	Colin Martin	Male 70-74	Newquay Road Runners	1:05:33	
169	277	Dawn Scallan	Female 50-54	Carn Runners	1:05:43	
170	110	Jane Stedman	Female 60-64	Bodmin Road Runners	1:05:42	1:03:22
171	3	James Danks	Male 40-44	Falmouth Running Club	1:05:46	1:13:13
172	220	Anne Marshall	Female 60-64	Plymouth Harriers	1:05:56	
173	150	Barry Olver	Male 65-69	Tamar Trotters	1:06:27	1:06:07
174	176	Alan Jones	Male 50-54		1:06:23	
175	140	John Brady	Male 60-64	East Cornwall Harriers	1:06:48	
176	38	Steven Walkey	Male 70-74	Falmouth Running Club	1:06:58	
177	276	Mark Scallan	Male 55-59	Carn Runners	1:07:10	
178	293	Laura Lake	Female Under 35	Plymouth Musketeers Running	1:07:18	1:12:42
179	307	Paul Hyde	Male 40-44	Storm Plymouth	1:07:17	
180	254	Peter Sargent	Male 75-79	South West Vets A.C.	1:07:41	1:06:25
181	296	Tim Hoppenbrouwe	Male 40-44		1:07:46	
182	256	Harriet Housam	Female Under 35	Tamar Trotters	1:07:38	
183	234	Michelle Cartlidge	Female 35-39	Plymouth Harriers	1:07:55	
184	97	Darren Blenkinsop	Male 50-54	Tamar Trotters	1:08:04	
185	163	Joanna Wood	Female 40-44		1:08:18	1:09:11
186	184	Juliet Stewart	Female 55-59	Truro Running Club	1:08:31	
187	59	Shaun Dyer	Male 45-49		1:08:39	
188	58	Sandra Harrison	Female 50-54		1:08:40	
189	207	Peter Armstrong	Male 35-39	Plymouth Harriers	1:08:36	
190	143	Dawn Dyer	Female 60-64	Plymouth Musketeers Running	1:08:40	
191	162	Rodney Hillebrandt	Male 75-79	Plymouth Musketeers Running	1:08:42	
192	154	Debbie Marshall	Female 45-49	St Austell Running Club	1:08:51	
193	151	Mark Hamilton	Male 60-64		1:08:49	1:12:19
194	228	Brendan Palmer	Male 45-49	Storm Plymouth	1:08:52	1:03:02

195	280	Lynne Hannaford	Female 50-54		1:09:12	1:09:13
196	44	Geoffrey McSweeney	Male 40-44		1:09:25	
197	75	Linda Tout	Female 70-74	Tamar Trotters	1:09:40	1:13:01
198	202	Cherry Powell	Female 55-59	South Devon AC	1:09:53	
199	107	Owen Puckey	Male Under 35	SSAFA	1:09:33	
200	281	Stuart Seaman	Male 60-64		1:10:02	
201	317	Linda Pickard	Female 60-64	Launceston Road Runners	1:10:10	
202	14	Ian McLeod	Male 60-64	Plymouth Coasters	1:10:20	
203	98	Chris Tomkins	Male 50-54		1:10:39	
204	318	Dave Pickard	Male 60-64	Launceston Road Runners	1:10:37	
205	179	Andrew Sutton	Male 50-54		1:10:55	1:06:49
206	7	Des Evans	Male 70-74	Newquay Road Runners	1:11:14	1:07:36
207	319	Matthew Chapman	Male Under 35		1:11:45	
208	52	Ben Dutton	Male Under 35	St Austell Athletes Running Club	1:11:38	
209	18	Donna Fisher	Female 40-44	Newquay Road Runners	1:11:53	
210	169	Judith Wilkinson	Female 65-69	Tamar Trotters	1:12:07	
211	238	Stuart Purcell	Male Under 35	Callington running group	1:12:06	
212	40	Richard Jenkin	Male 75-79	Cornwall AC	1:12:27	1:07:11
213	57	Chloe Turner	Female Under 35	East Cornwall Harriers	1:12:13	
214	287	Robert Kernaghan	Male 50-54	Looe Pioneers Running Club	1:12:41	
215	12	Sarah Steed	Female 50-54	East Cornwall Harriers	1:12:37	
216	209	Rachel Yelland	Female 35-39	East Cornwall Harriers	1:12:46	
217	237	Sarah Luff	Female 40-44	JP Fitness Cornwall	1:12:50	
218	118	Gill Aze-Thomas	Female 50-54	Launceston Road Runners	1:12:52	
219	326	Edward Barker	Male 45-49		1:12:54	
220	31	Jennifer Lawson	Female 55-59	Newquay Road Runners	1:13:49	
221	284	Emma Alec	Female 45-49	Plymouth Musketeers Running Club	1:14:00	
222	72	Gillian Onley	Female 55-59	Cornwall AC	1:14:17	
223	144	Anita Chambers	Female 60-64	Plymouth Musketeers Running Club	1:14:10	1:09:41
224	34	Alan Brandwood	Male 70-74	Falmouth Running Club	1:14:22	1:13:42
225	278	Rebecca Fryer	Female 55-59		1:14:23	
226	178	Frances Osborne	Female 40-44	Callington running group	1:14:23	
227	244	Emma Slemon	Female 50-54	Callington running group	1:14:23	
228	19	Karen Warner	Female 55-59	Newquay Road Runners	1:14:39	
229	218	Ian Ringer	Male 75-79	Bodmin Road Runners	1:14:38	1:14:02
230	28	Claire Stone	Female 35-39	Hayle Runners	1:14:58	1:24:18
231	39	Ray Goodright	Male 75-79	East Cornwall Harriers	1:15:12	
232	69	Richard Worrall	Male 45-49		1:15:23	
233	313	Daniel Matthams	Male Under 35		1:15:41	
234	16	Claire Barlow	Female 45-49	Bodmin Road Runners	1:16:19	1:14:31
235	21	Nikki Pritchard	Female 40-44	East Cornwall Harriers	1:16:15	1:13:31
236	196	Marisa Macleod	Female 40-44		1:16:28	
237	85	Dave Pettigrew	Male 45-49		1:16:49	
238	175	Zak Anderson	Male 35-39	Plymouth Musketeers Running Club	1:17:18	
239	79	Michelle Dunn	Female 35-39	St Austell Running Club	1:17:34	1:28:54
240	141	Paul Heywood	Male 55-59	Launceston Road Runners	1:17:31	
241	91	Mary Goodacre	Female 70-74	Tamar Trotters	1:17:53	
242	299	Sandy Jamieson	Female 70-74	Carn Runners	1:17:55	
243	80	Emma James	Female 45-49	Launceston Road Runners	1:17:54	

244	312	Samantha Ewart	Female 45-49	St Austell Running Club	1:18:06	1:13:56
245	100	Ann Bradley	Female 60-64	St Austell Running Club	1:18:08	1:18:20
246	126	Demelza Widdershc	Female 40-44	Carn Runners	1:18:21	
247	185	Jacquelyn Faulkner	Female 45-49	Plymouth Musketeers Runnin	1:18:20	
248	186	Bill Christie	Male 60-64	Plymouth Musketeers Runnin	1:18:21	
249	124	Lesley Taphouse	Female 60-64	Bodmin Road Runners	1:18:26	1:17:43
250	298	Hannah Thomas	Female 45-49	Truro Running Club	1:18:52	
251	273	Michael Bray	Male 40-44		1:19:36	
252	189	Jane Forder	Female 50-54	Tamar Trotters	1:19:38	
253	241	Alison Ince	Female 40-44	Storm Plymouth	1:19:42	
254	270	Dona Turner	Female 45-49	Plymouth Musketeers Runnin	1:19:54	
255	192	Samantha West	Female 35-39	Plymouth Musketeers Runnin	1:19:53	
256	203	Kelly Brumhead	Female 45-49	Plymouth Musketeers Runnin	1:19:55	
257	320	Bryan King	Male 70-74	Plymouth Musketeers Runnin	1:19:54	
258	204	Vicki Dunn	Female 40-44	Plymouth Musketeers Runnin	1:19:55	
259	96	Theresa Williams	Female 65-69	St Austell Running Club	1:20:06	
260	301	Deborah Hocking	Female 55-59	Carn Runners	1:20:55	
261	51	Greta Viertel	Female Under 35	St Austell Athletes Running Cl	1:21:08	
262	132	Elaine Knight	Female 55-59	Callington running group	1:21:32	
263	41	Jacqueline Jenkin	Female 75-79	Cornwall AC	1:22:01	1:20:33
264	20	Judy Jameson	Female 60-64	Carn Runners	1:22:01	1:18:21
265	86	Lavinia Marshall	Female 70-74	Launceston Road Runners	1:22:08	1:17:16
266	142	Lorraine Hawkins	Female 55-59	Launceston Road Runners	1:22:23	
267	323	Chloe Sherwin	Female Under 35	Pocklington Runners	1:22:47	
268	229	Jackie Stone	Female 60-64	Hayle Runners	1:23:11	1:23:43
269	120	Julie Bolitho	Female 55-59	Hayle Runners	1:23:25	1:18:58
270	117	Gemma Wotherspo	Female 35-39	Bodmin Women's Running Clu	1:24:08	
271	149	Philip Scothern	Male 55-59		1:24:09	
272	174	Heather Taylor	Female 45-49	Storm Plymouth	1:24:29	
273	121	Robert Bolitho	Male 60-64	Hayle Runners	1:24:55	
274	48	Janet Wills	Female 70-74	St Austell Running Club	1:25:03	1:33:02
275	138	Dennis Burrell	Male 75-79	Carn Runners	1:25:19	1:24:24
276	227	Emma Johns	Female 45-49	Hayle Runners	1:25:10	
277	288	Jacqui Martin	Female 50-54	St Austell Running Club	1:26:34	1:28:31
278	236	Ruth Simmons	Female 50-54	St Austell Running Club	1:26:35	
279	135	Magenta Brooks	Female Under 35		1:27:29	
280	133	Paula Brooks	Female 50-54	Tamar Trotters	1:27:29	
281	257	Caroline Vinnicomb	Female 45-49	Cornwall AC	1:29:33	
282	269	Jennifer Dyer	Female 40-44	Plymouth Harriers	1:33:11	
283	285	Steve 'Superman' N	Male 65-69	Storm Plymouth	1:37:07	