

Gibbon 10k - 2023

Place	Bib	Name	AG	Club	GunTime
1	45	David Tregonning	Male Under 35	St Austell Running club	0:41:56
2	11	Richard Ezra-Ham	Male Under 35	Tamar Trotters	0:42:25
3	12	Rebecca Ezra-Ham	Female Under 35	Tamar Trotters	0:42:48
4	7	Neil Carter	Male 40-44	Newquay Road Runners	0:44:08
5	31	Callum Pinch	Male Under 35	Truro Running Club	0:44:20
6	24	Alan Jeffrey	Male 45-49	Bodmin Road Runners	0:44:52
7	23	Brett Jackson	Male 35-39	St Austell Running club	0:45:36
8	40	Nigel Swift	Male 45-49	Perran Trail Runners	0:45:53
9	25	Paul Johnson	Male 35-39	St Austell Running club	0:46:13
10	50	Denzil Williams	Male 50-54	St Austell Running club	0:47:24
11	27	Hannah Mason	Female Under 35	St Austell Athletes Running Club	0:48:30
12	18	Thomas Halton	Male Under 35	St Austell Running club	0:49:27
13	26	Stacie Marks	Female Under 35	St Austell Athletes Running Club	0:49:31
14	16	Dan Gittins	Male Under 35	Perran Trail Runners	0:49:37
15	2	Colin Bathe	Male 50-54	Perran Trail Runners	0:49:56
16	35	Joanne Robinson	Female 45-49	Looe Pioneers	0:50:15
17	32	Laura Pool	Female 40-44	Truro Running Club	0:51:11
18	17	Mark Grassam	Male 50-54	Looe Pioneers	0:51:28
19	9	Phillip Ciano	Male 55-59	Perran Trail Runners	0:53:33
20	8	Gareth Casey	Male 45-49	St Austell Athletes Running Club	0:53:53
21	42	Mark Thomas	Male 45-49	Truro Running Club	0:54:17
22	1	Marty Barnfield	Male 45-49	Bodmin Road Runners	0:54:27
23	5	Andrew Bunt	Male 55-59	Newquay Road Runners	0:54:43
24	34	Andy Roberts	Male 55-59	St Austell Athletes Running Club	0:54:55
25	36	Megan Rowe	Female Under 35	St Austell Running club	0:55:04
26	44	Dave Thomasson	Male 50-54	Bodmin Road Runners	0:56:14
27	10	Matthew Clifford	Male 50-54	Perran Trail Runners	0:56:29
28	49	Nikki Williams	Female 45-49	Looe Pioneers	0:56:36
29	30	Frazer Mountford	Male 40-44	Perran Trail Runners	0:57:47
30	13	matthew faull	Male Under 35	St Austell Running club	0:59:33
31	21	Stephen Hill	Male 35-39	St Austell Running club	0:59:42
32	4	Karina Bowers	Female 40-44	St Austell Running club	1:01:08
33	56	Emma Figures	Female 40-44		1:02:58
34	47	Martin Trethewey	Male 55-59	St Austell Running club	1:03:14
35	39	Caroline Studd	Female 60-64	Tri-Logic Cornwall	1:04:06
36	28	David Mellor	Male 50-54	St Austell Running club	1:05:02
37	41	Mark Tamblyn	Male 65-69	Falmouth Road Runners	1:05:40
38	38	Jane Stephens	Female 55-59	Bodmin Road Runners	1:06:26
39	22	Sarah Hill	Female 50-54	Perran Trail Runners	1:06:26
40	6	Vanessa Burrows	Female Under 35	St Austell Running club	1:06:58
41	52	Helen Dodwell	Female 45-49	Truro Running Club	1:08:10
42	29	Kay Middleditch	Female 40-44	Truro Running Club	1:08:26
43	43	Hannah Thomas	Female 45-49	Truro Running Club	1:09:43
44	3	John Beard	Male 45-49	Perran Trail Runners	1:11:25
45	15	Claire Forth	Female 40-44	Truro Running Club	1:11:41
46	46	Charlie Trethewey	Female 45-49	St Austell Running club	1:15:51
47	19	Sandra Haynes	Female 55-59	Looe Pioneers	1:17:01

48	33 Ian Ringer	Male 75-79	Bodmin Road Runners	1:17:51
49	48 Greta Viertel	Female Under 35	St Austell Athletes Running Club	1:20:55
50	14 Sally Fletcher	Female 55-59	St Austell Running club	1:24:41
51	58 Donna Platten	Female 50-54	St Austell Running club	1:24:42
52	37 Rebecca Shore	Female 50-54	St Austell Running club	1:24:52
53	57 Iain Walker	Male 65-69	St Austell Running club	1:24:53

ChipTime

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