

MTRS Races 2024

2023/4 series

Boconnoc5	5 mi	Wednesday May 1st	ECH	MTRS 6
Bude Lifeboat Run	6 mi	Wednesday June 12th	BR	MTRS 7
Truro Trail 10K	7 mi	Wednesday June 19th	TRC	MTRS 8
Gribbin 10K	10K	Thursday June 27th	STARC	MTRS 9

2024/5 series

Tywadreath Trotter	7 mi	Saturday July 28th		MTRS 1
St Ives Bay 10K	10K	Tuesday August 13th	Hayle	MTRS 2
Bude Pirate Run	8 mi	Sunday September 8th	BR	MTRS 3
Rosemullion 10K	10K	Sunday October 27th	FRC	MTRS 4
St Piran's Revenge 10K	10K	Sunday December 15th	PTR	MTRS 5